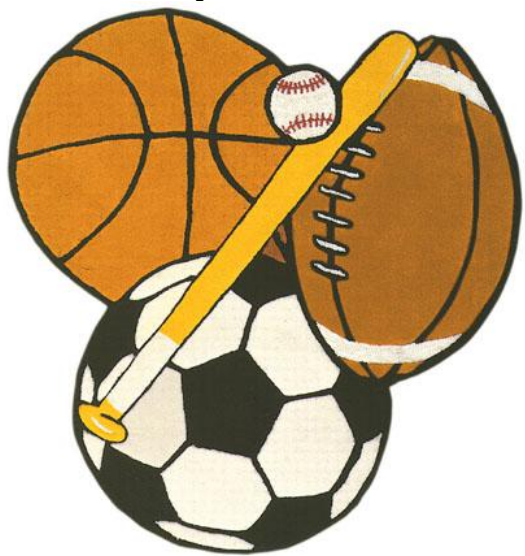


Miss Jan's Lab School News

Early Learning Center
Grantham, PA
Nov. 16- Nov. 19, 2009
& Nov. 30- Dec. 3, 2009

Sports *Be Active, Stay Healthy!*

Throughout this unit we will be discussing different sports and sports related character building topics. Children will be introduced to many different sports, sports equipment, and balls/pucks. We will be taking a closer look at baseball, soccer, and football. The children will have the opportunity to complete several sports related art projects. Children will be able to participate in different sports at free choice time, large group time, and during our field day.



Weekly Highlights

Monday (11/16)

Today is the introduction to the sports unit.

Tuesday (11/17)

Today we will be learning about teamwork.

Wednesday (11/18)

Today we will be learning about baseball.

Thursday (11/19)

Today we will be learning about being healthy.

Monday (11/30)

Today we will be learning about football.

Tuesday (12/1)

Today we will be learning about good sportsmanship.

Wednesday (12/2)

Today we will be learning about soccer.

Thursday (12/3)

Today will be review day and Field Day!



Sports Learning Opportunities

Dramatic Play: Sports Store and Snack Bar, Ball Field and Ticket Booth

Sensory Table: Coffee and rice with various sports balls

Writing Center: Labeled sports pictures to color, chalk boards, white boards, and baseball shaped noted paper

Math: Baseball # match, Baseball size sort, Hat alphabet memory game, sports pattern cards, and colored ping pong ball sort

Blocks: Large red blocks, orange cones, balance beam, and tunnel

Art: Visor/hat, Easel painting, Tissue paper on large round paper ball, personalized trading cards, 3D football, Finger painting, Decorating a football helmet with paint dotters, Picture frame

Science & Discovery: Cutting the covers off of various balls, adding a new ball each day during week one

Mix & Mold: Play dough with various balls (Ping pong balls, golf balls, and tennis balls), mix chex mix snack, Floam, and Bio Putty

Snacks

11/16- Cheese Balls and milk
Am: Sarah's Birthday Snack

11/17- Popcorn and Juice

11/18- Chex Mix and Milk

11/19- Carrots, Celery, Dip, and Milk

11/30- Pretzel Sticks, Cheese Cubes, and Juice

12/1- Vanilla Wafers and Milk

12/2- Sun Flower Seeds, Crackers, Spread, and Juice

12/3- Sports Cookies and Milk

Special Days

Wed. 12/2-Team Shirt/Hat Day

Have your child wear any sports team or sports shirt/hat.

They will be given the opportunity during focus lesson to stand up and talk about their shirt/hat.

There will be shirts and hats available for children that do not have one to bring.

Thurs. 12/3- Field Day

Today is the last day of our sports unit and we will be celebrating by spending an hour participating in seven different sports activities.

The activities will be outside if the weather is nice and indoors if it is not.

New Songs To Sing

Take Me Out To The Ballgame

Take me out to the ballgame
Take me out with the crowd
Buy me some Peanuts and Crackerjack
I don't care if I never get back
Oh it's root, root, root for the home team
If they don't win it's a shame
For it's 1, 2, 3 strikes you're out
At the old ball game

Now Jump

Verse 1

Put your hands together, make a happy
sound...
Open arms wide.
Then clap, clap, clap, clap, clap, clap,
clap
Now jump...

Twisty jump, arms stretched wide,
Jump as you twist side to side

Now Jump

Verse 2

Wave your arms way up high...
Lift your arms high over head and swing
side to side
Now Jump
Twisty jump, arms stretched wide
Jump as you twist side to side

Mary's Here Today Tune: "The Farmer In the Dell"

Mary's here today, Mary's here today.
Let's all clap our hands and say
Hip, hip hurray!

(Continue singing about children as they join the
group in the morning)

Exercise Everyday Tune: "The Farmer In the Dell"

Take care of your heart
Exercise Today
Jump and jump and jump
When you're out at play

Now Jump

Verse 3

Can you swim in rhythm...
With your arms, do a forward swimming motion,
In rhythm with the music
Can you do it backward...
With your arms do a backward swimming motion,
In rhythm with the music
Don't Stop
Don't Stop

Now Stop

Stop, with your hands held out, palms out,
Like a policeman stopping traffic

Repeat verse 1

***There will Be No Small Groups
during this Unit***

Conference Info

It's that time again! Please sign up for
conferences at
www.myconferencetime.com/elc

Contact Info

If you have any questions or comments
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