

Adventure Education
(Department of Health and Human Performance)

Major Requirements

<u>Major Courses</u>	<u>Credits</u>	<u>Semester Completed</u>
<i>Two of the following:</i>	2	
[ADED 114] Canoeing (1)		
[ADED 181] Caving (1)		
[ADED 182] Rock Climbing (1)		
[ADED 137] Challenge Course Experience	1	
[ADED 139] Wilderness Encounter	3	
[ADED 180] Wilderness First Responder	3	
[ADED 188] Challenge Course Facilitation	1	
[ADED 250] Foundations of Adventure Education	3	
[ADED 251] Wilderness Education Association Cert. Course	3	
[ADED 301] Leadership, Facilitation, and Group Dynamics	3	
[ADED 351] Programming and Trip Design	3	
[ADED 352] Trip Implementation and Evaluation	3	
[ADED 401] Advanced Technical Skills	3	
[ADED 411] Senior Seminar for Adventure Education		
Majors	3	
[ADED 485] Internship	4-8	
[BIOL 117] Field Biology	3	
[BIOL 258] Human Biology	4	
[HPED 170] Concepts of Conditioning	2	
<i>One of the following:</i>	3	
[HPED 223] Personal Health Strategies (3)		
[HPED 224] Community Health Strategies (3)		
[HPED 322] Exercise Physiology	3	
[HPED 332] Teaching Adapted Physical Education	3	
[HPED 423] Principles of Administration	3	
[EDUC 203]/[PSYC 203] Educational Psychology	3	
[PHED 127] Aquatics	1	
[PSYC 209]/[HDFS 209] Life Span Development	3	

General Education requirements on reverse side

Adventure Education
(Department of Health and Human Performance)

General Education Requirements

<u>Courses</u>	<u>Credits</u>	<u>Semester Completed</u>
First Year Seminar	3	
Oral Communications	3	
Created and Called for Community	3	
Mathematical Sciences	3 or 4	
Laboratory Science ([BIOL 258])	3 or 4	<u>met by major</u>
Science, Technology & the World ([HPED 322])	3	<u>waived</u>
Two of the following:	6	
Social Science (3 credits – [EDUC 203])		<u>met by major</u>
European History (3 credits)		
United States History (3 credits)		
Literature	3	
Philosophy and Religion	3	
Arts	3	
Language/Cross Cultural		
First Semester of Language	3	
Second Semester of Language	3	
Third Semester of Language or Cross Cultural	3	
Non-Western Studies	2 or 3	
Bible	3	
Christian Beliefs	3	
Health and Physical Fitness		
Introduction to Wellness ([HPED 170])	2	<u>met by major</u>
Activity Course ([ADED 114])	1	<u>met by major</u>
One of the following:	3	
Ethics (3 credits)		
World Views (3 credits)		
Pluralism in Contemporary Society (3 credits)		
Writing Enriched Course		

SUMMARY OF DEGREE REQUIREMENTS:

General Education	44-46
Major Requirements	62-68
Free Electives	9-17
Total	123

Major requirements on reverse side