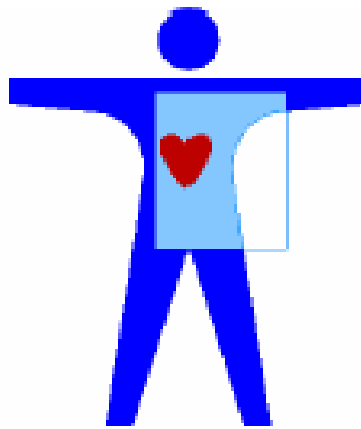


MESSIAH COLLEGE
Department of Safety

2007
Health & Safety Training



AMERICAN RED CROSS
FIRST AID/CPR/AED

Information Booklet

FIRST AID - CPR/AED

General Info

The **Health & Safety** class instructors are staff members with the Messiah College Department of Safety who are certified as instructors through the American Red Cross.

Classes and materials are **free** of charge for faculty, staff, and students. However, there is a **\$25** fee for employee spouses, other family members, or alumni and friends of the college community. Payment is due at the beginning of each class. Please make checks payable to **MESSIAH COLLEGE**.

The Department of Safety can customize any of these classes to fit your department or group schedule, including evenings and/or weekends.

Pre-registration is required for all classes.

For **additional information** or to **register** for a class,
contact Norman “Skip” Benson
Email: nbenson@messiah.edu
Phone: Ext. 5082 or 717-796-5082

Course Instruction Levels:

Beginner Level - Class instruction provides a detailed overview of course materials, and allows significant time for hands-on skill proficiency.

Refresher Level - Class instruction provides a quick overview of course materials, and allows time for hands-on skill review.

FIRST AID - CPR/AED

Class Descriptions

Beginner Level:

Adult CPR * Maximum **8 participants**

Course Length: 2 hours

Description: Gives individuals the knowledge and skills necessary to recognize and provide basic care for breathing and cardiac emergencies until advanced medical personnel arrive and take over patient care.

Certification: Adult CPR - valid for one year.

Adult CPR with AED * Maximum **6 participants**

Course Length: 2.5 hours

Description: Gives individuals the knowledge and skills necessary to recognize and provide basic care for breathing emergencies, perform cardiopulmonary resuscitation (CPR), and use an Automated External Defibrillator (AED) for victims of sudden cardiac arrest.

Certification: Adult CPR/AED - valid for one year.

First Aid * Maximum **10 participants**

Course Length: 2 hours

Description: Gives individuals the knowledge and skills necessary to provide basic first aid care for injuries and sudden illnesses until advanced medical personnel arrive and take over patient care.

Certification: First Aid - valid for three years.

Infant & Child CPR * Maximum **8 participants**

Course Length: 2 hours

Description: Gives individuals the knowledge and skills necessary to prevent, recognize, and provide basic care for breathing and cardiac emergencies in infants and children until advanced medical personnel arrive and take over patient care.

Certification: Infant & Child CPR - valid for one year.

CPR/AED for the Professional Rescuer * Maximum **6 participants**

Course Length: 3.5 hours

Description: Teach those with a duty to act the skills needed to respond appropriately to breathing and cardiac emergencies. This includes the use of an automated external defibrillator (AED) to care for a victim of cardiac arrest.

Certification: CPR/AED for the Professional Rescuer - valid for one year.

FIRST AID - CPR/AED

Class Descriptions

Refresher Level:

Adult CPR * Maximum **8 participants**

Course Length: 1 hour

Description: Gives individuals the knowledge and skills necessary to recognize and provide basic care for breathing and cardiac emergencies until advanced medical personnel arrive and take over patient care.

Certification: Adult CPR - valid for one year.

Adult CPR with AED * Maximum **6 participants**

Course Length: 1.5 hours

Description: Gives individuals the knowledge and skills necessary to recognize and provide basic care for breathing emergencies, perform cardiopulmonary resuscitation (CPR), and use an Automated External Defibrillator (AED) for victims of sudden cardiac arrest.

Certification: Adult CPR/AED - valid for one year.

Adult, Infant & Child CPR * Maximum **6 participants**

Course Length: 1.5 hours

Description: Gives individuals in the workplace the knowledge and skills necessary to prevent, recognize, and provide basic care for breathing and cardiac emergencies in adults, infants and children until advanced medical personnel arrive and take over.

Certification: Adult, Infant & Child CPR - valid for one year.

First Aid * Maximum **10 participants**

Course Length: 1 hour

Description: Gives individuals the knowledge and skills necessary to provide basic first aid care for injuries and sudden illnesses until advanced medical personnel arrive and take over patient care.

Certification: First Aid - valid for three years.

Infant & Child CPR * Maximum **8 participants**

Course Length: 1 hour

Description: Gives individuals in the workplace the knowledge and skills necessary to prevent, recognize, and provide basic care for breathing and cardiac emergencies in infants and children until advanced medical personnel arrive and take over patient care.

Certification: Infant & Child CPR - valid for one year.

CPR/AED for the Professional Rescuer * Maximum **6 participants**

Course Length: 1.5 hours

Description: Teach those with a duty to act the skills needed to respond appropriately to breathing and cardiac emergencies. This includes the use of an automated external defibrillator (AED) to care for a victim of cardiac arrest.

Certification: CPR/AED for the Professional Rescuer - valid for one year.