

Health and Human Performance Database Guide

DATABASE	STRENGTHS/WEAKNESSES OF DATABASE	SPECIAL FEATURES & LIMITS RESEARCH ARTICLES, LITERATURE REVIEWS
<p>*SPORTDiscus with Fulltext Indexing, 1975-</p>	<p><u>Strengths:</u></p> <ul style="list-style-type: none"> • Indexes 2000+ journals; 400 are fulltext • best overall sports-related index <p><u>Weaknesses:</u></p> <ul style="list-style-type: none"> • <i>some</i> journal indexing is slow to appear 	<ul style="list-style-type: none"> • Limit to English language (bottom of screen) • May limit to journal articles (publication type) • Research studies: choose from these <i>keywords</i>: “this study,” “randomized, trial, “comparative study,” “prospective study” • Literature reviews: type literature review. Some of the results will be actual literature reviews. • Tip: Do not add “athlete,” etc. to search (in SpDis only)
<p>*Medline with Fulltext Indexing, 1965-</p>	<p><u>Strengths:</u></p> <ul style="list-style-type: none"> • Indexes more medical journals than any other (3500+); 1200 are fulltext <p><u>Weaknesses:</u></p> <ul style="list-style-type: none"> • <i>Very</i> large database; can be difficult to narrow topic – see tips to the right 	<ul style="list-style-type: none"> • Limit to English language and Humans! • Research studies: limit to Publication type: comparative study, randomized controlled trial OR keyword search: “this study” • Literature reviews: limit to Publication type: review • May limit by: age group • Click on MeSH subject headings for terms. <ul style="list-style-type: none"> -Select the heading, check “<u>Major concept</u>” box to make it the <u>main focus of the article</u> - Click Search Database button (at top of screen)
<p>PubMed http://pubmed.gov</p>	<p><u>Strengths:</u></p> <ul style="list-style-type: none"> • Contains same indexing as Medline; available free; good “related article” feature 	<ul style="list-style-type: none"> • Related articles link: When you have located a good article, click on “Related Articles” to the right of that citation • Access journal articles: In record, check for full-text logo button on right. Otherwise, check Periodicals list on library homepage.
<p>*CINAHL Indexing, 1982-</p>	<p><u>Strengths:</u></p> <ul style="list-style-type: none"> • Includes “allied health” journals: athletic training, rehabilitation, physical therapy, nutrition & dietetics, etc. • Indexes 1,835 journals; 70+ are fulltext <p><u>Weaknesses:</u></p> <p>Some articles don’t have abstracts; limits keyword searching</p>	<ul style="list-style-type: none"> • Limit to English language • Research studies: limit to Publication type: case study, clinical trial, protocol, questionnaire/scale, research OR keyword search “this study” • Literature review: limit to Publication type: review • NOTE: Checking the “Research” box will limit to research studies, but also includes literature reviews • Use CINAHL Headings for terms. Follow directions for MeSH headings under Medline above.

***EBSCOhost Databases:** Any combination of EBSCOhost databases can be searched together. Click on blue “Choose Databases” link, select databases to search and click “OK” button.

Database Searching Tips for HHP Students

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Do we have this journal?

If the article you want is not available in the database you are using, go to the Library Homepage and click on Periodicals List. You will be able to tell if the article is available in another database or if the library has a paper copy.

Interlibrary Loan

If the library does not have the article(s) you need, request one or more via interlibrary loan. See the Interlibrary Loan link on the library website. Use ILLiad—once you've logged on once, you won't have to retype your contact information for the rest of your time at Messiah! **NOTE: Allow 1 week!** *However*, articles often come in a day or two.

Personal Assistance

Many of the databases listed are complex and all have their individual quirks. If you have difficulty locating appropriate articles, please contact me for assistance sooner rather than later. I enjoy helping students research; you will not be imposing!