**Three Year Plan of Study- Major Social Work Courses Only: (revised Fall 2022)**

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| Fall Semester | Credit | Spring Semester | Credit |
| ***First Year Fall Semester*****SOWK099 Professionalism in SOWK****SOWK120 Intro to Social Work****SOWK250 Practice w/ Individuals** **SOWK251 Field Exp. Individuals****SOWK382 Topics in Social Work**\*SOWK250/251 could be taken during second year. SOWK372 would then be moved to the third year.\*Room for two 3 credit courses | 1cr3cr3cr1cr3cr11 | ***First Year Spring Semester*****SOWK221 Human Behavior** **SOWK360 Practice w/ Families****SOWK361 Field Exp. Families****\***If student takes SOWK250/251 during the second year then SOWK360/361 would also be moved to the second year.**\***Room for three 3 credit courses | 3cr3cr1cr7 |
| ***Second Year Fall Semester*****SOWK372 Practice w/ Groups****SOWK385 Intro to Research in Social Work**\*Room for three 3 credit courses | 4cr3cr7 | ***Second Year Spring Semester*****SOWK420 Social Welfare Policies****SOAN356 Social Inequality****\***Room for three 3 credit courses | 3cr3cr6 |
| ***Third Year Fall Semester*****SOWK475 Practice w/ Communities and Organizations****SOWK476 Field Experience Communities and Organizations\*\*\*****SOWK484 Prep for Field Practice**\*Room for four 3 credit courses | 3cr1cr1cr5 | ***Third Year Spring Semester*****SOWK485 Seminar in SOWK Practice****SOWK490 Field Practice in SOWK** | 3cr12cr15 |
| ***Fourth Year Fall Semester Option*** Students could complete all of the major SOWK courses and then complete any Gen Ed or remaining required courses in the Fall after completing their senior placement. | ***Additional Courses Required by the Major***ECON 110, 117 **OR** 120 (one)- *Students trying to complete the major early often CLEP this course*HIST142 U.S. History Since 1865 - *Students trying to complete the major early often CLEP this course*STAT269 Introductory Statistics – *Students often take this course over the summer and transfer the course to Messiah*SOAN101 Introduction to Sociology-- *Students trying to complete the major early often CLEP this course*BIOL158 Human Biology & Lab – *Students often take this course over the summer and transfer the course to Messiah/ Will accept Anatomy and Physiology in place of HB.* PSYC 101 Intro to Psychology - *Students trying to complete the major early often CLEP this course* |
| \*QuEST pluralism requirement waived for social work students \*\*SOWK490 meets QuEST 3rd language requirement \*\*\*Also counts as ELI graduation requirement for service learning (SOWK476) |