



**Master of Arts in Counseling
LMFT Competency Sheet**
(Updated 06/30/11)

Educational Requirements	Required Hours	Requirement	How Requirement is/will be met*
Human Development	9 semester / 12 quarter	Provide knowledge of individual personality development and its normal and abnormal manifestations, covering human development across the lifespan, including special issues that affect and individual's development (culture, gender, human sexuality)	COUN 510 Lifespan Development COUN 511 Multicultural Issues for Counseling Professionals COUN 523 Psychopathology and Diagnosis Across the Lifespan COUN 539 Human Sexuality
Marriage and Family Studies	9 semester / 12 quarter	Fundamental introduction to family systems theory	COUN 509 Foundations of Marriage, Couple and Family Counseling COUN 530 Contemporary & Integrative Theories of Family Counseling COUN 531 Premarital and Marital Counseling
Marriage and family therapy	9 semester / 12 quarter	Major focus on family systems theory and systemic therapeutic interventions, providing a substantive understanding of the major theories of systems change and the applied practices evolving from each theoretical orientation	COUN 534 Assessment in Marriage, Couple, and Family Counseling COUN 543 Substance Abuse/Addiction and Families COUN 573 Marriage, Couple, and Family Counseling Skills and Practice
Professional Studies	3 semester / 4 quarter	Contributes to the professional development of the therapist, including studies of the therapist's legal responsibilities and liabilities, professional ethics as a marriage and family therapist, professional socialization, and the role of the professional organization, licensure or certification legislation, independent practice and interprofessional cooperation	COUN 501 Professional Issues and Ethics for Counselors
Research	3 semester / 4 quarter	Assist students in understanding and performing research	COUN 545 Research Design and Statistics
Practicum	300 hours / 1 Year		COUN 587 (Practicum) (100 hrs) COUN 588 (Internship I) (300 hrs) COUN 589 (Internship II)(300 hrs)

*All courses are three semester credits each