

2016 Student Leadership Retreat Schedule

Theme: *Under Construction*

<u>Friday, August 19</u>	<u>Event</u>	<u>Location</u>	
9:00 am–3:00 pm	Check-in & Move into Rooms (lunch is on your own)	<i>Check with your advisor</i>	
3:00–5:00 pm	Time Set Aside to Meet with your Leadership Group	<i>Check with your advisor</i>	
5:00–6:00 pm	Dinner with your Leadership Group	<i>Lottie Nelson Dining Room</i>	
6:00–6:15 pm	Welcome & Intro Leadership Development Model (<i>Kevin Villegas</i>)	<i>Larsen Student Union</i>	
6:15–7:15 pm	Ice Breaker Activities & Group Introductions (<i>Ashley Sheaffer</i>)	↓	
7:15–7:30 pm	Break		
7:30–8:30 pm	Large Group Session: Character (<i>Stephen Gallaher</i>)		
8:30–9:15 pm	Leadership Group Breakout Time (<i>Kevin Villegas</i>)		
9:15–10:00 pm	Chillin' Together over Ice Cream		
<u>Saturday, August 20</u>			<u>Location</u>
7:00–8:15 am	Breakfast		<i>Lottie Nelson Dining Room</i>
8:30–9:45 am	Load Buses & Travel to Camp Hebron	<i>Jordan/Kline Parking Lot</i>	
9:45–10:15 am	Arrival & Move-in at Camp Hebron	<i>Various cabins</i>	
10:15–10:45 am	Greetings from SGA President & Student Leader Sharing (<i>Jake Edmunds</i>)	<i>Mountainside Haven</i>	
10:45–11:45 am	Large Group Session: Calling (panel featuring Dave Downey, Shardé Hardy, Kevin Williams; moderated by Christy Hanson)	↓	
11:45 am–12:00 pm	Announcements (<i>Doug Curry</i>)		
12:00–1:00 pm	Lunch	<i>Breezewood Lodge</i>	
1:10–2:00 pm	Breakout Session #1 (<i>various presenters</i>)	<i>Refer to info on lanyard</i>	
2:10–3:00 pm	Breakout Session #2 (<i>various presenters</i>)	<i>Refer to info on lanyard</i>	
3:00–6:00 pm	Free Time (<i>swimming, basketball, volleyball, tennis, hiking, soccer, ultimate frisbee, frisbee golf, etc.</i>)	<i>Various locations</i>	
6:00–7:00 pm	Dinner	<i>Breezewood Lodge</i>	
7:00–7:30 pm	Looking Back & Looking Forward (<i>Tim Ferret</i>)	<i>Outdoor Chapel</i>	
7:30–9:00 pm	Leadership Group Breakout Time	<i>Check with your advisor</i>	
9:00–11:00 pm	Campfire, Snacks, & Free Time (<i>pool, gym, board games, etc.</i>)	<i>Various locations</i>	
<u>Sunday, August 21</u>		<u>Location</u>	
8:00–9:00 am	Breakfast	<i>Breezewood Lodge</i>	
9:15–10:30 am	Worship (<i>College Ministries & Seven</i>)	<i>Outdoor Chapel</i>	
10:45–12:00 pm	Load buses & travel back to Messiah College		

Afternoon Breakout Sessions:

Leading from the Inside Out

Presenters: Paula Hoffman & Kerry Hoke | **Location:** White Oak Auditorium (Mountainside Haven)

Abstract: “Great leadership works through the emotions.”—Daniel Goleman

Leadership is ultimately about who we are on the inside, so it goes to reason that a wise leader takes the time to invest in the well-being of his/her soul. In addition, professional and personal success can be attributed to an individual’s ability to manage and express their emotions appropriately. Through this workshop, we will discuss the importance of emotional intelligence and soul care, effective tools to use in our spheres of influence, and how to build our own emotional awareness so that we find ourselves leading from abundance and with stamina for the task.

Learning Outcomes:

1. Student leaders will develop a more established understanding of Emotional Intelligence and the implications these have on their positions.
2. Students will be attuned to the necessity of caring for their own souls in the midst of leading others.
3. Strategies and professional development activities will be implemented to help student leaders incorporate with their areas of leadership.
4. Students will learn how leading from a healthy soul invigorates and increases the effectiveness of their leadership.

Mission Possible: Creating a Personal Mission Statement

Presenter: Shardé Hardy | **Location:** Dogwood & Willow Rooms (Mountainside Haven)

Abstract: Most organizations, from large corporations to small non-profits, have a clear mission statement to give direction to internal audience members and communicate goals to an external audience. How might your day-to-day decisions as a student and leader look differently if you too, had a mission statement guiding your life? This workshop will guide you through a step-by-step process of reflection on those actions, values and causes that inspire you in order to write a personal mission statement. Writing a personal mission statement for your life can help re-clarify your passions and can provide a focus for those difficult days of leadership you might encounter in the year ahead.

Learning Outcomes: This workshop will specifically focus on the “Calling” aspect of the Leadership Development Model. Students will gain a greater self-awareness of the values and beliefs that motivate them to take action. Because students will be walking through a step-by-step process to develop their mission statement, they will be able to articulate specific actions, values, beliefs, and groups of people/organizations they feel God calling them towards. This will ideally spark a vision for how they can use their mission statement to lead and guide their actions and decisions throughout the year and ultimately, when facing future decisions around vocation.

Thanks for the Feedback: Giving and Receiving Feedback Well in the Context of your Leadership Team

Presenters: Evie Telfer & Julie Price | **Location:** Breezewood Basement

Abstract: Feedback—how you understand it, receive it and give it can make the difference between a year of frustration, irritation and conflict or a year of significant personal growth and team productivity. Do you know how to separate coaching, evaluation and appreciation in your feedback conversations? Can you spot and correct switch tracking—when feedback givers and receivers are talking about two different problems but don't realize it? Do you know how to recruit both honest and supportive mirrors to help you identify and work on your blind spots? And what might you need to know about coaching your coach—helping your supervisor or co-worker learn how to give you feedback in a way that will be most effective for both of you? In this workshop we will explore some of the skills we all need to be more effective feedback givers and receivers, and ultimately more effective people.

Learning Outcomes: Gracious Communication, Personal Effectiveness, Healthy Relationships, Leadership

Combating “Homeless” Leadership: Natural Leadership, Calling, and Place

Presenters: Joel Johnson & Brandon Hoover | **Location:** Mountainside Haven Patio

Abstract: In more and more fields of study, human society is realizing that the best way to innovate and achieve *meaningful* progress is to learn from and work with the natural design for our world. Similar to these disciplines, leaders can learn a lot from our natural processes and history. This session will examine ways in which we can learn from the natural world and apply the forms and methods we see there to our spheres of leadership influence on campus.

Learning Outcomes: Leaders will leave this session with a better understanding of place-based leadership, how to lead in a way that understands and values the importance of native place and implements a knowledge of natural systems.

Leadership in the Life of a Group

Presenters: Wendell Witter | **Location:** Pine Lodge Pavilion

Abstract: Groups have a lifespan. Groups form, mature, and eventually end. As you practice leadership within the context of a group, it is helpful to understand various group dynamics and how they change throughout the lifespan of a group.

Learning Outcomes: This workshop will provide some basic groundwork for understanding various group dynamics including Tuckman’s stages of group development and will also provide suggestions for leadership at various stages of the life of the group.