



**Although EpiCenter programs (both semester-long and May-term/J-term) are open to all students, there are some programs that may be of particular interest to students in the Department of Nutrition and Dietetics. Below is a description of these opportunities. For more details, stop by the EpiCenter.**

### ***Creation Care Study Program***

The mountainous islands of New Zealand provide an ideal setting for students to explore environmental stewardship. New Zealand shelters 12 % of the world's endangered species; the country actively engages in conservation efforts and promotes ecological awareness.

- ✓ Sophomore, junior, or senior status
- ✓ 2.75 GPA

*Courses:*

- *Lab science*
- *Science, technology and the world*
- *Christian beliefs*
- *Cross-cultural / third language waived*
- *Literature*

### ***GoED Africa***

Based in Kampala, Uganda, and Kigali, Rwanda, the GoED Program in Africa engages students with the reality of global poverty. GoED seeks fosters spiritual formation alongside academic courses and cross-cultural experience; students participate in service projects with local NGOs.

- ✓ Sophomore, junior, or senior status
- ✓ 3.0 GPA

*Students participate in service projects / internships; it is possible to work on a project related to nutrition.*

*Courses:*

- *Literature*
- *Pluralism*
- *Religion*
- *Cross-cultural / third language waived*

### ***Internships***

Students who participate in the Messiah College Internship Program have opportunities to test their educational theories as they preview possible career options.

- ✓ Junior or senior status
- ✓ 2.5 GPA

*Internship opportunities in the greater Harrisburg area include:*

- *Penn State Milton S. Hershey Medical Center – Work with Clinical Dietician Specialist*
- *Salvation Army, Harrisburg - Nutrition Educator*
- *Elmwood Elementary School - Nutrition Assistant to Food Service Director*
- *The Hershey Company – Nutrition Science Research*

***See Philadelphia Campus for even more opportunities in the Philadelphia area.***

### ***Philadelphia Campus***

Studying at Philadelphia allows students to have the benefits of a large university and the closeness of a small community as they experience an urban culture. Students take classes from both Messiah and Temple faculty and live in one of the seven Messiah-owned buildings on Broad Street.

- ✓Sophomore, junior, or senior status
- ✓2.25 GPA

Internship opportunities in Philadelphia include:

- *American Frozen Foods, Inc.-*
- *Family Food, LLC. – Nutrition Intern in Family Education Environment (Must have completed NUTR 322 to be eligible to apply)*
- *Penn State Cooperative Extension - Nutrition Educator*

### ***Spring Semester in Thailand***

Students study Thai language and culture by immersing themselves in a unique Asian experience. Home stays, internship / service projects, travel, and classroom instruction at Chiang Mai University are designed to give students a comprehensive view of life in Thailand. Students take a ten-day field trip to Lanpang, Sukhothai, Phitsanulok, Ayutthaya, Pattaya, and Bangkok.

- ✓Sophomore, junior, or senior status
- ✓2.5 GPA

*Two nutrition students interned at McCormick Hospital in Chiang Mai, working with the hospital dietician and preparing meals. Courses include:*

- *6 credits of Thai (completes general education language requirement: cross cultural waived)*
- *Art*
- *Non-western studies*

### ***University of Gloucestershire***

Located in southwestern England (near the border of Wales). University of Gloucestershire is home to the BCA program in the UK. Messiah students experience British life in the quaint English town of Cheltenham. Students also travel to historical and cultural locations around the country.

- ✓Sophomore, junior, or senior status
- ✓2.7 GPA

*Offers a number of general education courses as well as courses in “Health: Community and Social Care.”*

Courses:

- Art
- European History
- Literature
- Non-western Studies
- Cross-cultural/third language waived
- Religion
- U.S. History
- Wellness

**Due to required professional course work in the junior and senior years, Nutrition and Dietetics and Nutrition Science majors who wish to spend a semester abroad should plan to do so during their sophomore year. Check with your advisor to determine which semester will best fit your academic schedule.**

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To discover more opportunities, visit the EpiCenter Online: [www.messiah.edu/studyabroad](http://www.messiah.edu/studyabroad)

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