

Health & Exercise Science Major
Pre-Physical Therapy Concentration
Suggested four-year program of study

First Year

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|--------------------------------|-----------|-------------------------------------|-----------|
| IDFS 101 First Year Seminar | 3 | IDCR 151 Created & Called for Comm. | 3 |
| BIOL 160 Molecular & Cell Bio. | 4 | HIST XXX History | 3 |
| HEXS 101 Intro. To H & ES | 1 | CHEM 106 Chemistry | 4 |
| CHEM 105 Chemistry | 4 | PSYC 101 Intro. To Psychology | 3 |
| Language I | 3 | HPED 170 Concepts of Conditioning | 1 |
| | | COMM XXX Communication | 3 |
| | 15 | | 17 |

Sophomore Year

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|------------------------------|-----------|----------------------------------|-----------|
| HEXS 220 Health Prom. Mgmt. | 3 | BIBL 201 Encountering the Bible | 3 |
| MATH 108 Intuitive Cal. | 3 | Language II | 3 |
| ATED 231 Injury Assessment I | 2 | ATED 232 Injury Assessment II | 2 |
| PHYS 201 Physics | 4 | PHYS 202 Physics | 4 |
| IDSB XXX Non-Western | 3 | HEXS 225 Research Methods & Stat | 3 |
| PHED Activity | 1 | | |
| | 17 | | 15 |

Junior Year

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| ENG XXX Literature | 3 | PHIL/RELI XXX Gen Ed. | 3 |
| HPED 321 Kinesiology | 3 | HPED 322 Exercise Physiology | 3 |
| PSYC 310 or 311 or GERO 251 | 3 | Cross Cultural | 3 |
| BIOL 385 Physiology | 4 | ATED 337 Therapeutic Mod. (or 335) | 4 |
| HPED 195 First Aid/CPR | 1 | BIOL 386 Human Anatomy | 4 |
| ART XXX Art Gen Ed. | 3 | | |
| | 17 | | 14-17 |

Senior Year

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| XXX Ethics/Pluralism Gen. Ed. | 3 | HEXS 412 Senior Seminar | 3 |
| HEXS 360 Exercise Testing & Prescr. | 3 | HEXS XXX Elective | 3 |
| BIOL 381 Microbiology | 4 | INT 391 Internship/Seminar | 6 |
| ATED 335 Therapeutic Exercise (or 337) | 4 | | |
| XXX Christian Beliefs | 3 | | |
| | 16 | | 12 |

Total Credits: 125