

Messiah Invitational 2009 - 4/16/2009 to 4/18/2009

Messiah College
Performance List

Event 1 Women 100 Meter Dash Prelims

Time	Name	Yr	School	Seed
1	Distasio, Dezaray		Gwynedd-Mercy	12.74
2	Harrison, Erin		Gwynedd-Mercy	12.84
3	ford, Jasmine		Dickinson Colle	12.84
4	Genter, Brianne		Albright College	12.94
5	Moore, Quinny		Gwynedd-Mercy	13.09
6	Brown, Lauren		Gwynedd-Mercy	13.18
7	Miller, Mackenzie		Albright College	13.44
8	Alderfer, Jennifer		Delaware Valley	13.58
9	Conway, Renista		Albright College	13.86
10	George, Annie		Catholic	13.90
11	Mulkern, Melanie		Catholic	13.90
12	Newman-Blount, Sheba		Goucher College	14.06
13	Dawyot, Sizamma		Catholic	14.10
14	Wu, Jen	SR	Messiah	15.12
15	Derrickson, Jess		Delaware Valley	15.80

6	Brown, Lauren		Gwynedd-Mercy	27.65
7	Harte, Lauren	FR	Messiah	27.65
8	Valis, Kaitlyn	SO	Messiah	27.91
9	Waldeck, Holly		Gwynedd-Mercy	27.98
10	Miller, Mackenzie		Albright College	28.20
11	Reh, Carissa		Gwynedd-Mercy	28.25
12	Loos, Megan		Albright College	28.49
13	Mulkern, Melanie		Catholic	28.80
14	George, Annie		Catholic	29.10
15	Dawyot, Sizamma		Catholic	29.50
16	Conway, Renista		Albright College	29.54
17	DiPietro, Danielle		Albright College	30.00
18	Warwick, Liz		Catholic	30.00
19	Derrickson, Jess		Delaware Valley	31.06
20	Kafel, Kristen		Gwynedd-Mercy	31.68
21	Farrell, Erica		Gwynedd-Mercy	32.45
22	Johnson, Kristin		Catholic	32.50
23	Kettyle, Marissa		Catholic	33.00
24	Weller, Kristin		Catholic	34.00
25	McDonald, Amy		Catholic	36.00

Event 2 Men 100 Meter Dash Prelims

Time	Name	Yr	School	Seed
1	Brodsky, John		Dickinson Colle	11.02
2	Viola, Andrew		Gwynedd-Mercy	11.28
3	Kelley, Mark		Dickinson Colle	11.34
4	Pitts, Travis		Delaware Valley	11.42
5	Mays, Ryan		Albright College	11.44
6	Ascencio, Bernardo		Unattached	11.50
7	LeGrand, Charles		Albright College	11.54
8	Lloyd, Reginald		Thaddeus Steven	11.59
9	Scott, Kristopher		Thaddeus Steven	11.60
10	Scheibinz, Aaron		Thaddeus Steven	11.68
11	Ade-Turton, Tade		Goucher College	11.82
12	Melnick, Drew	FR	Messiah	11.84
13	Bingham, John		Dickinson Colle	12.00
14	Nugent, Dominique		Thaddeus Steven	12.00
15	Woodson, Jamal		Thaddeus Steven	12.00
16	Reed, Michael		Albright College	12.08
17	Parry, Brandon	JR	Messiah	12.20
18	Carter, Branden		Catholic	12.31
19	Wells, Ryan		Albright College	12.34
20	Loreti, Joey	FR	Messiah	12.53
21	Rogers, Mike		Dickinson Colle	12.64
22	Johnson, George		Delaware Valley	12.86
23	Davis, Griffith		Dickinson Colle	13.00
24	Poku-Adjei, Jeffery		Thaddeus Steven	13.00
25	Brunner, Branden	JR	Messiah	13.04
26	Myers, Nathan	FR	Messiah	13.28
27	Shank, Phil		Dickinson Colle	NT
28	Stone, Avatus		Catholic	NT
29	Galiczynski, Sean		Dickinson Colle	NT

Event 4 Men 200 Meter Dash

Time	Name	Yr	School	Se
1	Dunkleberger, Daniel		Gwynedd-Mercy	22.13
2	Ascencio, Bernardo		Unattached	22.50
3	Brodsky, John		Dickinson Colle	22.73
4	Daniel, Ryan		Dickinson Colle	22.91
5	Denson, Sean		Dickinson Colle	23.11
6	Roach, Patrick	SR	Messiah	23.11
7	Kelley, Mark		Dickinson Colle	23.30
8	Carter, Branden		Catholic	23.34
9	Viola, Andrew		Gwynedd-Mercy	23.46
10	Youtz, Kyle		Thaddeus Steven	23.50
11	Ade-Turton, Tade		Goucher College	23.50
12	Pitts, Travis		Delaware Valley	23.52
13	Mays, Ryan		Albright College	23.70
14	Bingham, John		Dickinson Colle	23.70
15	Scheibinz, Aaron		Thaddeus Steven	23.80
16	Johnson, Jermaine		Albright College	23.84
17	Lloyd, Reginald		Thaddeus Steven	24.02
18	Scott, Kristopher		Thaddeus Steven	24.20
19	Mendoza, Regi		Gwynedd-Mercy	24.25
20	Kramer, Terance		Thaddeus Steven	24.30
21	Wood, Tevin		Albright College	24.30
22	Davis, Griffith		Dickinson Colle	24.50
23	Rogers, Mike		Dickinson Colle	24.50
24	Reed, Michael		Albright College	24.64
25	Culler, Bryan		Thaddeus Steven	24.78
26	Woodson, Jamal		Thaddeus Steven	25.00
27	Toohy, Shane		Delaware Valley	25.25
28	Johnson, George		Delaware Valley	25.26
29	Bilbrough, Brian	FR	Messiah	25.71
30	Loreti, Joey	FR	Messiah	26.10
31	Myers, Nathan	FR	Messiah	26.98

Event 3 Women 200 Meter Dash

Time	Name	Yr	School	Seed
1	Harrison, Erin		Gwynedd-Mercy	26.30
2	ford, Jasmine		Dickinson Colle	26.86
3	Moore, Quinny		Gwynedd-Mercy	27.26
4	Genter, Brianne		Albright College	27.50
5	Alderfer, Jennifer		Delaware Valley	27.57

Event 4 ...(Men 200 Meter Dash)

Time	Name	Yr	School	Se
32	Poku-Adjei, Jeffery		Thaddeus Steven	27.50
33	Brunner, Branden	JR	Messiah	27.70
34	Parry, Brandon	JR	Messiah	27.72

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35	Wells, Ryan	Albright College	27.90
36	Stone, Avatus	Catholic	NT

Event 5 Women 400 Meter Dash

Time	Name	Yr	School	Seed
1	Harte, Lauren	FR	Messiah	1:01.88
2	Macaluso, Dana		Goucher College	1:04.07
3	Mulkern, Melanie		Catholic	1:04.20
4	John, Jessica		Gwynedd-Mercy	1:04.68
5	Funtarova, Dili		Dickinson Colle	1:04.69
6	Mitrano, Amy		Dickinson Colle	1:04.74
7	DiPietro, Danielle		Albright College	1:05.00
8	Loos, Shannon		Albright College	1:05.00
9	George, Annie		Catholic	1:05.10
10	Dawyot, Sizamma		Catholic	1:05.60
11	Loos, Megan		Albright College	1:06.00
12	Miller, Mackenzie		Albright College	1:06.00
13	Reh, Carissa		Gwynedd-Mercy	1:06.46
14	Murawski, Allison		Dickinson Colle	1:06.98
15	Warwick, Liz		Catholic	1:07.00
16	Staten, Kanika		Goucher College	1:07.26
17	Biggers, Caitlin		Goucher College	1:07.54
18	Campbell, Tomesha		Albright College	1:08.00
19	Kotcherga, Dasha		Dickinson Colle	1:08.50
20	Brown, Karlana		Delaware Valley	1:08.66
21	Johnson, Kristin		Catholic	1:08.80
22	Leahey, Hannah		Dickinson Colle	1:12.50
23	Farrell, Erica		Gwynedd-Mercy	1:12.65
24	Darden, Khaliah		Gwynedd-Mercy	1:15.64

Event 6 Men 400 Meter Dash

Time	Name	Yr	School	Seed
1	Roach, Patrick	SR	Messiah	49.42
2	Denson, Sean		Dickinson Colle	49.54
3	Daniel, Ryan		Dickinson Colle	50.34
4	Mays, Ryan		Albright College	52.00
5	Weidemann, Jesse	SO	Messiah	52.34
6	Yancheff, Nate		Dickinson Colle	52.80
7	Puskar, John		Catholic	52.94
8	Youtz, Kyle		Thaddeus Steven	52.98
9	Mansuy, Mark		Dickinson Colle	53.36
10	Brigr, Nen te		Catholic	53.50
11	Kramer, Terance		Thaddeus Steven	53.68
12	Rooney, Charlie		Goucher College	53.81
13	Crawford, Richard		Albright College	54.00
14	Melnick, Drew	FR	Messiah	54.14
15	Toohey, Shane		Delaware Valley	54.17
16	Forney, Derek	SO	Messiah	54.18
17	Wood, Tevin		Albright College	54.20
18	Culler, Bryan		Thaddeus Steven	54.80
19	Shuman, Andrew		Dickinson Colle	54.81
20	Schulte, Andrew		Dickinson Colle	54.81
21	Bilbrough, Brian	FR	Messiah	55.10
22	Wenzler, Scott		Goucher College	55.13
23	Carter, Branden		Catholic	55.50
24	Johnson, Jermaine		Albright College	55.80
25	Ford, Andrew		Dickinson Colle	56.86
26	Wroblewsky, Rich		Catholic	57.50
27	Woodson, Jamal		Thaddeus Steven	58.50

Event 7 Women 800 Meter Run

Time	Name	Yr	School	Se
1	Kaste, Grace	SO	Messiah	2:16.56
2	Airey, Brooke	FR	Messiah	2:22.50
3	Ball, Remy		Catholic	2:23.00
4	Matticola, Erica		Gwynedd-Mercy	2:26.50
5	Sellman, Regina		Gwynedd-Mercy	2:26.54
6	Campbell, Tomesha		Albright College	2:30.00
7	McTeman, Julie		Dickinson Colle	2:31.00
8	Nicoletti, Helene		Catholic	2:36.00
9	Perkins, Marena		Dickinson Colle	2:36.80
10	Kotcherga, Dasha		Dickinson Colle	2:40.00
11	Woodruck, Lauren		Dickinson Colle	2:40.00
12	O'Hare, Meril		Dickinson Colle	2:40.00
13	Senor, Maggie		Catholic	2:40.00
14	Koch, Aubrey		Catholic	2:40.00
15	Dooley, Rebecca		Dickinson Colle	2:40.50
16	Doucette, Samantha		Catholic	2:42.00
17	Koziel, Barb		Goucher College	2:42.00
18	Mote, Margaret		Delaware Valley	2:43.00
19	Constad, Alyssa		Dickinson Colle	2:44.40
20	Collis, Alex		Goucher College	2:47.00
21	Southworth, Hannah		Goucher College	3:06.00

Event 8 Men 800 Meter Run

Time	Name	Yr	School	Se
1	Shenk, Peter	JR	Messiah	1:59.70
2	Kimmel, Mike	So	Messiah	2:00.40
3	Riccardo, Wilson		Dickinson Colle	2:02.00
4	Reynolds, Keis		Catholic	2:02.10
5	Robson, Thomas		Dickinson Colle	2:03.30
6	Rooney, Charlie		Goucher College	2:04.60
7	Brigr, Nen te		Catholic	2:04.60
8	Shuman, Andrew		Dickinson Colle	2:05.80
9	Scipione, Adam		Goucher College	2:05.90
10	Tarkoff, Mike		Dickinson Colle	2:06.30
11	Galiczynski, Sean		Dickinson Colle	2:06.50
12	Straughan, Dylan		Dickinson Colle	2:06.50
13	Robustelli, Jason		Gwynedd-Mercy	2:06.54
14	Santuoso, Paul		Catholic	2:07.43
15	Boyd, Chris	SO	Messiah	2:08.18
16	Whalen, Brian		Gwynedd-Mercy	2:08.95
17	Negreann, Joe		Goucher College	2:09.10
18	Delaney, Kareem		Thaddeus Steven	2:12.00
19	Ford, Andrew		Dickinson Colle	2:13.20
20	Miller, Stephen		Delaware Valley	2:14.00
21	Styer, Derek		Thaddeus Steven	2:15.00

Event 8 ...(Men 800 Meter Run)

Time	Name	Yr	School	Se
22	Davis, Leon		Goucher College	2:15.30
23	Gethins, Andrew		Goucher College	2:19.80
24	Choe, Josh		Catholic	NT

Event 9 Women 1500 Meter Run

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Performance List

Event 10 Men 1500 Meter Run				Event 11 Women 5000 Meter Run					
Time	Name	Yr	School	Seed	Time	Name	Yr	School	Se
1	McDonald, Darcy		Dickinson Colle	4:47.00	1	Rhodes, Erin	JR	Messiah	18:30.00
2	Matticola, Erica		Gwynedd-Mercy	4:48.39	2	Long, Courtney	FR	Messiah	18:49.57
3	Robbins, Rebecca		Dickinson Colle	4:58.80	3	Klinges, Katherine		Gwynedd-Mercy	18:56.00
4	Campbell, Catherine		Dickinson Colle	5:00.80	4	Kosta, Beth		Dickinson Colle	19:00.00
5	Romano, Sarah		Dickinson Colle	5:01.60	5	Hackett, Jenna		Catholic	19:15.00
6	Kooser, Jennifer	Sr	Messiah	5:05.00	6	Shashaty, Mary		Catholic	19:20.00
7	McTeman, Julie		Dickinson Colle	5:06.70	7	Dorgan, Caitlin		Delaware Valley	19:30.00
8	Ball, Remy		Catholic	5:10.00	8	Smith, Bridgette		Catholic	NT
9	Hellmann, Jenn	JR	Messiah	5:14.12	9	Maini, Gina		Catholic	NT
10	Bastian, Emily		Dickinson Colle	5:20.00	Event 12 Men 5000 Meter Run				
11	Woodruck, Lauren		Dickinson Colle	5:20.00	Time	Name	Yr	School	Se
12	O'Hare, Meril		Dickinson Colle	5:20.00	1	Eanes, Frank	SR	Messiah	15:20.39
13	Shashaty, Mary		Catholic	5:20.00	2	Black, Artie	JR	Messiah	15:30.00
14	Fawcett, Tamara	JR	Messiah	5:23.10	3	Newhook, Tyler	FR	Messiah	15:40.03
15	Nicoletti, Helene		Catholic	5:30.00	4	Krusell, Brian		Dickinson Colle	15:44.00
16	Koziel, Barb		Goucher College	5:39.00	5	Watts, John		Gwynedd-Mercy	15:44.00
17	Collis, Alex		Goucher College	5:41.00	6	Smith, Andrew		Catholic	15:47.00
18	Mote, Margaret		Delaware Valley	5:45.00	7	Pagano, James		Dickinson Colle	15:53.00
19	Southworth, Hannah		Goucher College	6:39.00	8	Breen, Dave		Dickinson Colle	16:07.00
20	Dorgan, Caitlin		Delaware Valley	NT	9	Herring, Matthew	FR	Messiah	16:16.57
Event 10 Men 1500 Meter Run					10	LeFrancois, Paul		Dickinson Colle	16:21.00
Time	Name	Yr	School	Seed	11	Santuoso, Paul		Catholic	16:32.10
1	Pecora, Kent		Dickinson Colle	4:00.70	12	Young, Dennis		Dickinson Colle	16:36.00
2	Palmer, Eddy	JR	Messiah	4:03.67	13	Hutcheson, Craig	FR	Messiah	16:49.00
3	Geary, Dan		Gwynedd-Mercy	4:03.86	14	Ricciardi, Ralph		Gwynedd-Mercy	16:57.00
4	Newhook, Tyler	FR	Messiah	4:04.00	15	Bollinger, Chris		Albright College	18:30.00
5	Gregor, Andy		Dickinson Colle	4:04.60	16	Book, Trevor	JR	Messiah	NT
6	Tarkoff, Mike		Dickinson Colle	4:06.20	Event 13 Women 10000 Meter Run				
7	Straughan, Dylan		Dickinson Colle	4:08.50	Time	Name	Yr	School	Se
8	Sharp, Brendan		Gwynedd-Mercy	4:11.56	1	Hackett, Jenna		Catholic	41:00.00
9	Riccardo, Wilson		Dickinson Colle	4:11.80	2	Smith, Bridgette		Catholic	46:00.00
10	Khoury, Ben		Dickinson Colle	4:15.00	3	Kooser, Jennifer	Sr	Messiah	NT
11	Jansen, Rob		Dickinson Colle	4:15.00	4	Spiering, Katherine	FR	Messiah	NT
12	Pagano, James		Dickinson Colle	4:17.00	5	Clemmer, Sarah	JR	Messiah	NT
13	Grisha, Iventichev		Dickinson Colle	4:17.00	6	Schwartz, Brittany		Delaware Valley	NT
14	Scipione, Adam		Goucher College	4:19.00	7	Higgins, Mary	FR	Messiah	NT
15	Cook, George		Albright College	4:20.00	Event 14 Men 10000 Meter Run				
16	Santuoso, Paul		Catholic	4:20.12	Time	Name	Yr	School	Se
17	Munoz, Taylor	SO	Messiah	4:21.65	1	VanDenHengel, Matt		Gwynedd-Mercy	33:00.00
18	Pastore, Ryan	SO	Messiah	4:22.35	2	Smith, Andrew		Catholic	33:47.60
19	Davis, James	SR	Messiah	4:27.85	3	Brumbaugh, Chip		Delaware Valley	34:00.00
20	Kellert, Robert		Albright College	4:29.00	4	Herring, Daniel	FR	Messiah	NT
21	Negreann, Joe		Goucher College	4:32.00	Event 14 ...(Men 10000 Meter Run)				
22	Choe, Josh		Catholic	4:32.00	Time	Name	Yr	School	Se
23	Brevo, George		Catholic	4:36.11	5	McCoy, Kevin		Delaware Valley	NT
24	Dalton, Daniel		Albright College	4:37.00	Event 15 Women 100 Meter Hurdles Prelims				
25	Delaney, Kareem		Thaddeus Steven	4:38.00					
26	Miller, Stephen		Delaware Valley	4:38.00					
27	Robustelli, Jason		Gwynedd-Mercy	4:39.46					
28	Styer, Derek		Thaddeus Steven	4:40.00					
29	Ziegler, Mark		Gwynedd-Mercy	4:41.45					
30	Davis, Leon		Goucher College	4:42.00					
31	Gethins, Andrew		Goucher College	4:54.00					
32	Eichler, Brian		Gwynedd-Mercy	5:08.56					
33	Kaufman, Cory	JR	Messiah	NT					
34	Shank, Phil		Dickinson Colle	NT					

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Time	Name	Yr	School	Seed
1	Bates, Kristen	JR	Messiah	14.50
2	Berger, Tiffani		Gwynedd-Mercy	15.35
3	Ruiz, Delilah	SR	Messiah	16.11
4	Kennedy, Kristin		Catholic	16.90
5	Heisey, Ellamae	SO	Messiah	17.56
6	Won, Rachel		Catholic	17.90
7	Szal, Kelly		Catholic	18.00
8	Derrickson, Jess		Delaware Valley	18.23
9	Barr, Amanda		Delaware Valley	19.61

2	Van Arsdale, Jackie	JR	Messiah	11:42.40
3	Powell, Kim		Dickinson Colle	11:45.00
4	Hellmann, Jenn	JR	Messiah	12:50.00
5	Sacker, Kathie		Catholic	12:52.00
6	VanWinkle, Elizabeth	JR	Messiah	13:52.10
7	Pisano, Courtney		Catholic	NT
8	Karish, Talesha		Delaware Valley	NT
9	Maini, Gina		Catholic	NT

Event 16 Men 110 Meter Hurdles Prelims

Time	Name	Yr	School	Seed
1	Schulte, Andrew		Dickinson Colle	15.61
2	Dosten, Mike		Catholic	16.02
3	Cooper, Michael		Thaddeus Steven	17.01
4	Quinn, Devin		Dickinson Colle	18.13
5	Shank, Phil		Dickinson Colle	18.44
6	Wolfe, Matt		Catholic	18.70
7	Mendoza, Regi		Gwynedd-Mercy	18.95
8	Leese, Alex		Dickinson Colle	21.54

Event 20 Men 3000 Meter Steeplechase

Time	Name	Yr	School	Se
1	Kaufman, Cory	JR	Messiah	9:41.96
2	Krusell, Brian		Dickinson Colle	10:00.00
3	Smeiles, Jeff	JR	Messiah	10:16.88
4	Liddick, Caleb	FR	Messiah	10:30.00
5	Book, Trevor	JR	Messiah	10:30.25
6	Martin, Zachary		Goucher College	10:56.00
7	Kellert, Robert		Albright College	11:02.00
8	Dalton, Daniel		Albright College	11:30.00
9	Springer, Andrew	Fr	Messiah	11:35.16
10	Holloway, Jordan	So	Messiah	11:51.42
11	Ilgentriz, Thomas		Thaddeus Steven	13:01.00
12	Kremer, Chris		Catholic	NT
13	Brevo, George		Catholic	NT
14	Schonefer, Chris		Catholic	NT

Event 17 Women 400 Meter Hurdles

Time	Name	Yr	School	Seed
1	Kennedy, Kristin		Catholic	1:10.20
2	Won, Rachel		Catholic	1:11.00
3	Newman-Blount, Sheba		Goucher College	1:12.34
4	Glenzel, Abbey	SO	Messiah	1:12.75
5	Sisson, Megan	SO	Messiah	1:14.00
6	Kosta, Beth		Dickinson Colle	1:16.94
7	Barr, Amanda		Delaware Valley	1:17.82

Event 21 Women 4x100 Meter Relay

Team	Relay	Seed Time	
1	Gwynedd-Mercy Co	A	49.96
2	Messiah	A	51.00
3	Albright College	A	51.24
4	Dickinson Colleg	A	54.19
5	Catholic	A	54.70
6	Delaware Valley	A	55.02

Event 18 Men 400 Meter Hurdles

Time	Name	Yr	School	Seed
1	Dosten, Mike		Catholic	55.71
2	Ascencio, Bernardo		Unattached	56.27
3	Rosenbarker, Cody	SO	Messiah	59.00
4	Schulte, Andrew		Dickinson Colle	59.24
5	Tenure, Steven		Goucher College	59.26
6	Wolfe, Matt		Catholic	59.99
7	Pennisi, Rich		Messiah	1:02.93
8	Galiczynski, Sean		Dickinson Colle	1:03.32
9	Quinn, Devin		Dickinson Colle	1:05.53
10	Mansuy, Mark		Dickinson Colle	1:07.04
11	Shank, Phil		Dickinson Colle	1:07.41
12	Leese, Alex		Dickinson Colle	1:07.44
13	Crawford, Richard		Albright College	1:08.00
14	Cook, George		Albright College	1:10.00

Event 22 Men 4x100 Meter Relay

Team	Relay	Seed Time	
1	Gwynedd-Mercy Co	A	43.00
2	Dickinson Colleg	A	43.76
3	Catholic	A	44.83
4	Thaddeus Stevens	A	44.88
5	Albright College	A	45.14
6	Thaddeus Stevens	B	45.19
7	Messiah	A	46.00

Event 19 Women 3000 Meter Steeplechase

Time	Name	Yr	School	Seed
1	McDonald, Darcy		Dickinson Colle	11:27.00

Event 23 Women 4x400 Meter Relay

Team	Relay	Seed Time	
1	Messiah	A	4:14.97
2	Gwynedd-Mercy Co	A	4:17.50
3	Albright College	A	4:18.00
4	Dickinson Colleg	A	4:21.00
5	Catholic	A	4:23.00
6	Goucher College	A	4:33.36
7	Delaware Valley	A	4:42.00
8	Dickinson Colleg	B	NT

Event 24 Men 4x400 Meter Relay

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Team	Relay	Seed Time
1 Dickinson Colleg	A	3:22.50
2 Gwynedd-Mercy Co	A	3:24.25
3 Catholic	A	3:27.65
4 Messiah	A	3:27.72
5 Albright College	A	3:32.00
6 Thaddeus Stevens	A	3:34.99
7 Goucher College	A	3:35.29
8 Dickinson Colleg	B	3:36.00
9 Thaddeus Stevens	B	3:40.00

Event 25 Women 4x800 Meter Relay

Team	Relay	Seed Time
1 Messiah	A	10:00.00
2 Dickinson Colleg	A	10:09.00
3 Catholic	A	10:30.00

Event 26 Men 4x800 Meter Relay

Team	Relay	Seed Time
1 Dickinson Colleg	A	8:03.80
2 Messiah	A	8:20.00
3 Goucher College	A	8:46.49
4 Catholic	A	NT

Event 27 Men Hammer Throw

Name	Yr	School	Seed
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1 Thomas, Ryan		Albright College	145-00
2 Mason, John		Catholic	131-09.25
3 Wicks, Matt	JR	Messiah	130-10.75
4 Abbate, Anthony		Dickinson Colle	129-01
5 Rogers, Aaron		Albright College	126-00
6 Elite, C-Bo		Unattached	114-10.25
7 Prevr, Steve		Catholic	110-00
8 Burkhart, Jonathan		Thaddeus Steven	103-00
9 Hettinger, Andrew		Albright College	100-00
10 Pellegrino, Anthony		Albright College	99-00
11 Theiss, Michael		Delaware Valley	98-11
12 Monroe, Josh		Catholic	98-05
13 Smith, AJ	JR	Messiah	92-10.75
14 Gordon, Corwyn		Dickinson Colle	85-04
15 Renehan, Mark		Goucher College	83-04
16 Spitler, Jason		Albright College	82-00
17 Tucker, Mike		Dickinson Colle	78-07
18 Kuchta, Joe		Delaware Valley	68-07
19 Weinberger, Jacob		Goucher College	60-04
20 Kriner, Todd		Delaware Valley	ND

Event 28 Women Hammer Throw

Name	Yr	School	Seed
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1 Cooney, Abby		Goucher College	112-08
2 Weist, Christie		Albright College	100-00
3 Lengel, Alyssa	SO	Messiah	93-00
4 Ward, Leslie		Dickinson Colle	83-03
5 Hare, Rachelle		Delaware Valley	71-10.50
6 Prince, Kayla		Goucher College	69-10

7 Brown, Ellie		Goucher College	56-05
8 Borden, Tessa		Delaware Valley	55-04
9 Steblay, Brynn		Dickinson Colle	ND
10 Carioto, Kelly		Catholic	ND
11 Strait, Emily	SO	Messiah	ND

Event 29 Men Javelin Throw

Name	Yr	School	Se
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1 Elite, C-Bo		Unattached	180-05.50
2 Brosey, Wyatt		Thaddeus Steven	177-00
3 Smith, AJ	JR	Messiah	176-03.25
4 Toohey, Shane		Delaware Valley	162-11.75
5 Masterson, Thomas		Delaware Valley	162-11.75
6 Gilbert, Jordan		Albright College	157-00
7 Fleishner, Jesse		Dickinson Colle	154-04
8 Schoeffling, Eric		Catholic	153-01.75
9 Trout, Logan		Delaware Valley	152-09.25
10 Gordon, Corwyn		Dickinson Colle	150-07
11 High, Jared	SO	Messiah	147-08
12 Fegley, Jordan		Albright College	147-00
13 Reddey, Patrick		Catholic	134-09.25
14 Scholl, Landon	SO	Messiah	123-08.50
15 Wiley, Matt		Delaware Valley	111-05.25
16 Schonefer, Chris		Catholic	95-02
17 Renehan, Mark		Goucher College	81-05
18 Kuchta, Joe		Delaware Valley	ND
19 Theiss, Michael		Delaware Valley	ND
20 Berry, Jared		Gwynedd-Mercy	ND

Event 30 Women Javelin Throw

Name	Yr	School	Se
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1 Flagg, Kelly		Gwynedd-Mercy	126-00
2 Heisey, Becky		Delaware Valley	112-01.50
3 Distasio, Dezaray		Gwynedd-Mercy	109-05
4 Price, Amanda		Gwynedd-Mercy	102-00
5 Lengel, Alyssa	SO	Messiah	99-06.25
6 Miller, Mackenzie		Albright College	99-00
7 Kettyle, Marissa		Catholic	92-00
8 Won, Rachel		Catholic	88-00
9 Weist, Christie		Albright College	80-00
10 Szal, Kelly		Catholic	75-00
11 Kennedy, Kristin		Catholic	66-00
12 Sanchez, Michelle		Dickinson Colle	61-08
13 Schrang, Abby		Catholic	50-00
14 Stone, Clara	FR	Messiah	44-07.25
15 Szewczyk, Rachael	JR	Messiah	ND

Event 31 Women Shot Put

Name	Yr	School	Se
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1 Schrang, Abby		Catholic	55-00.00
2 Schlitzer, Ein		Gwynedd-Mercy	36-09.00
3 Carioto, Kelly		Catholic	36-00.00
4 Heisey, Becky		Delaware Valley	34-09.00
5 Ward, Leslie		Dickinson Colle	32-09.50
6 Strait, Emily	SO	Messiah	31-09.25
7 Cooney, Abby		Goucher College	30-11.00

Event 31 ...(Women Shot Put)

Messiah Invitational 2009 - 4/16/2009 to 4/18/2009

Messiah College
Performance List

Mark	Name	Yr	School	Seed	Mark	Name	Yr	School	Se
8	Samoylo, Beth		Gwynedd-Mercy	29-00.00	1	Bates, Kristen	JR	Messiah	38-06.00
9	Weist, Christie		Albright College	29-00.00	2	Eshleman, Briana	JR	Messiah	33-08.00
10	Hare, Rachelle		Delaware Valley	28-10.50	3	Watkins, Yazmin		Dickinson Colle	33-06.00
11	Prince, Kayla		Goucher College	24-00.00	4	Mallory, Deon		Albright College	33-00.00
12	Brown, Ellie		Goucher College	22-05.00	5	Valis, Kaitlyn	SO	Messiah	32-11.75
13	Stone, Clara	FR	Messiah	21-04.75	6	MacIntosh, Ellie		Dickinson Colle	32-08.00
14	Kennedy, Kristin		Catholic	ND	7	Miller, Mackenzie		Albright College	32-00.00
15	Szal, Kelly		Catholic	ND	8	Szal, Kelly		Catholic	29-00.00
16	Won, Rachel		Catholic	ND	9	Wu, Jen	SR	Messiah	28-11.75
17	Borden, Tessa		Delaware Valley	ND					

Event 32 Men Shot Put
Name Yr School Seed
Mark

1	Gordon, Corwyn		Dickinson Colle	47-00.50
2	Abbate, Anthony		Dickinson Colle	46-06.00
3	Tucker, Mike		Dickinson Colle	46-00.50
4	Rogers, Aaron		Albright College	42-00.00
5	Gilbert, Jordan		Albright College	41-00.00
6	Lopez, Eric		Dickinson Colle	40-09.50
7	Mason, John		Catholic	40-07.75
8	Plummer, Justin		Albright College	40-00.00
9	Pellegrino, Anthony		Albright College	40-00.00
10	Kuchta, Joe		Delaware Valley	38-07.50
11	Thomas, Ryan		Albright College	38-00.00
12	Hettinger, Andrew		Albright College	38-00.00
13	Prevr, Steve		Catholic	37-03.00
14	Alabi, Timothy		Albright College	37-00.00
15	Monroe, Josh		Catholic	36-05.75
16	Spitler, Jason		Albright College	34-00.00
17	Roppo, Vito		Dickinson Colle	33-10.00
18	Gabrielli, Daniel		Thaddeus Steven	33-05.00
19	Burkhart, Jonathan		Thaddeus Steven	32-07.00
20	Markert, Albert		Gwynedd-Mercy	30-00.00
21	Renehan, Mark		Goucher College	29-02.00
22	Weinberger, Jacob		Goucher College	23-05.00
23	Kriner, Todd		Delaware Valley	ND
24	Donotaio, Louis		Catholic	ND
25	Shank, Phil		Dickinson Colle	ND

Event 33 Men Triple Jump
Name Yr School Seed
Mark

1	Hill, Aaron		Dickinson Colle	131-03.00
2	Berry, Jared		Gwynedd-Mercy	43-07.00
3	Bausch, Ryan		Albright College	43-00.00
4	Adams, Anthony		Gwynedd-Mercy	42-06.00
5	Brown, Jason	SR	Messiah	41-07.75
6	Masterson, Thomas		Delaware Valley	40-09.50
7	Cooper, Michael		Thaddeus Steven	40-05.00
8	Heberlig, Charles		Delaware Valley	39-10.50
9	Nelson, Brandon		Thaddeus Steven	39-06.00
10	Herring, Jake		Catholic	37-01.00
11	Lorrence, Kenny		Catholic	36-10.50
12	Holloway, Jordan	So	Messiah	34-02.00

Event 34 Women Triple Jump

Event 35 Women Long Jump
Name Yr School Se
Mark

1	Schrang, Abby		Catholic	24-00.00
2	Valis, Kaitlyn	SO	Messiah	19-03.25
3	Eshleman, Briana	JR	Messiah	17-00.00
4	Ruiz, Delilah	SR	Messiah	16-06.00
5	Macaluso, Dana		Goucher College	15-09.75
6	Nikolopoulos, Maria		Gwynedd-Mercy	15-06.00
7	Loos, Shannon		Albright College	15-00.00
8	Miller, Mackenzie		Albright College	15-00.00
9	Conway, Renista		Albright College	15-00.00
10	MacIntosh, Ellie		Dickinson Colle	14-10.00
11	Szal, Kelly		Catholic	14-10.00
12	Watkins, Yazmin		Dickinson Colle	14-00.00
13	Kennedy, Kristin		Catholic	14-00.00
14	Wu, Jen	SR	Messiah	12-09.25

Event 36 Men Long Jump
Name Yr School Se
Mark

1	Berry, Jared		Gwynedd-Mercy	21-06.00
2	Brown, Jason	SR	Messiah	20-06.25
3	Cooper, Michael		Thaddeus Steven	20-05.00
4	LeGrand, Charles		Albright College	19-08.00
5	Nelson, Brandon		Thaddeus Steven	19-03.00
6	Wenzler, Scott		Goucher College	19-01.00
7	Hill, Aaron		Dickinson Colle	19-00.00
8	Bingham, John		Dickinson Colle	19-00.00
9	Parry, Brandon	JR	Messiah	18-07.75
10	Heberlig, Charles		Delaware Valley	17-00.50
11	Smentowsky, Charlie		Catholic	16-07.75
12	Lorrence, Kenny		Catholic	16-07.00
13	Shank, Phil		Dickinson Colle	16-00.00
14	Devoe, Neil		Dickinson Colle	16-00.00
15	Loeffler, Joe		Catholic	15-11.00
16	Galiczynski, Sean		Dickinson Colle	ND
17	Herring, Jake		Catholic	ND

Event 37 Women Pole Vault
Name Yr School Se
Mark

1	MacIntosh, Ellie		Dickinson Colle	10-00.00
2	Brantner, Emily	FR	Messiah	9-00.25
3	McDonald, Abby	FR	Messiah	9-00.25
4	Leahey, Hannah		Dickinson Colle	8-05.00

Messiah Invitational 2009 - 4/16/2009 to 4/18/2009

Messiah College
Performance List

5	Harding, Kelly		Delaware Valley	8-00.50
Event 38 Men Pole Vault				
Mark	Name	Yr	School	Seed
1	Clark, Kevin		Unattached	17-00.75
2	Hendrix, Stephen		Dickinson Colle	16-04.50
3	Litz, Chris		Goucher College	13-00.00
4	Forney, Derek	SO	Messiah	12-05.50
5	Frederick, Ryan	Fr	Messiah	11-11.75
6	Cross, Matt	FR	Messiah	11-10.50
7	Vasaturo, Chris	FR	Messiah	11-06.00
8	Alderfer, Dietrich	FR	Messiah	11-00.00
9	Wroblewsky, Rich		Catholic	10-06.00
10	Loeffler, Joe		Catholic	8-06.00

Event 39 Women High Jump				
Mark	Name	Yr	School	Seed
1	Ruiz, Delilah	SR	Messiah	4-11.00
2	Ward, Leslie		Dickinson Colle	4-10.00
3	Brantner, Emily	FR	Messiah	4-09.75
4	Nikolopoulos, Maria		Gwynedd-Mercy	4-08.00
5	Szal, Kelly		Catholic	4-06.00
6	Kennedy, Kristin		Catholic	4-06.00
7	Weller, Kristin		Catholic	4-04.00
8	Won, Rachel		Catholic	4-04.00

Event 40 Men High Jump				
Mark	Name	Yr	School	Seed
1	Lockhart, Derek		Gwynedd-Mercy	6-04.00
2	Boyd, Chris	SO	Messiah	6-00.00
3	Gewirtz, Justin		Albright College	6-00.00
4	LeGrand, Charles		Albright College	5-10.00
5	Shirley, Alex		Dickinson Colle	5-10.00
6	Masterson, Thomas		Delaware Valley	5-08.75
7	Holdt, Andrew		Catholic	5-08.00
8	Wenzler, Scott		Goucher College	5-06.00
9	Smentowsky, Charlie		Catholic	5-04.00

Event 41 Men Discus Throw				
Mark	Name	Yr	School	Seed
1	Abbate, Anthony		Dickinson Colle	133-00
2	Elite, C-Bo		Unattached	131-03
3	Mason, John		Catholic	128-02
4	Theiss, Michael		Delaware Valley	127-11.75
5	Hettinger, Andrew		Albright College	127-00
6	Gordon, Corwyn		Dickinson Colle	126-01
7	Alabi, Timothy		Albright College	120-00
8	Rogers, Aaron		Albright College	117-00
9	Prevr, Steve		Catholic	115-04.25
10	Wicks, Matt	JR	Messiah	112-02.25
11	Gabrielli, Daniel		Thaddeus Steven	112-00
12	Tucker, Mike		Dickinson Colle	111-03
13	Plummer, Justin		Albright College	109-00
14	Thomas, Ryan		Albright College	106-00

15	Brown, Jason	SR	Messiah	100-06.25
16	Smith, AJ	JR	Messiah	100-04.50
17	Pellegrino, Anthony		Albright College	100-00
18	High, Jared	SO	Messiah	96-10.50
19	Kuchta, Joe		Delaware Valley	96-09
20	Monroe, Josh		Catholic	96-04.50
21	Lopez, Eric		Dickinson Colle	94-02
22	Spitler, Jason		Albright College	93-00
23	Roppo, Vito		Dickinson Colle	80-00
24	Renehan, Mark		Goucher College	76-05
25	Weinberger, Jacob		Goucher College	55-06
26	Markert, Albert		Gwynedd-Mercy	ND
27	Donotaio, Louis		Catholic	ND
28	Shank, Phil		Dickinson Colle	ND

Event 42 Women Discus Throw				
Mark	Name	Yr	School	Se
1	Schlitzer, Ein		Gwynedd-Mercy	112-04
2	Heisey, Becky		Delaware Valley	111-02.25
3	Edmonds, Becky		Gwynedd-Mercy	109-05
4	Carioto, Kelly		Catholic	98-00
5	Olson, Emily	SO	Messiah	93-03.25
6	Samoylo, Beth		Gwynedd-Mercy	93-00
7	Strait, Emily	SO	Messiah	92-09.25
8	Lengel, Alyssa	SO	Messiah	92-00.25
9	Cooney, Abby		Goucher College	90-07
10	Weist, Christie		Albright College	86-00
11	Ward, Leslie		Dickinson Colle	84-04
12	Hare, Rachelle		Delaware Valley	83-04
13	Stebly, Brynn		Dickinson Colle	81-05
14	Stone, Clara	FR	Messiah	51-09.50
15	Brantner, Emily	FR	Messiah	ND
16	Szewczyk, Rachael	JR	Messiah	ND

Event 43 Women Heptathlon				
	Name	Yr	School	Pe
1	Valis, Kaitlyn	SO	Messiah	3291
2	Eshleman, Briana	JR	Messiah	2988
3	Horn, Kathy		Johns Hopkins	NP
4	Anderson, Gretchen		U Richmond	NP
5	Pabon, Vanessa		Gettysburg Colle	NP
6	Amalfe, Stephanie		Johns Hopkins	NP
7	Oszustowich, Alex		U Richmond	NP
8	Davidhizar, Heidi		McDaniel Colleg	NP
9	Balsamo, Erin		McDaniel Colleg	NP
10	Heisey, Ellamae	SO	Messiah	NP
11	Heisey, Becky		Delaware Valley	NP
12	Olson, Emily	SO	Messiah	NP
13	Bates, Kristen	JR	Messiah	NP
14	Edmonds, Becky		Gwynedd-Mercy	NP
15	Adair, Kate		Gettysburg Colle	NP
16	Berger, Tiffani		Gwynedd-Mercy	NP

Event 44 Men Decathlon				
	Name	Yr	School	Pe
1	Ford, Robby		Gettysburg Colle	NP
2	Kozlik, Eric		Gettysburg Colle	NP
3	Cole, Chris		Gettysburg Colle	NP
4	Martin, Chad		Delaware Valley	NP

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Performance List**

Event	Name	Yr	School	Points
5	Weber, Kevin		Delaware Valley	NP
6	Petrilak, Jon		Delaware Valley	NP
7	Keller, Kyle		Albright College	NP
8	Holt, Austin	Fr	Messiah	NP
9	Wacco, Jeffrey		Albright College	NP
10	Pennisi, Rich		Messiah	NP
11	Alderfer, Dietrich	FR	Messiah	NP