



**MESSIAH COLLEGE**

ENGLE CENTER FOR COUNSELING AND HEALTH SERVICES

**717.796.5357**



# OUR COMPREHENSIVE APPROACH FOR STUDENT SUPPORT

## Call or stop by the Engle Center

to schedule your initial consultation. At this first appointment you will consult with a counselor to create a care plan to meet your goals. Your plan might include one or more of the following:

### Other Campus Options

- Academic Coaching
- Career & Professional Development Center
- College Ministries
- Disability Services Office
- Fitness Center Classes
- Intercultural Office
- Wellness Seminars

### Engle Center Options

- Individual Counseling
- One session/one solution
- Referral to Health Services
- Skills building and support groups

- Local Counselors
- Local Psychiatry
- Specialized Treatment

### Off-Campus Options

#### Individual Counseling Fees:

- Initial consultation, no charge
- Sessions 2 - 5, no charge
- Sessions 6 - 10, \$10 each
- Sessions 11 - 15, \$20 each
- Sessions 16+, \$25 each
- No show fee, \$20

*Taking good care of your physical health and your emotional wellbeing is a vital component of helping you to make the most of your time at college. Engle Center professionals are available to provide the support you need!*

[englecenter@messiah.edu](mailto:englecenter@messiah.edu)  
[www.messiah.edu/englecenter](http://www.messiah.edu/englecenter)