

Adventure Education
(Department of Health and Human Performance)

Major Requirements

<u>Major Courses</u>	<u>Credits</u>	<u>Semester Completed</u>
[ADED 137] Challenge Course Experience	1	_____
[ADED 139] Wilderness Encounter	3	_____
[ADED 180] Wilderness First Responder	3	_____
[ADED 188] Challenge Course Facilitation	1	_____
[ADED 250] Foundations of Adventure Education	3	_____
[ADED 251] Wilderness Education Association Cert. Course	3	_____
[ADED 301] Leadership, Facilitation, and Group Dynamics	3	_____
[ADED 351] Programming and Trip Design	3	_____
[ADED 352] Trip Implementation and Evaluation	3	_____
[ADED 401] Advanced Technical Skills	3	_____
[ADED 411] Senior Seminar for Adventure Education Majors	3	_____
[ADED 485] Internship	4-8	_____
[HPED 170] Concepts of Conditioning	1	_____
<i>One of the following:</i>	1-2	_____
[HPED 189] Emergency Water Safety (1)		_____
[HPED 192] Water Safety Instructor (2)		_____
[HPED 193] Lifeguarding/First Aid/CPR (2)		_____
<i>Two of the following:</i>	2	_____
[ADED 114] Canoeing (1)		_____
[ADED 181] Caving (1)		_____
[ADED 182] Rock Climbing (1)		_____
<i>One of the following:</i>	3	_____
[HPED 223] Personal Health Strategies (3)		_____
[HPED 224] Community Health Strategies (3)		_____
[HPED 322] Exercise Physiology	3	_____
[HPED 423] Principles of Administration	3	_____
[HPED 232] Teaching Adaptive Physical Education	3	_____
[BIOL 258] Human Biology	4	_____
[BIOL 117] Field Biology	3	_____
[EDUC 203] Educational Psychology	3	_____
[PSYC 209] Life Span Development	3	_____

General Education requirements on reverse side

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General Education Requirements

<u>Courses</u>	<u>Credits</u>	<u>Semester Completed</u>
First Year Seminar	3	_____
Oral Communications	3	_____
Created and Called for Community	3	_____
Mathematical Sciences	3 or 4	_____
Laboratory Science ([BIOL 258])	3 or 4	<u>met by major</u>
Science, Technology & the World ([HPED 322])	3	<u>met by major</u>
Two of the following:	6	
Social Science (3 credits – [EDUC 203])		<u>met by major</u>
European History (3 credits)		_____
United States History (3 credits)		_____
Literature	3	_____
Philosophy and Religion	3	_____
Arts	3	_____
Language/Cross Cultural		
First Semester of Language	3	_____
Second Semester of Language	3	_____
Third Semester of Language or Cross Cultural	3	_____
Non-Western Studies	2 or 3	_____
Bible	3	_____
Christian Beliefs	3	_____
Health and Physical Fitness		
Introduction to Wellness ([HPED 170])	1	<u>met by major</u>
First Activity Course ([HPED 189] or [HPED192] or [HPED 193])	1	<u>met by major</u>
Second Activity Course ([ADED 114] or [ADED 181] or [ADED 182])	1	<u>met by major</u>
One of the following:	3	
Ethics (3 credits)		_____
World Views (3 credits)		_____
Pluralism in Contemporary Society (3 credits)		_____
Writing Enriched Course		_____

SUMMARY OF DEGREE REQUIREMENTS:

General Education	44-46
Major Requirements	62-67
Free Electives	10-17
Total	123

Major requirements on reverse side

Revised February 2008