



After rewriting and reorganizing the Shaken Baby Syndrome (SBS) Trainers Guide and doing more research I developed this document. It is a portion of the text that will be included in a website that Triscari is in the midst of creating for the Prevention Program. It includes common misunderstandings about Shaken Baby Syndrome, True/False questions with explanations with the answers, three "What Would You Do?" scenarios and questions, and several helpful links on Shaken Baby Syndrome.

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Shaken Baby Syndrome
WEBSITE ENHANCEMENT PACKAGE:
"Dispelling the Myths" - "Test Your Knowledge" - "What Would You Do?"

Dispelling the Myths

Shaken Baby Syndrome is NOT caused by*:

- Vaccines or immunizations (such as the CTP vaccination)
- The baby 'catching' SBS like a virus, it is not contagious
- The baby falling to the floor from a bed, chair, or sofa
- Intense infant crying
- The baby/toddler falling down the stairs
- Holding the baby close while gently moving around (i.e. dancing)
- Throwing the baby gently in the air while playing
- The baby sitting in a certified infant-backpack made to go on an adults shoulders, in front or back of the adult, while the adults moves with regular motions
- The baby riding in a certified child seat in the car while driving along a bumpy road
- Calmly tickling the infant or toddler
- Gentle 'rough housing' with the baby

*NOTE: If any of these activities are taken to an extreme, to where the baby's body is being forced in to whiplash movements, then the risk of SBS can be introduced.

Test Your Knowledge

T/F Questions:

1. Shaken Baby Syndrome is only caused by a predator who wants to abuse the child.
False – Anyone who loses their control when very angry and may direct their anger at the crying child is a potential "predator."
2. Sadly, it is possible for Shaken Baby Syndrome to be caused by the one who loves the child the most, their parent.
True – About 75% of the cases of Shaken Baby Syndrome are caused by a parent or parent-figure (such as a boyfriend of the mother of the child or a stepfather).
3. Shaken Baby Syndrome can be caused on a child by anyone who loses their temper and loses their self control.
True – Anyone is susceptible to losing control in a highly stressful