

Plan of Study for Graduate Program in Counseling Clinical Mental Health Counseling Track

NOTE: It should be noted that courses do fill up and sometimes the rotation of the courses in the program might change. When this happens, students will need to be flexible and work with their advisors to modify their plans to accomplish their academic goals. The course rotation is provided to help students plan and we fully intend to offer the published sections when advertised. However, just because a course is listed on the rotation at a certain time, we cannot guarantee that all students will be able to sign up for every class when it is offered.

Name: _____ Track: _____ Advisor: _____

Term Started (term/year): _____ Expected Graduation (term/year): _____

Email: _____ Phone: _____

Outstanding Tasks for Conditional Admittance to Program or check Not Applicable: N/A

- Program Orientation Tasks Completed
- Student Acknowledgement Form Signed
- Student Acknowledgment Form Submitted to Advisor in Canvas
- Academic Integrity Quiz passed (in Canvas)

Additional Program Requirements

(Note these do not include enrollment requirements for field experiences):

Completion of Comprehensive Exam (to be completed by end of program):

Planned semester: Fall Summer (CPCE only) Spring Year: _____

Registered for NCE or NCMHCE Date of exam: _____

Notified department of scheduling comprehensive exam (NCE/NCMHCE)
OR submitted CPCE scores to department.

Upon completing 30 credits, look for an email from the Graduate Counseling department about registering for an exam(s). Please read the email carefully and realize that the timeline/process for registering for comprehensive exams is generally several months long.

Conference Attendance:

Planned semester: Fall Summer Spring Year: _____

Submitted conference information to advisor for approval. **Preapproval is not necessary if the conference is on the pre-approved conference list found here:** https://www.messiah.edu/info/21282/professional_and_educational_resources/2004/conferences

Submitted proof of conference attendance in Canvas assignment on advising site

Name of Conference: _____ Date of Conference: _____

Comments/Notes/Justification for Transfer Courses/Substituted courses: If you wish to have graduate courses from another institution considered for transfer into this program please provide the syllabi or course descriptions to your advisor as soon as possible.

The following courses are required and must be entered into your proposed plan below:
(Be mindful of prerequisites when creating your plan.)

	Core Courses		CMH Track Courses
	COUN 501 Professional Issues and Ethics		COUN 507 Foundations of Clinical Mental Health Counseling
	COUN 510 Lifespan Development		COUN 523 Psychopathology and Diagnosis Across the Lifespan
	COUN 511 Multicultural Issues		COUN 524 Marriage, Couple, and Family Counseling
	COUN 520 Counseling Theories Pre-reqs: COUN 501, 507		COUN 543 Substance Abuse /Addiction and Families
	COUN 528 Career Counseling		COUN 550 Crisis, Trauma, and Grief Counseling
	COUN 532 Group Counseling Pre-reqs: COUN 501		COUN 570 Evidence Based Treatment of Psychopathology Pre-req is COUN 523 (COUN 520 and COUN 545 are recommended)
	COUN 537 Spiritual Formation		COUN 580 Clinical Mental Health Practicum Pre-reqs: COUN 501, 507, 520
	COUN 540 Counseling Techniques Pre-reqs: COUN 501, 507, 520		COUN 581 Clinical Mental Health Internship I Pre-reqs: COUN 523, 532, 540, 580, + at least 39 credits
	COUN 545 Research Design and Statistics		COUN 582 Clinical Mental Health Internship II Pre-reqs: COUN 581
	COUN 541 Assessment		

Select 1 elective course and include these in your proposed plan below (Discuss with your Advisor):

	Electives*
	COUN 514 Counseling Children and Adolescents
	COUN 539 Human Sexuality
	COUN 522 Autism Spectrum Disorders

	COUN 542 Expressive Arts in Counseling (Spring Odd Years)
	COUN 548 Anger, Ostracism, Forgiveness and Reconciliation (Spring Even Years)
	COUN 552 Trauma Counseling: Assessment and Intervention (Pre-req COUN 550) (Spring Even Years)
	*Others may be selected upon approval from your advisor

CLINICAL MENTAL HEALTH PLAN OF STUDY

List all graduate courses required for degree
 (Do not enter grade or credits until course completed. If course transferred, enter “Trans” instead of grade.)

Intensive Courses (on-campus, one week, 40 hours): Offered in January and July

Course Number	Course Name	Term (January/July)	Year	Grade	# of Credits
COUN501	Professional Issues & Ethics for Counselors				
COUN540	Counseling Techniques (Pre-reqs COUN 501, 507, 520)				

Core and Track Courses (8-week terms: Early Fall, Late Fall, Early Spring, Late Spring, Early Summer) Please place in chronological order of taken/planning to take

Course Number	Course Name (See above for pre-reqs)	Term (Early or Late)	Semester (Spring/Fall/Summer)	Year	Grade	# of Credits

Field Experiences (semesters: FALL, SPRING, SUMMER)

Course Number	Course Name	Semester (Spring/Fall/Summer)	Year	Grade	# of Credits
COUN580	CMHC Practicum (Pre-reqs COUN 501, 507, 520)				
COUN581	CMHC Internship I (Pre-reqs: COUN 523, 532, 540, 580, + at least 39 credits)				
COUN582	CMHC Internship II (Pre-req: COUN 581)				

Total Credits:

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**PLEASE PRINT/SAVE A COPY FOR YOURSELF AND UPLOAD TO CANVAS ADVISING SITE.
YOU WILL NEED THIS PLAN OF STUDY EACH TIME YOU REGISTER FOR COURSES.**

Advisor Signature

Date

I acknowledge that checking this box electronically serves the same purpose as affixing my original signature to this document.

Student Signature

Date

I acknowledge that checking this box electronically serves the same purpose as affixing my original signature to this document.