

Jennifer Good
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Licensure:

Licensed to practice psychology in the state of Pennsylvania. License no.: PS017254

Education:

PsyD, Clinical Psychology, July 2011

Philadelphia College of Osteopathic Medicine
American Psychological Association- approved program

Dissertation Title: Integration of Spirituality and Cognitive-Behavioral Therapy for the Treatment of Depression

Proposal Defense: Completed on May 20th, 2009

Oral Defense: Completed on May 20th, 2010 - passed without revisions

The purpose of the study was to examine the relationship between spirituality and cognitive-behavioral therapy. The goal was the creation of an integrated approach to address depressive symptomatology by combining spirituality and cognitive-behavioral therapy. A case study was used to analyze the effects of a spiritually informed cognitive-behavioral approach and its effects on depression. A manualized treatment approach referenced the works of cognitive-behavioral therapists, spiritually-oriented treatment, and other areas that combined cognitive-behavioral techniques with spiritual components. Measures of depression, religiosity, therapeutic alliance, treatment adherence, and cognitive distortions throughout the case study were used to establish a baseline and assess treatment progress.

Dissertation Chair: Brad Rosenfield, PsyD

MS, Clinical Psychology, January 2009

Philadelphia College of Osteopathic Medicine

MS, Applied Psychology, Counseling Psychology track, May 2006

University of Baltimore, Baltimore, MD

BA, Psychology, December 2003

Bridgewater College of Virginia, Bridgewater, VA

Professional Affiliations:

Member of American Psychological Association
Member of Pennsylvania Psychological Association

Teaching Experience:

August 2017-Present

**Assistant Professor of Psychology
Brandman University
Online Campus**

Teaching various courses in the online modality including Human Growth and Development, Ethics, Child and Adolescent Treatment, Transitions to Work and Career, Capstone, Spirituality in Mental Health, and Multicultural Counseling. Participate in Psychology curriculum team meetings. Member of several subcommittees. Course Manager for several undergraduate and graduate classes. Provide student mentoring, adjunct mentoring and fulltime faculty mentoring opportunities. Continuing to create an online learning community through discussion boards, using Blackboard management system and Adobe Connect for synchronous classes.

Associate Dean: Isa Ribadu

January 2019-Present

**Adjunct Faculty
Messiah College
Grantham, PA**

Teaching various courses in the online modality including Research Methods, Counseling Theories, Evidenced Based Practices, Crisis, Trauma and Grief and Family Therapy. Created an online community for students by facilitating discussions, providing live chat opportunities using Zoom, and presenting supplemental course materials. Facilitated learning utilizing multiple methods of teaching to capture different learning styles and ensure student achievement of key course competencies. Instructed courses online using Canvas as the primary Learning Management System. Reviewed course participation and assignments.

Director: Heather Barto, PhD

August 2016-August 2017

**Senior Lecturer
Messiah College
Grantham, PA**

Taught various courses in the online modality including Human Growth and Development, Family Therapy, Counseling Theories, Crisis, Trauma and Grief Counseling, Evidence-Based Treatment, Marriage, Couples and Family Internship I and II, and Clinical Mental Health Internship I. Participated in biweekly departmental meetings. Created an online community for students by facilitating discussions, providing live chat opportunities using Adobe Connect, and presenting supplemental course materials. Facilitated learning utilizing multiple methods of teaching to capture different learning styles and ensure student achievement of key course competencies. Instructed courses online using Canvas as the primary Learning Management System. Regularly met with students outside of class hours to provide additional support and guidance. Reviewed course participation and assignments. Assisted with CACREP revisions and updates as needed.

Director: Heather Barto, PhD

August 2010-August 2017

Adjunct Faculty Member

**McDaniel College
Westminster, MD**

Taught 4 different classes for the Master's degree Counseling program at McDaniel College. Classes included Abnormal Psychology, Family Therapy, Legal and Ethical Issues in Counseling, Counseling Theories and Techniques and Human Growth and Development. Completed the Best Practices for Online Learning class during the fall of 2011. Taught and developed the following classes in an online format: Abnormal Psychology, Legal and Ethical Issues in Counseling, Family Therapy, and Human Growth and Development throughout the Lifespan. Created an online community for students by facilitating discussions, and presenting supplemental course materials. Facilitated learning utilizing multiple methods of teaching to capture different learning styles and ensure student achievement of key course competencies. Instructed courses online using Blackboard as the primary Learning Management System. Regularly met with students outside of class hours to provide additional support and guidance. Reviewed and graded course participation and assignments. Designed course materials to include PowerPoint presentations, syllabus, examinations, and assignments. Delivered lectures and facilitated student learning utilizing multiple methods of teaching to capture different learning styles and ensure student achievement of key course competencies.

Coordinators: Simeon Schlossberg, PhD

March 2015-July 2016

**Adjunct Faculty Member
Messiah College
Grantham, PA**

Taught various courses in the online modality including Human Growth and Development, Family Therapy, Counseling Theories, Assessment Techniques, Clinical Mental Health Practicum supervision, Clinical Mental Health Internship supervision, and Marriage, Couples and Family Internship supervision. Assisted students with various issues related to their practicum/internship sites and provided individual and group supervision throughout the practicum and internship experience. Created an online community for students by facilitating discussions, providing live chat opportunities using Adobe Connect, and presenting supplemental course materials. Facilitated learning utilizing multiple methods of teaching to capture different learning styles and ensure student achievement of key course competencies. Instructed courses online using Canvas as the primary Learning Management System. Regularly met with students outside of class hours to provide additional support and guidance. Reviewed course participation and assignments.

Director: Heather Barto, PhD

Clinical Experience:

January 2019-Present

**Clinical Psychologist
Behavioral Healthcare Consultants
York, Pa**

Providing individual therapy and neuropsychological assessments to the older population. Therapeutic issues include depression, anxiety, trauma, marital difficulties and life transitions. Neuropsychological assessments are primarily centered around dementia evaluations.

Supervisor: Dan Aikins

September 2012-January 2019

**Clinical Psychologist
MedOptions
Harrisburg, Pa**

Provided individual therapy and brief neuropsychological evaluations to the geriatric population at skilled nursing facilities. Provided behavioral interventions for staff and complete decisional capacity evaluations as needed. Consultative services with prescribing physician, nursing staff and administration. Therapeutic issues included depression, adjustment/transition difficulties, anxiety, grief, trauma, loss, familial issues, dementia, behavioral disturbances and spiritual concerns.

Postdoctoral Residency

August 2011-September 2012

**Postdoctoral Resident
Philhaven Hospital
Mount Gretna, Pa**

Provided group therapy to chronically mentally ill patients in a partial day hospital program. Therapeutic issues included schizophrenia, major depressive disorder, bipolar disorder, substance abuse, parent-child relational problems, eating disorders, familial relationship problems, financial concerns, issues associated with identity, eating disordered behaviors, sexual abuse and adjustment problems. Facilitated 2-3 groups per day. Groups were psychoeducational and process-oriented. Provided individual, couples and family therapy for approximately 10 clients a week. Interacted with various health care insurances for continued stay review and discharge planning. Participated in weekly clinical supervision and team development meetings.

Predoctoral Internship

August 2010-August 2011

**Predoctoral Intern
Philhaven Hospital
Mount Gretna, PA**

Worked on several different units during my internship experience. Provided individual and family therapy to adolescent individuals and children on the inpatient unit. Therapeutic issues included major depressive disorder, conduct disorder, attention deficit/hyperactivity disorder, bipolar disorder, reactive attachment disorder, substance abuse, trauma, as well as abuse history. Participated in weekly treatment

team meetings. Interacted with various managed care companies, children and youth, and other outside agencies for case management and consultation purposes. Provided psychologist assessment services (diagnostic and neuropsychological services) to the adult inpatient unit, outpatient services, and the extended acute unit. Provided group therapy to chronically mentally ill patients in a partial day hospital program. Therapeutic issues included schizophrenia, major depressive disorder, bipolar disorder, substance abuse, parent-child relational problems, issues associated with identity, eating disordered behaviors, sexual abuse and adjustment problems. Provided services to approximately ten clients in a group setting on a weekly basis. Participated in weekly clinical supervision and team development meetings. Assisted with the Green Pasture program by providing group therapy, individual, family and couples therapy to the Plain community. Coordinated and planned monthly family education meetings for the Plain community.

Doctoral Practica

June 2009–August 2010

**Practicum Student
True North (previously Adams Hanover)
Hanover, PA**

Provided group therapy to chronically mentally ill patients in a partial day hospital program. Therapeutic issues included schizophrenia, major depressive disorder, bipolar disorder, substance abuse, parent-child relational problems, issues associated with identity, eating disordered behaviors, sexual abuse and adjustment problems. Provided services to approximately fifteen clients in a group setting on a weekly basis. Participated in weekly clinical supervision and team development meetings.

September 2008–May 2009

**Practicum Student
Messiah College
Grantham, PA**

Provided individual therapy to college students. Therapeutic issues included major depressive disorder, bipolar disorder, substance abuse, parent-child relational problems, issues associated with identity, eating disordered behaviors, sexual abuse and adjustment problems. Provided services to approximately nine clients on a weekly basis. Worked closely with the health services department to coordinate care. Participated in weekly clinical supervision and professional seminar development.

Master's Level Clinical Experience

September 2010-December 2010

**True North (previously Adams Hanover)
MT/BSC Clinician
Hanover, PA**

Provided individual and family therapy to children in the home and school environment. Participated in treatment meetings, concurrent reviews and discharge planning as required. Therapeutic issues included depression, anxiety, difficulties with attention, pervasive developmental disorders, attachment problems and abuse history. Participated in supervision as required. Interacted with managed care companies to provide quality of care.

Supervisor: James Ernest

September 2007–August 2010

**Psychotherapist
Hoffman Homes for Youth
Littlestown, PA/ Adams Co.**

Provided individual, group and family therapy to adolescent girls aged 13 to 17 years. Assisted in running a spirituality and discharge group with a co-therapist. Therapeutic issues included major depressive disorder, conduct disorder, attention deficit/hyperactivity disorder, bipolar disorder, reactive attachment disorder, substance abuse, as well as abuse history and personality disorders. Provided services to thirteen or more clients on a weekly basis. Participated in biweekly clinical supervision and didactic trainings. Interacted with various managed care companies, the Lincoln Intermediate school system, children and youth, juvenile probation services, public welfare and other outside agencies for case management and consultation purposes.

Supervisor: Holly Saporito, LSW

January 2007-September 2007

**Outpatient Therapist/ School-Based
Pennsylvania Counseling Services
Gettysburg, PA/ Cumberland Co**

Provided individual and group counseling to a wide variety of clients. Therapeutic issues included major depressive disorder, conduct disorder, attention deficit/hyperactivity disorder, bipolar disorder, reactive attachment disorder, autistic spectrum disorders, substance abuse, as well as abuse history and personality disorders. Provided services to forty or more clients (children, adolescents and adults) on a weekly basis. Participated in weekly clinical supervision and didactic trainings on substance abuse treatment. Interacted with various managed care companies, school systems, children and youth, juvenile probation services, public welfare and other outside agencies for case management and consultation purposes.

Supervisor: Caryn Bennett, MS

June 2006-January 2007

**Master's Level Family Based Therapist
Pennsylvania Counseling Services
Carlisle, PA 17013**

Provided individual and family counseling to a wide variety of clients, with an emphasis on systemic involvement and family support. Therapeutic issues included major depressive disorder, conduct disorder, attention deficit/hyperactivity disorder, autistic spectrum disorders, bipolar disorder, reactive attachment disorder, as well as abuse history and personality disorders. Provided services to approximately eight families on a weekly basis, as well as individual sessions in the community with the children. Participated in weekly clinical supervision and group supervision sessions, case consultations, didactic and clinical trainings. Interacted with various managed care companies, school systems, children and youth, juvenile probation services, public welfare and other outside agencies for case management and consultation purposes.

Supervisor: Kristi Parthemore, MS
Clinical Consultant: Brian Andrews, PhD

October 2005 –June 2006

**Rehabilitation Specialist
Care Connections
Odenton, MD**

Provided in home individual counseling and case management to a wide variety of clients, with an emphasis on maintenance of skills and relapse prevention. Also worked in a methadone clinic to perform intake assessments and bring in more clientele with dual diagnoses. Therapeutic issues included major depressive disorder, bipolar disorder, drug and alcohol abuse, personality disorders and abuse history. Provided services to approximately 12 clients on a weekly basis. Participated in weekly staff meetings, training sessions, case consultation, and supervision sessions. Interacted with other mental health agencies, social security, medical assistance and other agencies for case management and client advocacy purposes.

Supervisor: Howard Eisenberg, PhD

February 2004-October 2005

**Residential Program Coordinator
The Arc of Carroll County
Westminster, MD**

Provided case management services to 15 clients living in a residential home placement. Supervised five homes and two apartments. Clients ranged in age from 18 to 91. The diagnoses of these individuals included mental retardation, autistic spectrum disorder, mood disorders and anxiety disorders. One responsibility of my position entailed on call duty for the FISS program that served children, adolescents and adults with mental retardation and autistic spectrum disorders. Responsibilities included maintenance of the homes, monthly paperwork (progress notes, fire drills, menus), home site inspections, annual evaluations of staff members, behavioral modification plan adherence and tracking, and keeping communication lines open among all parties. Therapeutic issues surrounded the behavioral problems of adults with mental retardation, Down syndrome, major depressive disorder, bipolar disorder and autism spectrum. Participated in weekly staff meetings, training sessions, case consultations, supervision sessions, and annual interagency individual treatment plan meetings and monthly staff meetings. Interacted with other agencies to coordinate care for clients.

Presentations

Good, J.J. (2017, April). Trauma-Focused Supervision. Site Supervisor Luncheon Training at Messiah College

Good, J.J. (2011, August). Empowering Your Loved One on the Journey of Recovery. Presentation at Philhaven, Green Pastures: Mt. Gretna, PA.

Good, J.J. (2011, July). Dos and Don'ts in Helping Your Family. Presentation at Philhaven, Green Pastures: Mt. Gretna, PA.

Good, J.J. (2011, June). Problem Solving Skills for Families. Presentation at Philhaven, Green Pastures: Mt. Gretna, PA.

Good, J.J. (2011, May). PTSD and its Impact on the Family. Presentation at Philhaven, Green Pastures: Mt. Gretna, PA.

Good, J.J. (2011, April). Skills for Managing Stress Effectively as a Family. Presentation at Philhaven, Green Pastures: Mt. Gretna, PA.

Good, J.J. (2011, March). Schizophrenia and its Impact on the Family. Presentation at Philhaven, Green Pastures: Mt. Gretna, PA.

Good, J.J. (2011, January). Bipolar Disorder and its Impact on the Family. Presentation at Philhaven, Green Pastures: Mt. Gretna, PA.

Good, J.J. (2009, March). Emotional Health and Awareness. Presentation at Messiah College's Wellness Day.

Publications

Good, Jennifer J., "Integration of Spirituality and Cognitive-behavioral Therapy for the Treatment of Depression " (2010). PCOM Psychology Dissertations. 55.

References:

Professional

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