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| ULOs | CWEO | Objective | Measure | Target (Overall level for satisfactory performance.) | Data collection schedule |
| **2. Breadth and depth of knowledge** Develop knowledge common to the liberal arts and sciences in the fields of arts, humanities, natural sciences, and social sciences. Students will also develop specialized nowledge and disciplinary expertise | **4.1 Breadth and depth of knowledge:** Understanding the foundational content and philosophical assumptions of one’s specialized area of study | The student will demonstrate the ability to correctly identify the anatomical and physiological responses to acute and chronic exercise. | HPED 322 Comprehensive Final Exam | 80% of APHS majors score 75% or higher | Every spring |
| 2 | 4.1 | The student will demonstrate the ability to correctly explain the important role of exercise in disease prevention. | APHS 215 Class Presentation | 80% of APHS majors will score a 3 or higher (out of 4) on the rubric. | Every odd fall (F2013) |
| 2 | 4.1 | The student will be able to describe sound nutritional concepts and safe weight management techniques | APHS 412 written exam | 80% of APHS majors score 80% or higher | Every even spring (S2014) |
| 2 | 4.1 | The student will demonstrate the ability to critically analyze human movement patterns | HPED 321 Biomechanical analysis & practical application | 80% of APHS majors score 80% or higher | Every fall |
| **4.2 Specialized scholarship.** Become proficient in the scholarship of their discipline and demonstrate specialized skills needed to pursue a career and/or graduate school | **4.2 Scholarship:** Engaging in scholarship in one’s specialized area of study | The student will be able to accurately interpret and synthesize current research literature utilizing APA style guide, with correct grammar and writing mechanics. | APHS 412 research article reviews | 80% of APHS majors will score an 8 or higher (out of 10) on the rubric. | Every even spring (S2014) |
| **4.3 Specialized skills** Become proficient in the scholarship of their discipline and demonstrate specialized skills needed to pursue a career and/or graduate school | **4.3 Specialized skills:** Developing proficiency in one’s specialized area of study sufficient to pursue a career and/or continue education at the graduate level | The student will be able to correctly identify needs and prescribe safe and effective exercise programs for normal and special populations. | APHS 412 service project client and/or supervisor feedback form | 90% of those completing the evaluation form mark ‘Strongly Agree’ or ‘Agree’ on questions related to this | Every odd spring (S2015) |
| 4.3 | 4.3 | The student will be able to accurately collect and interpret physiological data in a laboratory setting. | APHS 322 Laboratory Full Reports | 80% of APHS majors will average a 40 or higher (out of 50 on the rubric) on the 2 long lab reports. | Every odd fall (F2015) |
| **5. Self-Awareness** Gain awareness of identity, character, and vocational calling | **4.4 Intrapersonal Awareness:** Gaining an awareness of options for employment, voluntary service, and/or graduate education in one’s specialized area of study | The student will be able to identify employment, certification, voluntary service, and/or graduate education options available in the health and exercise science field. | APHS 412 Imbrication Paper | 80% of APHS majors will score a 4 or higher (out of 5) on the rubric. | Every even spring (S2014) |
| **3. Faith knowledge & application** Develop informed and mature convictions about Christian faith and practice | **4.5 Faith knowledge & application:** Articulating how faith connects to one’s specialized area of study and to potential career options in that area of study | The student will identify and describe significant ways their Christian faith relates to the health and exercise science area of study, and explain how they will apply their understanding of Christian vocation in the future. | APHS 412 Imbrication Paper | 80% of APHS majors will score a 4 or higher (out of 5) on the rubric | Every even spring (S2014) |