

Athletic Training
(Department of Health and Human Performance)
Major Requirements

<u>Major Courses</u>	<u>Credits</u>	<u>Semester Completed</u>
HPED 170 Concepts of Conditioning	1	_____
HPED 1xx Non-aquatic majors' skill course OR		
PHED non-major skills course	1	_____
<i>One of the following: (1 or 2 credits)</i>	1 or 2	_____
HPED 189 Emergency Water Safety (1) or Basic Water Rescue Competency*		
HPED 192 Water Safety Instructor (2) or Water Safety Instructor Competency*		
HPED 193 Lifeguarding/First Aid/CPR (2) or Lifeguarding ARC competency*		
HPED 321 Kinesiology	3	_____
HPED 322 Exercise Physiology	3	_____
HPED 360 Exercise Testing and Prescription	3	_____
ATED 102 Introduction to Athletic Training	1	_____
ATED 136 Prevention & Risk Management	3	_____
ATED 137 Prevention & Risk Management Lab	1	_____
ATED 180 First Aid and Emergency Care	3	_____
ATED 330 Pharmacology for Athletic Training	2	_____
ATED 203 Medical Terminology and Topics	2	_____
ATED 231 Injury Assessment I	2	_____
ATED 232 Injury Assessment II	2	_____
ATED 233 Injury Assessment III	2	_____
ATED 246 Practicum in Athletic Training I	2	_____
ATED 346 Practicum in Athletic Training II	2	_____
ATED 348 Practicum in Athletic Training III	2	_____
ATED 335 Therapeutic Exercise	4	_____
ATED 337 Therapeutic Modalities & Treatment Techniques	4	_____
ATED 442 Administration of Athletic Training	3	_____
ATED 446 Collision Sport in athletic training	2	_____
ATED 450 Collision Sport Experience	1 or 3	_____
ATED 447 Clinic Athletic Training	2	_____
ATED 449 Clinical in Athletic Training	1	_____
ATED 480 Senior Seminar in Athletic Training	4	_____
BIOL 185 Human Anatomy & Physiology I	4	_____
BIOL 186 Human Anatomy & Physiology II	4	_____
CHEM 110 Chemical Science I or CHEM 105 General Chemistry I**	4	_____
NUTR 222 Nutrition Theory	3	_____
PSYC 101 Introduction to Psychology	3	_____
STAT 269 Introductory Statistics	3	_____

*Competency as defined by the American Red Cross.

**CHEM 105 recommended for those desiring PT, PA, graduate school programs

+ATED 291 Clinical Experience (0.5 – 1) may be used during pre-season or J-term as needed

General Education Requirements will be the same

(Revised Jan 08)

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(Department of Health and Human Performance)

General Education Requirements

<u>Courses</u>	<u>Credits</u>	<u>Semester Completed</u>
First Year Seminar	3	_____
Oral Communications	3	_____
Created and Called for Community	3	_____
Mathematical Sciences (STAT 269)	3 or 4	<u>met by major</u>
Laboratory Science (BIOL 185)	3 or 4	<u>met by major</u>
Science, Technology & the World (HPED 322)	3	<u>met by major</u>
Two of the following:	6	
Social Science (3 credits - PSYC 101)		<u>met by major</u>
European History (3 credits)		_____
United States History (3 credits)		_____
Literature	3	_____
Philosophy and Religion	3	_____
Arts	3	_____
Language/Cross Cultural		
First Semester of Language	3	_____
Second Semester of Language	3	_____
Third Semester of Language or Cross Cultural	3	_____
Non-Western Studies	2 or 3	_____
Bible	3	_____
Christian Beliefs	3	_____
Health and Physical Fitness		
Intro to Wellness (HPED 170)	1	<u>met by major</u>
First Activity Course (HPED 189 or 192 or 193)	1	<u>met by major</u>
Second Activity Course (HPED activity)	1	<u>met by major</u>
One of the following:	3	
Ethics (3 credits)		_____
World Views (3 credits)		_____
Pluralism in Contemporary Society (3 credits)		_____
Writing Enriched Course		_____

SUMMARY OF DEGREE REQUIREMENTS:

General Education	38- 39
Major Requirements	79 - 82
Total	117 - 121

Major Requirements on reverse side

(Revised Jan 08)