



The Messiah College Girls' Volleyball Camp helps prepare young athletes for defining moments.

Please join us this year!

August 2–6, 2009: for girls entering grades 6–12



CAMP PHILOSOPHY

The volleyball camp at Messiah College is designed to provide a quality learning experience. Emphasis is placed on team play, sportsmanship, fundamentals, and advanced playing skills.

Our goal is to provide each player with a positive experience, improve her skills, and play in a fun yet challenging environment.

STAFF

Co-directors



Judi Tobias is the women's volleyball coach at Messiah College. Coach Tobias was named the 1999 MAC Commonwealth League Coach of the Year and has completed her 13th year at Messiah.



Debbie Rutter is the assistant women's volleyball coach. Coach Rutter has completed her 13th year at Messiah.

The remainder of the staff consists of area high school and college coaches and players from Messiah's program. All staff are committed to high moral and ethical standards. Our camper to staff ratio of 8-to-1 is the best in the area.

CAMP PROGRAM

- Instruction will include basic and advanced volleyball fundamental skills and team concepts.
- Players will receive instruction at their ability levels through challenging drills.
- Basic and advanced offensive and defensive strategies will be covered.
- There will be many opportunities for individual and team competition.
- There will be a tournament within skill level the last three sessions of camp.

CAMP FEATURES

- Individualized attention and coaching
- Player evaluation charts
- Camp t-shirt for each attendee
- Seven air-conditioned volleyball courts
- Indoor pool and snack shop
- Camp store
- Air-conditioned dorms

MESSIAH VOLLEYBALL

We have become a highly competitive team within our region. Our program has enjoyed the opportunity to participate in conference playoffs on a regular basis. The players hail from many different areas and have become a team committed to being their best on and off the court. The coaches strive to assist the team members as they develop their volleyball skills, academic endeavors, and Christian faith.

COST

Resident Camper — \$390

Resident fees cover instruction, lodging, meals, and a camp shirt.

Commuter Camper — \$300

Commuter fees cover instruction, lunches and dinners, and a camp shirt.

A \$50 non-refundable deposit, check made payable to **Messiah Girls' Volleyball Camp**, is due with each camper registration form. The balance can be paid any time, including arrival day.

REGISTRATION

Resident Campers Sunday, 5:00–6:30 p.m., Sollenberger Sports Center (Follow signs once on campus.)

Commuters Sunday, 6:30 p.m., Sollenberger Sports Center (Follow signs once on campus.) *All players should eat dinner before arriving on campus.*

REGISTRATION DEADLINE—JULY 24, 2009

Camp sessions will run as follows:

Sunday, 7–9 p.m.

Monday–Wednesday, 9 a.m.–9 p.m.

Thursday, 9 a.m.–5 p.m.

If you have questions or would like additional information, please call Coach Tobias at (717) 766-2511, ext. 7294, or visit the website: www.messiah.edu (link athletics, volleyball).

GROUP RATE DISCOUNT

If you are able to collect at least eight camp registration forms and send them in the same envelope, with the roommate preferences matching on each registration, a \$25 per person discount will be given.

DIRECTIONS TO MESSIAH

Southbound on US 15: Travel approximately 3.5 miles beyond the PA Turnpike interchange and take the Lisburn Road exit. At the light at the bottom of the ramp, turn left onto Lisburn Road. Follow Lisburn through the next traffic light and up to the stop sign at the top of the hill. Continue straight on Lisburn and turn right onto Grantham Road at the bottom of the hill. Follow Grantham Road straight ahead to the stop sign at the main entrance to the College.

Northbound on US 15: Travel approximately 4.0 miles beyond the PA 74 North intersection near Dillsburg to the Lisburn Road exit. At the bottom of the ramp, turn right onto Lisburn Road. Follow Lisburn to the stop sign at the top of the hill. Continue straight on Lisburn and turn right onto Grantham Road at the bottom of the hill. Follow Grantham Road straight ahead to the stop sign at the main entrance to the College.

Messiah College, a private Christian college of the liberal and applied arts and sciences, enrolls more than 2,800 undergraduate students in more than 55 majors. Established in 1909, the primary campus is located in Grantham, Pa., near the state capital of Harrisburg. A satellite campus affiliated with Temple University is located in Philadelphia.

CONTACT INFORMATION

Judi Tobias
Head Coach
Messiah College Women's Volleyball
(717) 766-2511, ext. 7294
jtobias@messiah.edu

2009 Messiah College Girls' Volleyball Camp Application

CAMPER'S NAME

STREET ADDRESS

CITY STATE ZIP

AGE HEIGHT ENTERING GRADE

HOME PHONE PARENT'S CELL

E-MAIL

employees, agents, officers, and volunteers from all liability, claims, expenses, and actions which may arise from injury or harm to the child as a result of camp participation.

In the event of a medical emergency, I authorize Messiah College to designate a physician or hospital or emergency personnel to provide medical care (including hospitalization, if necessary) to the child, and release Messiah College from any liability for injury or harm to the child which may result from this medical care. I understand that responsibility for payment for such medical care will be mine and certify that the child is covered by adequate medical insurance.

Signed _____ date _____
parent/guardian

Check one:
 Resident: \$390 Commuter: \$300
(\$50 non-refundable deposit required)

Make checks payable to:
Messiah College Girls' Volleyball Camp
Shirt size (adult): S M L XL (circle one)

School: _____
Coach (if applicable): _____
J.O. Coach: _____

Roommate guidelines:
Work out roommate preference before sending in application. If left blank, you will be placed with someone of similar age.

Roommate: _____
There are a limited number of triple and quad rooms. These are assigned on a first-come-first-served basis.

Mail to:
Messiah College Girls' Volleyball Camp
P.O. Box 4501
One College Ave.
Grantham, PA 17027

OFFICE USE ONLY
DEPOSIT _____ DATE _____ BALANCE _____ DATE _____



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PLEASE JOIN US THIS YEAR!**

8-1628



WOMEN'S VOLLEYBALL

Messiah College
P.O. Box 4501
One College Avenue
Grantham, PA 17027

**MESSIAH COLLEGE
GIRLS' VOLLEYBALL CAMP**

AUGUST 2-6, 2009

