

Application  
2010 Falcon Softball Pitching Clinic

(Please Print)

Please check one: 6:45pm \_\_\_ 7:45pm \_\_\_ 8:45 pm \_\_\_  
8:45pm (gym time only) \_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_ Zip \_\_\_\_\_

Age \_\_\_ Grade \_\_\_ Parent Name \_\_\_\_\_

Phone \_\_\_\_\_ Work phone \_\_\_\_\_

e-mail \_\_\_\_\_

**Skill level:** Please check one:

\_\_\_ Beginner (never pitched before)

\_\_\_ Int. I (Have done some pitching but need work on fundamentals,  
including change-up )

\_\_\_ Int. II (Focus on learning drop, curve, screwball, rise)

\_\_\_ Advanced (This level will be working on improving spin pitches  
and speed - you must be able to throw all pitches with control before  
coming to the clinic)

Insurance Carrier of Athlete

The student named above has my permission to participate in the designated  
Messiah College one day clinic. I understand that clinic participation may involve  
significant physical activity which could result in injury. I certify that the child is in  
good physical condition and is fully able to participate. I assume all risk incident  
to the child's participation and release Messiah College, its employees, agents,  
officers and volunteers from all liability, claims, expenses, and actions which may  
arise from injury or harm to the child as a result of clinic participation. In the event  
of a medical emergency, I authorize Messiah College to designate a physician or  
hospital or emergency personnel to provide medical care (including  
hospitalization, if necessary) to the child, and release Messiah College from any  
liability for injury or harm to the child which may result from this medical care. I  
understand that responsibility for payment for such medical care will be mine and  
certify that the child is covered by adequate medical insurance.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Please include any significant medical history

\_\_\_\_\_

Please tear off and return with your deposit of \$20.00  
by January 5, 2010.

MESSIAH COLLEGE SOFTBALL

One College Avenue  
P. O. Box 4501  
Grantham, PA 17027

# Messiah College Softball Pitching Clinic

2009 DIII National  
Champions

6 time

MAC Conference Champions

6 NCAA Tournament bids

3 NCAA DIV. III Final 8 appearances



Jan. 8<sup>th</sup> thru Feb 12<sup>th</sup>

Friday Evenings

3 times to choose from

6:45 pm, 7:45 pm, 8:45 pm (has skill  
level instruction or \*gym space only  
at the 8:45pm time)

Cost: \$ 70.00



## Introduction:

The Messiah College Falcons will once again be hosting the Falcon Pitching Clinic. Our clinic staff is excited to provide you with an opportunity to learn more about the sport of fast pitch softball!!!

Our goal is to teach you skills that will make you a better pitcher, but also to show you how to have fun doing it!

## Clinic Highlights:

- ◆ Low athlete-to instructor ratio
- ◆ Top quality pitching instruction
- ◆ Top notch facility with high quality instructional aides
- ◆ Several Collegiate All-Americans on staff

Space is limited so register early and reserve your spot!

For more information contact  
Amy Weaver  
at (717) 766-2511 ext 2160

## General Clinic Information:

Friday Evenings

**Date:** January 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> (break), Feb 5<sup>th</sup>, 12<sup>th</sup>

**Time:** 6:45 pm, 7:45 pm, 8:45 pm

50 minute sessions

**Cost:** \$70.00, \*\$35 for gym space only

### Beginner

Designed for a pitcher who is either just beginning to pitch, or who has never had any fundamental instruction. They will learn the beginning mechanics of pitching

### Intermediate I

Designed for a pitcher who has less than 2 years experience in both clinical instruction and game situations. Focus will be on mechanics and learning/improving change-up.

### Intermediate II

Designed for a pitcher who has more than 2 years experience in both clinical instruction and game situations. Each week, you will be able to select the pitch you would like to work on. Spend all 5 weeks working on 1 new pitch, or move week to week on different pitches. YOU decide!

### Advanced

Designed for a pitcher who throws fundamentally sound. She has the ability to throw the ball 50 MPH and faster, and has learned the different spin pitches. We will concentrate helping you perfect them.

### Open Gym time

Ideal for travel team pitchers, or anyone looking for a place to pitch in the winter. Bring the entire pitching staff!

\* Please remember to bring someone to catch for you\*

## Clinic Instructors:

### Amy Weaver (Camp Director)

As Head Coach for Messiah College, Amy brings with her a long line of experience and tradition with the college over the last fifteen years. Coach Weaver attended Messiah, graduating in 1991; she earned 1<sup>st</sup> Team MAC honors. Amy has also conducted other pitching clinics in PA and MD. She is four time MAC coach of the year and earned the NCAA East Region Coach of the year honors in 1999 and 2009. She was named National Coach of the Year along with her staff in 2009 when they won the National Championship

### Alex Quigley (Assistant Director)

Alex has been teaching pitchers for twelve years. He is the Messiah College pitching coach and runs the pitching clinic at Messiah. He was formerly the Boiling Springs Head Coach for nine years where he was a very successful coach. He continues to run pitching clinics and give private pitching lessons to some of the top pitchers in the area

Additionally Alex was recently honored as being a member of the 2009 Division III National Coaching Staff of the Year as awarded by the NFCA

### Messiah College Athletes

Messiah athletes have a long tradition of excellence. Currently four team members are All-Conference Honorees and two team members are NCAA Regional All-Americans.

## Registration Information:

A \$20 non-refundable fee should be sent in with the registration form no later than Jan. 5<sup>th</sup>. Please send to:

Messiah College Softball  
One College Avenue, Box 4501  
Grantham, PA 17027