

**Health & Physical Education Teacher Certification**  
**Suggested four-year program of study**

*First Year*

IDFY XXX First Year Seminar	3	COM XXX Oral Communications	3
HPED 227 Foundations of P.E.	3	IDCR 151 Created & Called for Comm.	3
EDUC 201 Ed. & Amer. Society	3	HIST XXX U.S. History	3
XXX Literature	3	COSC 171 Prob. Solv. w/ Comp.	3
MATH 101 Intro. to Math	3	XXX Language	3
XXX Language	3	PHED 120 Golf/Badminton	1
		PHED 127 Aquatics	1
		PHED 121 Soccer/Softball	1
	<b>18</b>		<b>18</b>

*Sophomore Year*

BIO 258 Human Biology	4	EDUC 203 Ed. Psych (Soc. Sci.)	3
XXX Language	3	EDSP 207 Intro. to Special Education	3
HPED 170 Concepts of Conditioning	1	HPED 223 Community Health	3
HPED 224 Personal Health	3	PHED 114 Dance	1
PHED 122 Flag Football/Basketball	1	PHED 128 Dev. Gym./Rec & Rhythm	1
PHED 126 Tennis/Volleyball	1	XXX Philosophy or Religion	3
BIBL 20X Encountering the Bible OT/NT	3	HPED 236 Med. Aspects of Sport	3
	<b>16</b>		<b>17</b>

*Junior Year*

HPED 326 Health Ed. Instruction	3	ENGL 330 TESOL	3
HPED 329 Sport & Society (Pluralism)	3	HPED 322 Exercise Physiology (Sci. Tech)	3
HPED 321 Kinesiology	3	HPED 332 Teaching Adapted PE	3
HPED 305 Cont. Issues in Health	3	HPED 423 Principles of Admin.	3
PSYC 310 Child Development	3	HPED 229 Motor Learning	3
		HPED 391 HPE Practicum	1
		ADED 137 Challenge Course	1
	<b>15</b>		<b>17</b>

*Senior Year*

HPED 312 P.E. Instr. Secondary	3	HPED 309 PE Instr. Elementary	3
HPED 422 Assessment in HPE	2	PHED 118 Creative/Express. Mov.	1
XXX Art	3	EDUC 431 S.T. – Elementary	5
THEO XXX Christian Beliefs	3	EDUC 432 S.T. – Secondary	6
XXX Non-Western Studies	3	HPED 433 S.T. Seminar	1
First Aid/CPR Competency	0		
	<b>14</b>		<b>16</b>

rev. 2/09

**TOTAL: 131**