

Messiah College Field Hockey Camp helps to prepare young athletes for defining moments.  
Please join us this year!



**June 15–19, 2008, and July 20–24, 2008**

**PHILOSOPHY**

The Falcon Field Hockey Camp can accommodate all levels of ability, including those who have never played. Players will be divided into skill groups and given instruction at their level.

**Morning Session**

This session has special emphasis on individual fundamental skills and techniques. With a low camper to instructor ratio, participants receive a lot of individual attention.

**Afternoon Session**

This session will be dedicated to small games. Incorporated in this session will be decision-making in games, recognizing space, creating and understanding overload principles, and working on corners. We will also play 7v7 and work on overtime situations. Teams will be kept together during the afternoon and evening sessions.

**Evening Session**

There will be four evening and one afternoon session devoted completely to 11v11 games in which we emphasize team strategy and tactics.

**Our goal is to build individual and team success.**

**CAMP FEATURES**

- Lighted artificial turf surface
- Two USFHA certified directors
- Revised curriculum
- 4-6 grass fields
- Low camper to coach ratio — lots of individual instruction
- Air-conditioned, supervised dorm rooms
- Awards ceremony
- Athletic training on site — all sessions
- Indoor pool

**INDIVIDUAL GOALKEEPER INSTRUCTION**

**DETAILS**

- An informational e-mail will be sent two weeks prior to camp
- Canceled check is your proof of acceptance into the camp

**GENERAL INFORMATION**

**Dates:** Week 1 — June 15–19  
Week 2 — July 20–24

**Grades:** Senior Camp (resident and/or day campers) entering grades 6–12

**Cost:** Boarding Campers — \$425.00  
Day Campers — \$315.00  
Day Camper Times — 8:30 a.m. to dark (lunch and dinner provided)  
\$25.00 discount per player for multiple family members

**PARENTS' AFTERNOON**

2:00–4:00 p.m.  
Week 1—June 19  
Week 2—July 24

- Team Play (all campers participate)
- Awards Ceremony

**REGISTRATION**

- Week 1—Sunday, June 15, 5–6 p.m.
- Week 2—Sunday, July 20, 5–6 p.m.  
**(no meals will be served on Sunday)**
- Special team rates — groups of 10 or more — \$15 per player
- Special rates for more than one in family
- For more information, call the Messiah Camp Line at (717) 796-5370.
- Make checks payable to **Falcon Field Hockey Camp** and mail, with completed application, to:

**Jan Trapp  
Messiah College  
Box 4501  
One College Avenue  
Grantham, PA 17027**

- A non-refundable deposit of \$100 is due with each application. If illness or injury prevent attendance, the deposit may be applied to next year's camp.

**Balance is due at registration.**

*This brochure may be replicated.*

**CAMP DIRECTOR**



**Jan Trapp**

35 successful years as collegiate head coach:  
• 2001, 2002, 2005, 2006 National Finalist  
• NCAA Play-offs 21 of last 23 years

- NCAA Final Four: 1984, 1990, 1992, 1994, 1995, 1997, 2001, 2002, 2004, 2005, 2006
- 7-time Middle Atlantic Conference Coach of the Year
- 14 Middle Atlantic Conference championships
- More than 450 career victories
- One of the best coaching records in the nation
- Inducted into the West Shore Chapter of the Pennsylvania Sports Hall of Fame
- 2004, 2005 Regional Coach of the Year
- Inducted into the National Field Hockey Coaches Hall of Fame

**ASSISTANT DIRECTOR**



**Kathy Sassaman**

- 16 years assistant coach, Messiah College
- 7 years as coach at Mechanicsburg High School
- Teacher, Mechanicsburg School District

**INSTRUCTORS**

Messiah College boasts many All-American and Middle Atlantic Conference All Stars on its teaching staff. Each of our counselors and coaches has demonstrated their knowledge and proficiency of the game during their playing years at Messiah. Many of these players have moved on to become successful coaches. Our staff is also composed of local high school and college coaches.



**DIRECTIONS TO MESSIAH**

**Southbound on U.S. 15:** Travel approximately 3.75 miles beyond the PA Turnpike interchange to the Lisburn Road exit. Turn left at the light at the bottom of the ramp. Continue through one light and one stop sign. At the bottom of the hill, turn right onto Grantham Road. Follow Grantham Road straight ahead to the stop sign at the main entrance to the College.

**Northbound on U.S. 15:** Travel approximately 3.75 miles beyond the PA 74 North intersection near Dillsburg to the Lisburn Road exit. Turn right at the light at the bottom of the ramp. Continue through one stop sign. At the bottom of the hill, turn right onto Grantham Road. Follow Grantham Road straight ahead to the stop sign at the main entrance to the College.



Messiah College, a private Christian college of the liberal and applied arts and sciences, enrolls nearly 2,900 undergraduate students in more than 55 majors. Established in 1909, the primary campus is located in Grantham, Pa., near the state capital of Harrisburg. A satellite campus affiliated with Temple University is located in Philadelphia.

07-1564

**Application — 2008 Messiah College Falcon Field Hockey Camp**

(Please print clearly)

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Emergency # \_\_\_\_\_  
E-mail Address \_\_\_\_\_  
Age \_\_\_\_\_ Entering Grade \_\_\_\_\_ Position \_\_\_\_\_  
High School \_\_\_\_\_  
Coach \_\_\_\_\_  
Height \_\_\_\_\_  
Weight \_\_\_\_\_  
Check one:  Resident Camper  Day Camper

Shirt Size (Adult): S M L XL (circle one)

Roommate preference \_\_\_\_\_  
(Only two campers per room. Both campers must give the other's name or random assignments will be made.)

Insurance carrier of camper (include insurance ID number) \_\_\_\_\_

Significant medical history \_\_\_\_\_

The child named above has my permission to participate in the designated Messiah College Summer Athletic Camp. I understand that camp participation may involve significant physical activity which could result in injury. I certify that the child is in good physical condition and is fully able to participate. I assume all risk incident to the child's participation and release Messiah College, its

employees, agents and officers, from all liability, claims, expenses and actions which may arise from injury or harm to the child as a result of camp participation.

In the event of a medical emergency, I authorize Messiah College to designate a physician or hospital or emergency personnel to provide medical care (including hospitalization, if necessary) to my child. I understand that responsibility for payment for such medical care will be mine and certify that the child is covered by adequate medical insurance.

Parent/Guardian Signature \_\_\_\_\_

- Week 1 — June 15–19
- Week 2 — July 20–24



The Messiah College Girls' Field Hockey Camp helps to prepare young athletes for defining moments.

Please join us this year!



FIELD HOCKEY

Messiah College  
P.O. Box 4501  
One College Avenue  
Grantham, PA 17027

Non-Profit Organization  
U.S. Postage  
**PAID**  
Grantham, PA 17027  
Permit No. 3

# MESSIAH COLLEGE FALCON FIELD HOCKEY CAMP



2007 Commonwealth Conference Champions  
June 15–19, 2008 • July 20–24, 2008