



Messiah College wrestling summer training helps prepare young athletes for defining moments.
Please join us this year!



May 18–23, 2008 Evening Youth Camp: Ages 6–9

July 13–17, 2008 Resident Camp: Ages 10–18



PHILOSOPHY

Messiah Wrestling summer training is designed to meet every wrestler where he is in order to bring each individual to the next level. Combining a focus on teaching fundamental and advanced technique, delivering intensive training, and providing plenty of competition, wrestlers will leave the week with an increased ability to win!

FACILITIES

Our exceptional facilities provide the opportunity for outstanding wrestling training. Wall-to-wall mats in Hitchcock arena, an air-conditioned field house size facility, make this the best wrestling training center around.

Additional features:

- All-you-can-eat dining hall
- Indoor pool
- Air-conditioned residence halls
- Snack bar
- Jumbo screen wrestling videos

TRAINING HOURS

8:15-11:15 a.m.
1:30-4:15 p.m.
6:30-9:00 p.m.

Sessions will provide a mixture of technical instruction, live drilling and wrestling, intensive training, and team and individual competition.

*Youth Camp provides an evening session only from 6–8:30

DIRECTOR

Since becoming the Messiah College head coach in 2003, **Bryan Brunk** has been recognized numerous times for the team's success. Messiah Wrestling has been represented in the NCAA D.III National tournament in three of his first four years. In addition, wrestlers have achieved Scholar All-American status 13 times in that time period. Brunk has received national and regional recognition on numerous occasions, being named 2004 NCAA D.III Rookie Coach of the Year, 2005 Bob Bubb Coaching Excellence Award, 2005 MAC Coach of the Year, and 2005 MAWA Hall of Fame inductee.

AGES

Overnight Camp: 10 through 18 years; all campers will participate in instruction and competition by age, weight, and experience.

Youth Camp: 6 through 9 years; all campers will learn the fundamentals of wrestling and participate in instruction, drills, games, and practice competition.
*space limited to the first 40 applicants.

COSTS

Resident: \$360.00
Commuters: \$295.00
Youth Camp: \$110.00 (\$40 deposit)

- Groups of 10 or more and family members receive a \$20.00 discount per individual *No more than one discount per wrestler
- Visiting coaches with a group of 10 or more: free registration for one coach per group.

REGISTRATION AND CHECK OUT

All students must register Sunday, July 13 from 2 to 4 p.m. Sunday will include an orientation at 4:15, dinner, and evening session.

Training concludes at 11 a.m. on Thursday, July 17.

CONFIRMATION LETTER

We will mail out confirmation letters to all campers by early June. This will include roommate, deposit paid, amount due, directions to campus, information about what to bring to camp, and a medical emergency form.



**Please
join us
this year!**

2008 Messiah College Wrestling Summer Training Registration

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

NAME OF PARENT/GUARDIAN _____

HOME PHONE _____

WORK PHONE _____

E-MAIL _____

AGE _____ SCHOOL _____

GRADE ENTERING _____ YEARS WRESTLED _____ WEIGHT _____

GROUP ATTENDING WITH _____

Camp Release Statement
I acknowledge that participation in wrestling camp has an inherent risk. The child named above has my permission to participate in the designated Messiah College summer athletic camp. I understand that camp participation will involve significant physical activity which could result in injury. I certify that my child is in good physical condition and is fully able to participate. I assume all risk incident to my child's participation and release Messiah College, its employees, agents, offices, and volunteers from all liability, claim, expenses, and actions which may arise from injury or harm to the child as a result of camp participation.

In the event of a medical emergency, I authorize Messiah College to designate a hospital, physician, or emergency personnel to provide care (including hospitalization, if necessary) to the child and release Messiah College from any liability for injury or harm to the child which may result from this medical care. I understand that responsibility for payment of such medical care will be mine and certify that the child is covered by adequate medical insurance.

SIGNED (PARENT OR GUARDIAN) _____ DATE _____

Check all that apply:

- JULY 13–17**
- Resident—\$360
- Commuter—\$295
- Visiting Coach or Parent—\$230

- MAY 18–23**
- Evening Camp—\$110 (first 40 applicants)
- Group Discount (10 or more)
- Family Discount

Check One:

- T-shirt size
 YL S M L XL XXL

*Complete application, include \$75.00 non-refundable deposit and mail to address below. Balance is due at registration.

Checks should be made payable to:
Messiah Wrestling Summer Training
Messiah College
Box 4501
One College Avenue
Grantham, PA 17027

7-1525

FEATURED CLINICIANS AND COACHES



BRYAN BRUNK
Head Coach
Messiah College



MIKE HELM
West Carteret High School, NC
NCAA Division III National Champion
Three-time All-American for Messiah College



JESSE CASTRO
Head Coach
Liberty University, VA
2007 East Region Coach of the Year
2007 East Region Champs
4 Individual Division I National Qualifiers



TED REESE
Former Head Coach
University of Southern Maine
Bonny Eagle High School
Seven State Championship Teams
*Twenty-four Individual State Champions
Six-time State Coach of the Year
1996 USA National High School Wrestling Coach of the Year*



ANDY VOGEL
Head Coach
Gettysburg College
Three-time All-American for Messiah College



TERRY WATERS
Head Coach
Fort Defiance High School, VA
257-60 Dual Record
Six State Champs, 14 Runners-up
Two Undefeated Seasons: 2001-2002, 2003-2004
Five-time State Coach of the Year



NEIL TURNER
Guest Clinician
NWCA Coaching Development
Coordinator
Former Head Coach
Messiah College
Lock Haven University

OTHER STAFF

BEN STUM
Assistant Coach
Messiah College

STEVE WILLINGHAM
Warriors Wrestling Club, MD

KIRBY MARTIN
Lewistown High School, PA

TIM EASTER
Hamburg High School, PA

JEREMY LIPPERT
Cy Fair High School, TX

Various other head and assistant wrestling coaches from the elementary, junior high, and high school levels as well as wrestlers from Messiah College and other colleges will provide top-notch instruction throughout the week of training.



DON COOLEY
Head Coach
Mars High School, PA
Coached State Runner-up
Coached Dapper Dan OW
Coached two Big Ten starters

MESSIAH ATHLETICS



WRESTLING

Messiah College
P.O. Box 4501
One College Avenue
Grantham, PA 17027

**Third period.
Down by one.
Pressure's on ...**

**MESSIAH SUMMER WRESTLING TRAINING —
TIME WELL SPENT.**

