

**Adventure Education**  
(Department of Health and Human Performance)

Major Requirements

<u>Major Courses</u>	<u>Credits</u>	<u>Semester Completed</u>
<i>Two of the following:</i>	2	
<a href="#">[ADED 114]</a> Canoeing (1)		
<a href="#">[ADED 181]</a> Caving (1)		
<a href="#">[ADED 182]</a> Rock Climbing (1)		
<a href="#">[ADED 137]</a> Challenge Course Experience	1	
<a href="#">[ADED 139]</a> Wilderness Encounter	3	
<a href="#">[ADED 180]</a> Wilderness First Responder	3	
<a href="#">[ADED 188]</a> Challenge Course Facilitation	1	
<a href="#">[ADED 250]</a> Foundations of Adventure Education	3	
<a href="#">[ADED 251]</a> Wilderness Education Association Cert. Course	3	
<a href="#">[ADED 301]</a> Leadership, Facilitation, and Group Dynamics	3	
<a href="#">[ADED 351]</a> Programming and Trip Design	3	
<a href="#">[ADED 352]</a> Trip Implementation and Evaluation	3	
<a href="#">[ADED 401]</a> Advanced Technical Skills	3	
<a href="#">[ADED 411]</a> Senior Seminar for Adventure Education		
<b>Majors</b>	3	
<a href="#">[ADED 485]</a> Internship	4-8	
<a href="#">[BIOL 117]</a> Field Biology	3	
<a href="#">[BIOL 258]</a> Human Biology	4	
<a href="#">[HPED 170]</a> Concepts of Conditioning	1	
<i>One of the following:</i>	1-2	
<a href="#">[HPED 189]</a> Emergency Water Safety (1)		
<a href="#">[HPED 192]</a> Water Safety Instructor (2)		
<a href="#">[HPED 193]</a> Lifeguarding/First Aid/CPR (2)		
<i>One of the following:</i>	3	
<a href="#">[HPED 223]</a> Personal Health Strategies (3)		
<a href="#">[HPED 224]</a> Community Health Strategies (3)		
<a href="#">[HPED 232]</a> Teaching Adaptive Physical Education	3	
<a href="#">[HPED 322]</a> Exercise Physiology	3	
<a href="#">[HPED 423]</a> Principles of Administration	3	
<a href="#">[EDUC 203]/[PSYC 203]</a> Educational Psychology	3	
<a href="#">[PSYC 209]/[HDFS 209]</a> Life Span Development	3	

General Education requirements on reverse side

August 2009

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General Education Requirements

<u>Courses</u>	<u>Credits</u>	<u>Semester Completed</u>
First Year Seminar	3	
Oral Communications	3	
Created and Called for Community	3	
Mathematical Sciences	3 or 4	
Laboratory Science ( <a href="#">[BIOL 258]</a> )	3 or 4	<u>met by major</u>
Science, Technology & the World ( <a href="#">[HPED 322]</a> )	3	<u>met by major</u>
<b>Two</b> of the following:	6	
Social Science (3 credits – <a href="#">[EDUC 203]</a> )		<u>met by major</u>
European History (3 credits)		
United States History (3 credits)		
Literature	3	
Philosophy and Religion	3	
Arts	3	
Language/Cross Cultural		
First Semester of Language	3	
Second Semester of Language	3	
Third Semester of Language or Cross Cultural	3	
Non-Western Studies	2 or 3	
Bible	3	
Christian Beliefs	3	
Health and Physical Fitness		
Introduction to Wellness ( <a href="#">[HPED 170]</a> )	1	<u>met by major</u>
First Activity Course ( <a href="#">[HPED 189]</a> or <a href="#">[HPED 192]</a> or <a href="#">[HPED 193]</a> )	1	<u>met by major</u>
Second Activity Course ( <a href="#">[ADED 114]</a> or <a href="#">[ADED 181]</a> or <a href="#">[ADED 182]</a> )	1	<u>met by major</u>
<b>One</b> of the following:	3	
Ethics (3 credits)		
World Views (3 credits)		
Pluralism in Contemporary Society (3 credits)		
Writing Enriched Course		

SUMMARY OF DEGREE REQUIREMENTS:

General Education	44-46
Major Requirements	62-67
Free Electives	10-17

**Total** **123**

Major requirements on reverse side

August 2009