

Health & Exercise Science Major
Pre-Physical Therapy Concentration
Suggested four-year program of study

First Year

IDFS 101 First Year Seminar	3	IDCR 151 Created & Called for Comm.	3
BIOL 150 Biology I	4	HIST XXX History	3
HEXS 101 Intro. To H & ES	1	CHEM 106 Chemistry	4
CHEM 105 Chemistry	4	PSYC 101 Intro. To Psychology	3
Language I	3	HPED 170 Concepts of Conditioning	1
		COMM XXX Communication	3
	15		17

Sophomore Year

HEXS 220 Health Prom. Mgmt.	3	BIBL 201 Encountering the Bible	3
MATH 108 Intuitive Cal.	3	Language II	3
ATED 231 Injury Assessment I	2	ATED 232 Injury Assessment II	2
PHYS 201 Physics	4	PHYS 202 Physics	4
IDSB XXX Non-Western	3	HEXS 225 Research Methods & Stat	3
PHED Activity	1		
	17		15

Junior Year

ENG XXX Literature	3	PHIL/RELI XXX Gen Ed.	3
HPED 321 Kinesiology	3	HPED 322 Exercise Physiology	3
PSYC 310 or 311 or GERO 251	3	Cross Cultural	3
BIOL 385 Physiology	4	ATED 337 Therapeutic Mod. (or 335)	4
HPED 195 First Aid/CPR	1	BIOL 386 Human Anatomy	4
ART XXX Art Gen Ed.	3		
	17		14-17

Senior Year

XXX Ethics/Pluralism Gen. Ed.	3	HEXS 412 Senior Seminar	3
HEXS 360 Exercise Testing & Prescr.	3	HEXS XXX Elective	3
BIOL 381 Microbiology	4	INT 391 Internship/Seminar	6
ATED 335 Therapeutic Exercise (or 337)	4		
XXX Christian Beliefs	3		
	16		12

Total Credits: 125