

UNDERGRADUATE STUDENTS Important action steps to take before leaving for Christmas break 2021

Residential students: Be aware of Messiah's semester check out timeline. Messiah's
residential housing will close at 12 noon on Friday, Dec. 17, 2021, for all students
(unless you have already been pre-approved to remain on campus).

Be sure to follow the check-out procedures from Residence Life. Note: there
are different procedures based on whether you are returning to your same
room/residence for the spring semester.

<u>Check-out procedures for students returning to a residence hall room</u>

<u>Check-out procedures for students returning to a campus apartment or house</u>

<u>Check-out procedures for students not returning</u> to a Messiah residence

Questions regarding check-out may be directed to housing@messiah.edu.

- O In the event you would be unable to return to campus immediately following Christmas break due to an unexpected individual exposure, quarantine or isolation, be sure to take with you what you would need to temporarily continue your studies remotely, i.e., laptop, books, notes or other academic resources.
- ☐ If you have a vehicle registered on campus, please take your car with you or remove it from campus during Christmas break (to assist with campus snow removal). If this is not possible, you must move your car to the far corner of lot D before you leave. Questions regarding parking may be directed to Studentparking@messiah.edu
- Remember to return your rental textbooks and course materials before you leave campus. Details for returning textbooks and course materials, along with customer contact/support information, may be found at the Campus Store FAQ website.

While you're away: COVID-19 health and safety

- During Christmas break, unvaccinated students do **not** need to submit their daily health screening on Falcon Health.
- Messiah is <u>not</u> requiring returning students, regardless of vaccination status, to submit a negative PCR test prior to the start of the spring 2022 semester. However, following Christmas break, the University will resume its surveillance/sample testing of unvaccinated students. (This is consistent with the University's approach following its fall and Thanksgiving breaks.)
 - o It remains important for Messiah to know from a public health standpoint how much of its on-campus population has been vaccinated. Students who are vaccinated against COVID-19, or who receive a booster shot, during Christmas break should submit/update proof of their vaccination status to the Engle Center: Go to the Online Health Portal

(https://messiah.studenthealthportal.com); Go to MY FORMS, then COVID IMMUNIZATION HISTORY FORM.

• Please do <u>not</u> return to campus following Christmas break if you have tested positive for or have symptoms of COVID-19 (including cold or flu-like symptoms), or if you are confirmed to have been exposed to a COVID-19 positive individual. In any of these circumstances, regardless of your vaccination status, you should immediately complete the Falcon Health Check-In on FalconLink; the Engle Center will then contact you with an individual plan of action/return when they reopen on Jan. 4, 2022.

Medical and mental health and well-being while on break

- **Note:** The Engle Center will be closed starting Dec. 22, 2021, and will reopen on Jan. 4, 2022.
- During break, you are encouraged to reach out for help or guidance from your primary care provider, psychologist/mental health clinician, or to utilize Messiah's FalconCare 24/7 telehealth service if you are feeling sad, anxious or hopeless or if you feel emotional distress of any kind.
 - You may download the FalconCare app and register to have access to Messiah's free 24/7 student telehealth service while you are on break. Learn more at www.messiah.edu/falconcare.
- While away from campus, you are also encouraged to consult your primary care provider as needed, especially if you have any preexisting conditions or develop any possible symptoms of COVID-19.
- If you haven't already, consider getting your flu shot while you're away from campus for Christmas break.