

Messiah University Nutrition and Dietetics Major Course Planning – Graduation 5/2026 (Rev. 5/2022)

**Sophomore Spring Semester Abroad
123 credits are required for graduation**

Name: _____

Fall 2022	Cr	Sem	Grade	Spring 2023	Cr	Sem	Grade
IDFY 101: First Year Sem.*	3			IDCR 151: Created & Called for Comm.*	3		
CHEM 105: Gen Chem I	4			CHEM 106: Gen Chem II	4		
NUTR 102: Intro to Nutr/Diet	1			NUTR 121: Food & Food Science	3		
APHS 170: Concepts of Cond.*	2			BIOL 186: A & P II**	4		
BIOL 185: A&P I**	4			COM 105: Oral Communication*	3		
<i>TOTAL</i>				<i>TOTAL</i>			
Fall 2023	Cr	Sem	Grade	Spring 2024- Abroad	Cr	Sem	Grade
CHEM 204: Intro to Organic**	4			Philosophy/Religion*	3		
NUTR 222: Principles of Nutrition	3			Language 3/Cross-Cultural*	3		
BUSA 120: Principles of Mgmt	3			History*	3		
Stat 269: Intro Stat*	3			Art*	3		
PSYC 101: Intro. To Psych*	3			Elective	3		
<i>TOTAL</i>				<i>TOTAL</i>			
Fall 2024	Cr	Sem	Grade	Spring 2025	Cr	Sem	Grade
NUTR 322: Life Cycle Nutr	3			NUTR 412: Medical Nutr Ther. II	3		
NUTR 411: Medical Nutr Ther. I	3			NUTR 426: Nutr Metab Res 2	3		
NUTR 425: Nutr Metab Res 1	4			Knowledge of the Bible*	3		
BIOL 265: Microbiology	4			Literature*	3		
Language 1*	3			Language 2*	3		
<i>TOTAL</i>				<i>TOTAL</i>			
Fall 2025	Cr	Sem	Grade	Spring 2026	Cr	Sem	Grade
NUTR 341: Food Service	4			NUTR 352: Community Nutrition	3		
NUTR 410 Nutr Ed & Counseling	3			NUTR 331: Adv. Food Sci. & Tech	3		
NUTR 493: Senior Seminar	1			Christian Beliefs*	3		
Ethics/WorldViews/Pluralism*	3			Elective	3		
Non Western Studies*	3			Elective	3		
<i>TOTAL</i>				<i>TOTAL</i>			

Abbreviations: Cr = credits, Sem = semester taken

*QuEST

**Students may substitute BIOL 170 and 460 for BIOL 185 and 186 and CHEM 309 and 310 for CHEM 204