



Messiah College Girls' Soccer Camps



College Prep June 19–21 • Day Camp June 22–26 • Resident Camp Aug. 2–6 • Goalkeeper Camp Aug. 2–6



IMPORTANT CAMP INFORMATION

Register early, as space is limited and sessions filled in 2005, 2006, 2007, and 2008.

DATES

College Prep: June 19-21 (grades 11 and 12)
Day Camp: June 22–26 (ages 8–12)
Resident Camp: August 2–6 (grades 7–12)

COST

College Prep: \$200 (\$100 deposit)
Day Camp: \$225 (\$75 deposit)
Resident Camp/Goalkeeper Camp

- Overnight: \$410 (\$100 deposit)
- Commuters: \$300 (\$100 deposit)

TEAMS

Teams are welcomed to attend, but they will not be trained as a team. Players will be mixed throughout the entire camp. **There is no team discount.** If teams wish to stay together on dorm, a rooming sheet with desired roommates must be submitted with the team members' applications.

ROOMING REQUESTS

Please work out roommate preference *before mailing application*. Roommate requests will only be honored if they appear on **both** application forms. If left blank, campers will be placed with another camper of a similar age.

CANCELLATIONS

There will be a \$25 processing fee deducted for any cancellations up to two weeks prior to camp. Deposits will be kept on cancellations that occur within two weeks of the start of camp.

SECOND CHILD DISCOUNT

A family with more than one child attending either the Day Camp or Resident Camp will receive a \$25 discount per camper. This applies only to the Messiah College Girls' Soccer Camp and Goalkeeper Camp.

COLLEGE PREP WEEKEND

The College Prep Weekend is designed for high school juniors and seniors who have a very strong desire to continue to play at the college level. The focus of the camp is to expose players to college level training and teaching. We will also provide players an individual assessment of their play.

SCHEDULE

Registration	Friday, 12:00–1:30 p.m.
First Field Session	Friday, 2:30 p.m.
Closing Ceremony	Sunday, 11:30 a.m.

TUITION

\$200 Residents (*There is not a commuter option*)
Deposit: \$100
Goal Keeper Option: Special training just for keepers will be provided.

DAY CAMP

Our Day Camp has been designed to meet the needs of a variety of players—from the beginner who is experiencing soccer for the first time to the advanced player who is playing at the travel and select levels. The Day Camp places a strong emphasis on individual player development and small group tactics. The goal is to provide a positive learning atmosphere in a fun and challenging environment. Campers will receive technical and tactical instruction in the morning sessions and then have the opportunity to apply those skills and ideas in a game setting in the afternoon. Camp concludes on Friday morning and parents are invited to come and watch the final games and a short awards ceremony. Day Camp is open to girls age 8–12 (as of August 1), and offers:

- Lunch (Monday–Thursday)
- Swimming
- Camp t-shirt

SCHEDULE

Registration	Monday, 8:30 a.m.
Camp	Monday–Thursday 9:00 a.m.–3:30 p.m. Friday, 9:00 a.m.–11:30 a.m.
Closing ceremony	Friday, 11:00 a.m.

TUITION

\$225 per camper
\$75 deposit must accompany registration
Final payment due: June 8



RESIDENT CAMP

Our Resident Camp is focused on the individual development of the players within a team structure. Campers are placed on a team according to their grade. Instruction is focused on presenting players the individual technical skills we have found to be essential to the development of high-level players and incorporating those skills into a game environment. Small-sided games and "Ladder Tournament" competitions allow players to use the skills presented to them in a game-like setting. Team tactics and concepts are also developed and taught through the league competition held throughout the week.

The camp, open to girls entering grades 7–12, offers the following:

- Air-conditioned dorms for all residents
- Swimming opportunities throughout the week
- Camp t-shirt

SCHEDULE

Sunday	
12:30 p.m.	Registration
2:45 p.m.	Field Session
4:45 p.m.	Dinner
6:30 p.m.	Field Session
Monday–Wednesday	
7:00–8:00 a.m.	Breakfast
9:00–11:30 a.m.	Field Session
11:30 a.m.–2:00 p.m.	Lunch and Rest
2:15–4:00 p.m.	League Games/Ladder Competition
4:45–6:00 p.m.	Dinner
6:30–8:30 p.m.	League Games/Ladder Competition
9:00–11:00 p.m.	Video/ Talent Show (Wed.) Pizza on Dorm Lights Out
11:00 p.m.	
Thursday	
9:30 a.m.	League Games
11:00 a.m.	Closing Ceremony

TUITION

Resident: \$410
Commuters: \$300
(Commuters attend from 9:00 a.m.–8:30 p.m.)
\$100 deposit must accompany registration
Final payment due: July 20

GOALKEEPER CAMP

The Messiah College Girls' Goalkeeper Camp runs in conjunction with the Resident Camp during the week of August 2–6. The Goalkeeper Camp is designed for girls who desire to train exclusively as a goalie. Campers will be grouped by grade and experience level. Instruction will center on the basic technical skills of catching, diving, boxing, breakaways, handling crosses, distribution, and positioning. Goalies will be incorporated into the regular Resident Camp to receive game experience and instruction, as well. Goalkeeper Camp is open to girls in grades 7–12.

TUITION AND FEES

Overnight—\$410
Commuters—\$30

Make check payable to and mail to:
Messiah College Girl's Soccer Camp
Messiah College, P.O. Box 4501
One College Avenue
Grantham, PA 17027

Application—2009 Girls' Soccer Camps

CAMPER'S NAME _____

STREET ADDRESS _____

CITY _____ STATE _____ ZIP _____

AGE (AUG. 1) _____ ENTERING GRADE (2009) _____

HOME PHONE _____

PARENT'S DAYTIME OR CELL PHONE _____

E-MAIL _____

Camp Release Statement

The child named above has my permission to participate in the designated Messiah College summer athletic camp. I understand that camp participation may involve significant physical activity which could result in injury. I certify that the child is in good physical condition and is fully able to participate. I assume all risk incident to the child's participation and release Messiah College, its employees, agents, officers, and volunteers from all liability, claims, expenses, and actions which may arise from injury or harm to the child as a result of camp participation.

In the event of a medical emergency, I authorize Messiah College to designate a physician or hospital or emergency personnel to provide medical care (including hospitalization, if necessary) to the child, and release Messiah College from any liability for injury or harm to the child which may result from this medical care. I understand that responsibility for payment for such medical care will be mine and certify that the child is covered by adequate medical insurance.

Signed _____ date _____
parent/guardian

- College Prep: June 19–21
 Field Player Goalie
- Day Camp: June 22–26
- Resident Camp: Aug. 2–6
 Commuter Resident
- Goalkeeper Camp: Aug. 2–6
 Commuter Resident

Roommate Guidelines:

Work out roommate preference before sending in application. If left blank, you will be placed with someone of similar grade.

Roommate: _____

School: _____

Club Team: _____

Shirt size (circle one): YL S M L XL

OFFICE USE ONLY
DEPOSIT _____ DATE _____ BALANCE _____ DATE _____



MESSIAH COLLEGE GIRLS' SOCCER CAMPS

College Prep June 19-21
Day Camp June 22-26
Resident Camp Aug. 2-6
Goalkeeper Camp Aug. 2-6



Messiah College
P.O. Box 4501
One College Avenue
Grantham, PA 17027

WOMEN'S SOCCER



Coach Frey began his college coaching as an assistant with the Messiah men's team from 1988-92. In 1993 Frey took over the men's team at Alma College in Michigan. There he built a program that won two MIAA Conference titles, made three NCAA Tournament appearances, advancing to the NCAA Division III Final Four in 1999. He was recognized as the Great Lakes Region Mens Coach of the Year in 1999 and the Mid-Atlantic Region Womens COY in 2002, 2004 and 2005. Frey was then honored as the NCAA Division III Womens Coach of the Year in 2005 after leading the Falcons to their first national title.

eight of the last nine seasons.

Wheaton College, Ill. Messiah captured their first national crown in 2005. The Championship in four years this past fall with a 5-0 victory over seven seasons. The Falcons garnered their second National Four and six Championship Round appearances in the past program to a remarkable five straight NCAA Division III Final seasons with the women's soccer program. He has guided the Scott Frey ('84) has compiled a record of 180-12-8 in just nine



CAMP DIRECTOR:

The trademark of the Messiah team has been their commitment to defense and their strong technical and tactical play. This past season the Falcon attack scored a program record 119 goals which was the highest total in the country at the NCAA Division III level. The defense was just as impressive and allowed just nine goals on the campaign. Individually five Messiah players have been recognized as the Commonwealth Conference Player Of The Year; Melissa (Lehman) Groff (2000), Mindy (Miller)Smith (2002), Jen Sapp (2003), Stef Rowe (2006), and Amanda Naehar (2008). Naehar was named the 2008 NCAA Division III Womens Soccer Player of the Year, the first Messiah player to be honored with the prestigious award. Fourteen Falcons have received All-America honors under Coach Frey.

MESSIAH WOMEN'S SOCCER

