



STALKING:

Stalking is defined as a course of conduct directed at a specific person that would cause a reasonable person to

- A) fear for his or her safety or the safety of others; or
- B) suffer substantial emotional distress

A course of conduct is considered to be two or more acts, including, but not limited to acts in which the stalker directly, indirectly, or through third parties, by any action, method, device or means, follows, monitors, observes, surveils, threatens, or communicates to or about a person, or interferes with a person's property.

ARE YOU BEING STALKED? KNOW THE SIGNS

- Receiving repeated unwanted phone calls, texts, emails, letters, gifts or other communications
- Being followed or showing up at your location without a legitimate reason
- Using technology to research, track or monitor your movements or communications
- Threats to you, your family or friends
- Damage or theft of your personal property
- Any other action that scares or manipulates you

ARE YOU BEING STALKED? ACTIONS YOU SHOULD TAKE

- DIAL 911 IF IN IMMEDIATE DANGER
- DO NOT return communication with the stalker
- REPORT the incident to the police or the Department of Safety (717-691-6005)
- Keep any messages, communications or other evidence
- Document all contacts with the stalker, direct or indirect, including date, time and description of what happened
- Reach out to people you can trust and tell them about the stalking
- Seek help if needed from Res Life, the Engle Center, the Pastoral Staff, or the Department of Safety (717-691-6005)

FOR MORE INFORMATION AND ASSISTANCE, CONTACT THE STALKING RESEARCH CENTER AT:

<http://www.victimsofcrime.org/our-programs/stalking-resource-center>

<https://www.youtube.com/watch?v=1ZBj69NtN7I>

