

Course Requirements

One of the following:

BIOL 185: Human Anatomy and Physiology I and lab (4) **and** BIOL 186: Human Anatomy and Physiology II and lab (4)

or

BIOL 170: Cell and Animal Physiology and lab (4) **and** BIOL 460: Physiology & lab (4)
BIOL 265: Microbiology with lab (4)
BUSA 120: Principles of Management (3)
CHEM 105: General Chemistry I and lab (4)
CHEM 106: General Chemistry II and lab (4)

One of the following:

CHEM 204: Introduction to Organic Chemistry and lab (4)

or

CHEM 309: Organic Chemistry I and lab (4) and CHEM 310: Organic Chemistry II and lab (4)

NUTR 102: Introduction to Nutrition and Dietetics

NUTR 121: Food and Food Science and lab (3)

NUTR 222: Principles of Nutrition (3)

NUTR 322: Nutrition through the Life Cycle (3)

NUTR 331: Advanced Food Science and Technology and lab (3)

NUTR 341: Food Service and lab (4)

NUTR 352: Community Nutrition (3)

NUTR 410: Nutrition Education and Counseling and lab (3)

NUTR 411: Medical Nutrition Therapy 1 (3)

NUTR 412: Medical Nutrition Therapy 2 and lab (3)

NUTR 425: Nutrient Metabolism and Research Methods 1 and lab (4)

NUTR 426: Nutrient Metabolism and Research Methods 2 and lab (3)

NUTR 493: Senior Seminar in Nutrition and Dietetics (1)

PSYC 101: Introduction to Psychology (3)

STAT 269: Introductory Statistics (3)

GPA required to progress into upper level nutrition courses:

In order to progress into NUTR 410, NUTR 411, and NUTR 425 students must have completed the following courses with no grades lower than a C- in each and an average GPA in them of at least 2.50 (at least 2.75 if more than one of these courses is transferred to Messiah):

CHEM 105

CHEM 106,

CHEM 204 or CHEM 309 and CHEM 310

BIOL 185 or BIOL 170

NUTR 121

NUTR 222.

Students who do not achieve the required minimum GPA will not be able to complete the Nutrition and Dietetics major, but will be eligible to complete the Food and Nutrition minor.

Repeat Policy: One course from the list of courses used to determine the progression GPA may be repeated one time. An attempt at a course will include all letter grades as well as W. When extenuating circumstances arise (i.e. significant illness or death in the family), students may appeal this policy by submitting a written letter explaining the rationale for the exception to the DPD Director. If the appeal is denied, the decision may be appealed to the dean of the School of Science, Engineering and Health.

Verification Statement requirements

1. Complete the requirements for graduation from Messiah University with a Nutrition and Dietetics Major, another Messiah University major with the additional courses needed for DPD verification, or the non-degree academic verification program. The GPA requirements for graduation include a cumulative GPA of at least 2.0 and a major GPA of at least 2.0.
2. Complete at least 18 credits at Messiah University.
3. Complete all NUTR courses at the 300 and 400 level no more than 5 years prior to program completion.

Please note:

After successful completion of the Messiah University Academic Verification Program, students wishing to pursue the RDN credential will need to complete an ACEND-accredited dietetic internship (and beginning January 1, 2024 a Master's Degree). Admission to dietetic internships and graduate programs is competitive. A Grade point average (GPA) of at least 3.0 and preferably > 3.4, especially in major courses, as well as work experience related to food and nutrition are critical factors in successfully obtaining a dietetic internship/Master's degree. Students completing the Messiah University Academic Verification are eligible to apply to be preselected into the Messiah University Master of Science in Nutrition and Dietetics/Dietetic Internship, bypassing the national match process, but acceptance is not guaranteed.