

**HOME HEALTH CARE PROVIDER (PHYSICIAN, THERAPIST, COUNSELOR)
RECOMMENDATION FOR STUDENT SEEKING TO RETURN FROM MEDICAL
LEAVE
MESSIAH COLLEGE**

GUIDELINES FOR DOCUMENTATION OF TREATMENT

(To student:) It is recommended that you seek treatment with a licensed professional promptly after beginning your leave and complete the recommended course of treatment so that you can receive the maximum benefit from your medical leave. When you are ready to request to return, you must arrange for a written report to be sent to the Director of the Counseling and Health Services from a licensed clinician.*

The report needs to be comprehensive in following the guidelines below, because the purpose of the report is for the Engle Center to be able to make an accurate assessment of your ability to return successfully to the rigors of full-time academic work and participation in a residential college community. For the College to complete its assessment of your ability to return, you must grant consent to the College's counseling and health care professionals to speak with and receive other information from your treatment professionals. Submission of the report does not guarantee permission to return.

In addition to this report, you may also provide relevant supplementary information from any other health care provider who has played a role in your treatment.

Prior to your return as a full-time student, you must meet with a professional staff member in the Engle Center (in person or by phone, to be decided by the Director of Counseling and Health Services). Please arrange to have written reports arrive at the College at least one week prior to that contact.

Please share the following guidelines with your mental health treatment professional(s) during your first session. These guidelines will assist this professional in preparing a report that meets the College's standards. If you misplace this copy, the Engle Center will be happy to send another one to you and/or your clinician.

Once we receive the report, and have completed our assessment, we will make a decision about your request to return.

Please note that a telephone call or brief letter simply indicating that you have received treatment will not suffice.

To be completed by treating professional:

Name of Student _____ Anticipated Date of Return to School _____

Treating Provider: _____ Credentials: _____

Address: _____ Telephone: _____

_____ Fax: _____

1. Summary of treatment
 - a. Why student sought treatment
 - b. Type of treatment
 - c. Number of sessions
 - d. Medications, consultations with other professionals, and adjunct treatments
 - e. Compliance with treatment
2. Diagnosis/diagnostic impression.
3. Report of psychological testing or other non-interview evaluations, if performed.
4. Response to treatment including detailed description of resolution of difficulties that led to the Medical Leave from the College.

5. Evaluation of ability to function in a demanding residential college environment academically and socially.

6. Recommendations for continued treatment and/or accommodations (e.g. medication, reduced course load, ongoing therapy, residential living arrangements, change of major, etc.).

7. Will you be continuing to play a role in the student's care?

Report can be faxed to Messiah College Engle Center for Counseling and Health Services, attention: Ellie Addleman, M.S., NCC, LPC 717.796.5372. You may mail reports to the address at the bottom of this page.

Ellie Addleman, M.S., NCC, LPC
Director
Engle Center
Messiah College
One College Avenue Suite 3028
Mechanicsburg, PA 17055

* In some circumstances, a student may need to consult with both the Counseling Center and the Health Center to return from medical leave.