



2010 Messiah Open Wrestling Tournament

- Date: Saturday, January 23, 2010
- Where: Messiah College, Hitchcock Arena
Grantham, PA 17027
- Who: All entries must be on a current college roster.
NO HIGH SCHOOL WRESTLERS, NO POST GRADS.
- Entry: \$250/team (10 or more) or \$25/individual wrestler. Entry fees may be sent ahead or paid at the door. All registrations must be received by Jan. 21 even if the fee will be paid at the door.
LIMITED TO THE FIRST 200 ENTRIES
NO WALK IN REGISTRATIONS
- Checks made payable to Messiah Wrestling.
- Weights: NCAA weights: 125, 133, 141, 149, 157, 165, 174, 184, 197, 285
- Weigh-in: Skin checks and weigh-ins will be held in the wrestling room for all competitors at 8:00 am; No Exceptions.
- Schedule: 8:00-8:30 Skin Check and Weigh-ins
10:00 Wrestling until completion
- Rules: All NCAA rules apply. All matches will be seven minutes with riding time.
- Format: Double elimination to four places. No team scores. Limited seeding will take place
- Add. Info.: Contact: Bryan Brunk
Office: 717-796-1800 ext. 7097
bbrunk@messiah.edu
- Entry form attached

2010 Messiah Open Wrestling Tournament: Entry Form- Team Name: _____.

NAME	WEIGHT	ACCOMPLISHMENTS
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____
10.	_____	_____
11.	_____	_____
12.	_____	_____
13.	_____	_____
14.	_____	_____
15.	_____	_____
16.	_____	_____
17.	_____	_____
18.	_____	_____
19.	_____	_____
20.	_____	_____

Email or Mail in entry form to: Bryan Brunk, Messiah Wrestling; Box 4501; Grantham, PA 17027

bbrunk@messiah.edu

ALL ENTRIES MUST BE RECEIVED BY January 21, 2010