

## MESSIAH COLLEGE OUTDOOR TRACK & FIELD — MEN'S ALL-TIME TOP 10 LIST

c = converted hand times to FAT by adding .24 (hand times originally rounded up to tenth)

\* = unknown hand time or FAT so treated as hand time

w = measured as wind-aided

[updated 05/08]

### 100 Meters

10.89	Patrick Roach	2007
10.93	Danny Wicks	2002
11.02	Tony Salvant	2006
11.14	Dave Moseman	1988
11.18	Kimathi Choma	1996
11.19	Blake Lynch	2007
11.20	Eric Keller	1984
11.20	Chris Boyles	2001
11.24c	Todd Wacome	1982
11.24c	Olumide Somefun	1990
11.24c	Greg Standford	1992
11.24c	Kerry Miller	1994

### 1500 Meters

3:53.69	Bobby Dressler	2005
3:57.29	Dave Entenmann	1990
3:57.66	Roy Swaisgood	1985
3:58.64*	Eric Schrock	1989
4:00.44c	Shylock Ndlovu	1987
4:02.29	Cory Kaufman	2008
4:02.49	Philip Gault	1996
4:03.23	Brian Sell	1997
4:03.30	Ryan Pastore	2008
4:03.35	Greg Jacoby	1996

### 200 Meters

21.97w	Patrick Roach	2008
21.98	Danny Wicks	2002
22.04	Patrick Roach	2007
22.27	Tony Salvant	2005
22.61	Bill Dean	1982
22.70	Darby Graybill	1995
22.71	Kimathi Choma	1995
22.74*	Dave Roland	1983
22.74c	Dale Fogelsanger	1987
22.74*	Olumide Somefun	1990
22.84*	Todd Wacome	1984
22.84c	Dave Wiederrecht	1990
22.84*	Shawn Mumma	1991

### 5000 Meters

14:55.28	Edward Doreau	2003
14:56.32	Shylock Ndlovu	1987
15:00.24c	Lester Zook	1982
15:00.57	Francis Eanes	2007
15:17.18	Brian Sell	1998
15:17.24*	Roy Swaisgood	1985
15:24.34c	Eric Schrock	1989
15:24.94	Joe McMannus	2002
15:25.24*	Dave Entenmann	1992
15:28.24*	James Hubbard	1993

### 400 Meters

47.70	Patrick Roach	2008
49.53	Dale Fogelsanger	1987
49.64 *	Shawn Mumma	1991
49.68	Doug Malefyt	2002
49.79	Michael Dell	2007
49.94 *	Bill Dean	1982
50.01	Nevin Brubaker	2001
50.14c	Dave Wiederrecht	1990
50.19	Chris Boyles	2002
50.44 *	Dave Roland	1984

### 10,000 Meters

30:38.24c	Lester Zook	1982
31:22.46	Francis Eanes	2007
31:50.24*	Shylock Ndlovu	1987
31:54.18	Edward Doreau	2003
32:13.54c	Brian Sell	1998
32:18.74*	James Hubbard	1993
32:34.78	Arthur Black	2007
33:33.15	Joshua Evans	2003
33:45.15	Brian Frank	1996
34:04.24*	Ron Dietzel	1990

**800 Meters**

1:53.83	Patrick Roach	2008
1:55.50	Philip Gault	1996
1:55.58	Matt Wilson	2001
1:55.94	Eric Bofinger	2007
1:56.27	Erik Blosser	2007
1:56.48	Edward Palmer	2008
1:56.57	Greg Jacoby	1997
1:56.64c	Dave Entenmann	1992
1:56.94*	Liveson Ncube	1991
1:57.00	Robert Dressler	2005

**400 Hurdles**

52.59	Dave Wiederrecht	1990
53.54*	Jon Seymour	1991
53.84*	Mike Herb	1989
54.58	Matthew Wilson	2000
54.64*	Ben Martin	1988
54.75	Steve Emma	1987
54.91	Steve Voss	2003
55.35	Nate Sauve	1999
55.54c	Ellis Bush	1981
56.54*	Travis Fraser	1985

**3000 Meter Steeplechase**

9:24.04c	Brandon Newbould	2004
9:24.38	Brian Sell	1998
9:24.71	Keith Miller	2005
9:27.28	Dave Entenmann	1992
9:28.24	Joe McMannus	2002
9:28.84c	Roy Swaisgood	1986
9:42.84*	Don Dietzel	1992
9:43.03	Josh Evans	2004
9:46.94*	Bryan Garrido	1994
9:48.52	Chris Becker	2005

**High Jump**

6' 11 3/4"	Chris Boyles	2001
6' 7 1/2"	John Cruikshank	1984
6' 7"	Chris Mikaya	2004
6' 6 3/4"	Steve Hubley	1988
6' 6 3/4"	Ted Simmons	2008
6' 6"	John Kastelein	1993
6' 5"	Dan Swain	1986
6' 4"	Owen Byer	1988
6' 4"	Mike Herb	1989
6' 4"	Andy Huber	1992
6' 4"	Ben Cartwright	1995
6' 4"	Ryan Dalton	1998

**110 Hurdles**

14.55	Mike Herb	1990
14.56	Chris Boyles	2002
15.14*	Jon Seymour	1991
15.23	Dave Roland	1982
15.31	Jon Quinn	1993
15.38	Steve Voss	2004
15.44c	Josh McDowell	1996
15.54*	John Luft	1986
15.54*	Ben Martin	1988
15.54*	Steve Emma	1988
15.54*	Dave Wiederrecht	1990

**Long Jump**

23' 8 3/4"	Tony Salvant	2006
23' 0"	Greg Stanford	1996
22' 9 1/2"	Josh McDowell	1998
22' 9"	John Hendrickson	2002
22' 7 3/4"	Chris Boyles	1984
22' 7 1/2"	Eric Keller	1983
22' 7 1/4"	John Cruikshank	2001
22' 2 1/4"	Hylton Kipe	2001
22' 1 3/4"	Theodore Simmons	2008
22' 1 1/2"	Nicholas Kipe	2007

**Triple Jump**

48' 10"	Nicholas Kipe	2008
48' 8 3/4"	Hylton Kipe	2003
48' 8"	Doug Malefyt	2002
47' 10 1/2"	Sam Krimmel	1993
47' 5 3/4"	Greg Stanford	1992
46' 0 1/2"	Theodore Simmons	2008
45' 6 1/2"	Chris Boyles	1999
45' 5"	Tony Salvant	2004
45' 1/4"	Mike Herb	1989
44' 1/2"	Josh McDowell	1995

**400 Meter Relay**

42.68	Bollinger, Salvant, Voss, Wicks	2004
42.71	N. Kipe, Dell, Weidemann, Roach	2008
42.84*	Stanford, Baer, Seymour, Wiederrecht	1990
42.88	Lynch, Dell, N. Kipe, Roach	2007
43.08	Smith, Seymour, Somefun, Wiederrecht	1989
43.30	Wicks, Malefyt, H. Kipe, Boyles	2002
43.31	Miller, Burnside, Kimmel, Graybill	1993
43.51	Milleman, Keller, Roland, Wacome	1984
43.65	Smith, Burnside, Miller, Stanford	1992
43.71	Wicks, Bollinger, H. Kipe, Voss	2003

**Pole Vault**

15' 0"	Scott Vanek	1983
14' 7 1/4"	Chris Boyles	2002
14' 6"	Dalls Baer	1990
14' 6"	Jeremy Graham	2000
14' 6"	Mike Gillis	2001
14' 0"	John Stevens	1988
14' 0"	Rob Poiesz	2004
13' 11 1/4"	Trent Zempel	2008
13' 9"	Kevin Sadd	1986
13' 6"	John Prescott	1980
13' 6"	Doyle Siever	1988

**Shot Put**

45' 3"	David Hamilton	1999
44' 9 3/4"	Michael Dell	2007
43' 9 3/4"	Mark Heise	1984
42' 9 3/4"	Dave Eby	1991
42' 9"	Drew Samuelson	1996
42' 8.75"	Kevin Markovic	2008
42' 7 1/2"	Greg Strawn	1981
42' 4"	Josh Martin	2004
41' 9"	Chris Boyles	2000
41' 8"	Kevin Whittier	1979
41' 8"	Bill Beckett	1985

**Discus**

155' 7"	Josh Martin	2004
146' 5"	Matt Fasnacht	1990
144' 0"	David Hamilton	1998
139' 6"	Maurice Schwartz	1990
138' 10"	Drew Samuelson	1996
138' 8"	Karl Dyrli	1994
138' 1"	Jeff Siglin	1999
135' 11 1/2"	Paul Gingrich	1984
132' 8"	Michael Dell	2007
131' 6"	Paul Logan	1989

**Hammer Throw**

160' 9"	Jeff Siglin	2002
128' 10"	Matthew Wicks	2008
122' 9"	David Hamilton	1999
121' 7"	Jonathan Dinges	2004
98' 5"	Michael Gourley	2007
96' 10"	Rick Donovall	2002
95' 0"	Brandon Keeler	2007
79' 8"	Kevin Markovic	2008
75' 10"	R.C. Hartman	2003
74' 1"	Kevin Markovic	2007

**1600 Meter Relay**

3:18.76	Wiederrecht, Burnside, Mumma, Seymour	1991
3:19.09	Dell, Weidemann, Palmer, Roach	2008
3:19.29	Seymour, Wiederrecht, Martin, Emma	1988
3:19.64*	Baer, Herb, Seymour, Wiederrecht	1990
3:19.74*	Baer, Seymour, Herb, Wiederrecht	1989
3:19.83	Emma, Bomgardner, Martin, Fogelsanger	1987
3:22.58	Malefyt, Boyles, Wilson, Brubaker	2001
3:22.61	Wicks, Malefyt, Wilson, Voss	2002
3:23.23	Dell, P. Hager, Bofinger, Roach	2007
3:23.74c	Martin, Engle, Emma, Fogelsanger	1986

**Javelin (Old)**

204' 1"	Eric Kronawetter	1980
199' 9"	Pete West	1980
198' 11"	Gary Hoffman	1984
180' 6"	Harry Wilson	1981
175' 0"	Brian Mumau	1985
169' 3"	John Cruikshank	1984
165' 2"	Mark Herman	1985
161' 1"	Jim Kuhner	1983
150' 4"	Al Shue	1981
142' 7"	Mike Howard	1980

**Javelin (New)**

195' 5"	Bret Fitzpatrick	2002
191' 5"	A. J. Smith	2007
182' 10"	Jeff Siglin	2002
178' 8"	Michael Dell	2008
173' 5"	Karl Dyrli	1993
172' 9"	Dave Barrett	1990
171' 6"	Greg Edsell	1990
170' 10"	Chad Boothman	1990
170' 7"	Matt Fasnacht	1989
169' 6"	Brian Mumau	1988

**Decathlon**

7115	Chris Boyles	2002
6437	Michael Dell	2008
6007	Dan Snyder	2004
5452	Chris Mikaya	2002
5175	Nevin Brubaker	1998
5085	Jason Brown	2008
4933	Drew Toucher	1998
4646	David Deary	1999
4461	Chris Jones	2001
4341	James Guerin	2004