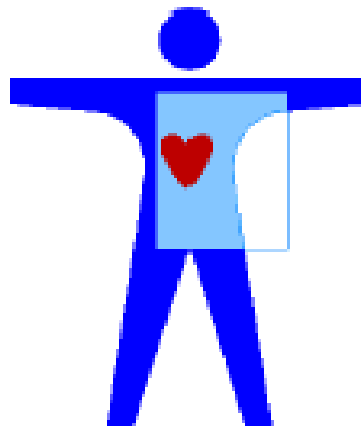


MESSIAH COLLEGE
Department of Safety

2009

Health & Safety Training



AMERICAN RED CROSS
FIRST AID/CPR/AED

Information Booklet

FIRST AID - CPR/AED

General Info

The **Health & Safety** class instructors are staff members with the Messiah College Department of Safety who are certified as instructors through the American Red Cross.

* Classes and materials are offered **free** of charge for faculty, staff, and currently enrolled students.

* Employee spouses, other family members, or alumni and friends of the college community are welcome to attend any of the classes. However, there is a **fee** charged for each class. Please call or email for current course fees. Payment is due at the beginning of each class. Make checks payable to **MESSIAH COLLEGE**.

The Department of Safety can customize any of these classes to fit your department or group schedule, including conducting evening or weekend classes.

Pre-registration is required for all classes.

To register on-line for a class:

Faculty & Staff

Visit MCSquare employee tab and view Employee Training channel
Dept. of Safety Training course listing.

Students

Visit MCSquare student tab and view Student Training/Workshops channel
Dept. of Safety Training course listing.

To register for a class (Alumni, Community Participant's, Others):

Email or phone - Skip Benson
Email: nbenson@messiah.edu
Phone: Ext. 5082 or 717-796-5082

Course Instruction Levels:

Beginner Level - Class instruction provides a detailed overview of course materials, and allows significant time for hands-on skill proficiency. This level of training is geared towards persons who have not been previously certified, or those who were previously certified and prefer a more detailed opportunity to refresh their skills.

Refresher Level - Class instruction provides a quick overview of course materials, and allows ample time for hands-on skill review. This level of recertification training is geared towards persons who are currently certified, or those who have been certified within the past three years whose certification has since expired.

FIRST AID - CPR/AED

Class Descriptions

Beginner Level:

Adult CPR * Maximum **10 participants**

Course Length: 2.5 hours

Description: Gives individuals the knowledge and skills necessary to recognize and provide basic care for breathing and cardiac emergencies until advanced medical personnel arrive and take over patient care.

Certification: Adult CPR - valid for one year.

Adult CPR with AED * Maximum **6 participants**

Course Length: 3.5 hours

Description: Gives individuals the knowledge and skills necessary to recognize and provide basic care for breathing emergencies, perform cardiopulmonary resuscitation (CPR), and use an Automated External Defibrillator (AED) for victims of sudden cardiac arrest.

Certification: Adult CPR/AED - valid for one year.

Adult, Infant & Child CPR * Maximum **8 participants**

Course Length: 3.5 hours

Description: Gives individuals in the workplace the knowledge and skills necessary to prevent, recognize, and provide basic care for breathing and cardiac emergencies in adults, infants and children until advanced medical personnel arrive and take over.

Certification: Adult, Infant & Child CPR - valid for one year.

CPR/AED for the Professional Rescuer * Maximum **6 participants**

Course Length: 4.5 hours

Description: Teach those with a duty to act the skills needed to respond appropriately to breathing and cardiac emergencies. This includes the use of an automated external defibrillator (AED) to care for a victim of cardiac arrest.

Certification: CPR/AED for the Professional Rescuer - valid for two years. (Lifeguards one year!)

Infant & Child CPR * Maximum **8 participants**

Course Length: 2.5 hours

Description: Gives individuals the knowledge and skills necessary to prevent, recognize, and provide basic care for breathing and cardiac emergencies in infants and children until advanced medical personnel arrive and take over patient care.

Certification: Infant & Child CPR - valid for one year.

Standard First Aid * Maximum **18 participants**

Course Length: 2.5 hours

Description: Gives individuals the knowledge and skills necessary to provide basic first aid care for injuries and sudden illnesses until advanced medical personnel arrive and take over patient care.

Certification: First Aid - valid for three years.

FIRST AID - CPR/AED

Class Descriptions

Refresher Level:

Adult CPR * Maximum **10 participants**

Course Length: 1.5 hours

Description: Gives individuals the knowledge and skills necessary to recognize and provide basic care for breathing and cardiac emergencies until advanced medical personnel arrive and take over patient care.

Certification: Adult CPR - valid for one year.

Adult CPR with AED * Maximum **6 participants**

Course Length: 2 hours

Description: Gives individuals the knowledge and skills necessary to recognize and provide basic care for breathing emergencies, perform cardiopulmonary resuscitation (CPR), and use an Automated External Defibrillator (AED) for victims of sudden cardiac arrest.

Certification: Adult CPR/AED - valid for one year.

Adult, Infant & Child CPR * Maximum **8 participants**

Course Length: 2 hours

Description: Gives individuals in the workplace the knowledge and skills necessary to prevent, recognize, and provide basic care for breathing and cardiac emergencies in adults, infants and children until advanced medical personnel arrive and take over.

Certification: Adult, Infant & Child CPR - valid for one year.

CPR/AED for the Professional Rescuer * Maximum **6 participants**

Course Length: 2 hours

Description: Teach those with a duty to act the skills needed to respond appropriately to breathing and cardiac emergencies. This includes the use of an automated external defibrillator (AED) to care for a victim of cardiac arrest.

Certification: CPR/AED for the Professional Rescuer - valid for two years. (Lifeguards one year!)

Infant & Child CPR * Maximum **8 participants**

Course Length: 1.5 hours

Description: Gives individuals in the workplace the knowledge and skills necessary to prevent, recognize, and provide basic care for breathing and cardiac emergencies in infants and children until advanced medical personnel arrive and take over patient care.

Certification: Infant & Child CPR - valid for one year.

Standard First Aid * Maximum **18 participants**

Course Length: 1.5 hours

Description: Gives individuals the knowledge and skills necessary to provide basic first aid care for injuries and sudden illnesses until advanced medical personnel arrive and take over patient care.

Certification: First Aid - valid for three years.