

HOW TO: enrich your life

Isabella Segui '20, a biology with a secondary teaching certification major, has learned the secret to gaining perspective and enriching one's life: Talking to people unlike you. "I have come to treasure talking to people who are different from me, including people who aren't in my age group. I think I cultivated this skill from spending as much time with extended family as possible, from great-grandparents to second cousins. Family is a great place to practice how to best interact with others, regardless of age.

"I would challenge my fellow college students to get coffee with their professors and residence director. They have so much to share, but their students miss out if they don't express interest. We can learn something from anyone, because everyone has a different perspective on life and a different story. The more we start to branch out of our age group, the wiser we will be."



CINDY AGONCILLO '08

HOW TO: solve a Sudoku puzzle

1						8	2
6			4				
	9		7	1			
3		7				4	
	2				8	3	9
		9		7	1		6
		4	2	9		5	6
9				3			7
7	3		8		5		1

Communication major Jennifer Myers '22 first learned Sudoku in second grade and has a tried-and-true method to the madness of solving the numbers puzzle.

TIP #1: Start by glancing at different sections quickly. Since there can be only one of each number 1-9 in every row, column and box, there are always a few obvious spaces where a particular number must go.

TIP #2: Focus on one number at a time, determining all of its possible locations in each area of the puzzle.

TIP #3: Mark the possibilities with little numbers in the corners of the boxes in pencil. Writing them in pen is a pretty big commitment.

TIP #4: Use your best guesses to narrow down possibilities until all the boxes are filled.

TIP #5: If you're stuck, ask a friend for help or put the puzzle down for a bit. Fresh eyes can spot answers more easily.

TRY IT OUT! Place the numbers 1 to 9 in the empty squares so that each row, each column and each 3 x 3 box contains the same number only once.



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