

# **Mid-Atlantic Council on Family Relations Conference**

Friday, April 7, 2017; Hostetter Chapel, Messiah College

**1:15-2:45 pm Roundtables**

1. HOW DO I CHOOSE A GRADUATE SCHOOL? FOLLOW THE YELLOW BRICK ROAD...

Dr. Debra L. Berke, CFLE, Wilmington University & Dr. Mike Sturm, Pennsylvania State University - Brandywine.

Description:

Choosing a graduate school is a mysterious process for many students. This roundtable will cover critical steps that will enable you to select the graduate school that will be the best fit for you. Participants will leave with a road map outlining the journey to reach their destination!

2. WHAT IS A CERTIFIED FAMILY LIFE EDUCATOR AND WHY SHOULD I PURSUE THE CREDENTIAL?

Dr. Raeann R. Hamon, CFLE, Messiah College

Description:

In this roundtable, we will discuss what it means to be a Certified Family Life Educator, how one can go about securing the credential and positions for which CFLE professionals are particularly suited.

3. WHAT CAN I DO WITH THIS MAJOR? EMPLOYMENT OPTIONS IN HDFS

Dr. Jean Marie St. Clair-Christman, Pennsylvania State University - York & Dr. Bethany Willis Hepp, Towson University

Description:

Whether you are new to family science or on the verge of graduation, employment options and 'What comes next?' may be on your mind. Discussion at this roundtable will focus on various career options and future direction possibilities, including tips and tricks that you could do NOW that could help you land the job of your dreams after graduation.

4. DOMAINS FOR FAMILY PRACTICE MODEL FOR DIFFERENTIATING INVOLVEMENT IN FAMILY RELATED FIELDS

Dr. J Robert Reyes, CFLE, Messiah College

Description:

This roundtable will explore the differences between the three leading areas in family involvement. In doing so, it will consider the unique differences in the practice of family life education, family therapy and family case management. Participants will have the opportunity to explore how their own interests and gifts relate to the work in each of these professional areas.

5. IDENTIFYING YOUR TRANSFERABLE SKILLS FOR YOUR RESUME

Dr. Erin Boyd-Soisson, CFLE, Messiah College

Description:

This roundtable will help individuals identify and explore transferable skills that employers want. Participants will spend time identifying their own transferable skills and discuss college projects and experiences that helped them develop these skills.

6. “HIS” AND “HER” PERSPECTIVES IN FAMILY SCIENCE: DOES GENDER STILL MATTER IN RESEARCH AND PRACTICE?

Dr. Bahira Trask, Kenny Daughtry, & Ginny Sawyer, University of Delaware

Description:

This roundtable will address the issue of gender in Family Science. Using the lens of intersectionality the discussion will focus on the role of male family science scholars and practitioners in the field. Issues to be discussed include the roles of class and race and ethnicity, how to increase the participation of men in the field, and the impact of gendered approaches.

7. STUDENTS AND ADULTS WITH DISABILITIES: WHAT RIGHTS ARE PROTECTED?

Dr. Karen L. Doneker Mancini, Towson University

Description:

This roundtable will discuss two laws that protect the rights of individuals with disabilities. We will discuss what adults and students need to know about the transition from the Individuals with Disabilities Education Act (IDEA) that addresses K through 12 to the American’s with Disabilities Act (ADA) that protects adult students in higher education and adults in the workforce. This information is relevant to faculty, students and those working in human services.

8. KNOWING YOURSELF: THE ROLE OF SELF-AWARENESS IN HUMAN SERVICE PRACTICE

Dr. Laura Evans, Pennsylvania State Brandywine University

Description:

Self-awareness is a critical element of effective practice in human service education and professions that has implications for how we present and engage with our professional work. This requires the development of skills focused on knowing oneself. This presentation will introduce situations where self-awareness can impact academic and professional work and allow participants to begin to explore how their own self-awareness influences their learning and practice.

9. I WANT TO HELP, BUT HOW? FINDING THE RIGHT FIT IN THE MENTAL HEALTH PROFESSIONS

Dr. Katie M. Hrapczynski, LCMFT, Towson University

Description:

It is common among those who want to work as a mental health professional to be overwhelmed by all the options. Should I become a couple and family therapist, a counseling psychologist, a clinical psychologist, a school psychologist, or a social worker? Discussion in this roundtable will highlight the distinctions among these professional paths and invite participants to explore which path fits their career aspirations, values, and strengths.

10. CULTURAL COMPETENCY AND THERAPY

Dr. Ebony Okafor, PhD, LGMFT Clinical Assistant Professor Towson University

Description:

Multicultural competence is important for therapists today as we navigate through a diverse clientele. One way this can occur is through ensuring quality supervision for training therapists. This discussion will focus on addressing two objectives, first to highlight the challenges and strengths for multicultural clients today and second, to have an overarching discussion on what it means to provide culturally competent supervision.