

**REC. SPORTS
TEAM REGISTRATION FORM**

Sport: _____ **Team Name:** _____

Captain: _____ **Phone Ext:** _____ **Campus Mailbox:** _____

Cell Phone: _____ **Email:** _____@messiah.edu

TEAM ROSTER

First and Last Name	ID number	Year of Graduation
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____
9. _____	_____	_____
10. _____	_____	_____
11. _____	_____	_____
12. _____	_____	_____

Roster Limit:
Volleyball, Flag Football,
Floor Hockey, Soccer,
Softball, Frisbee= 12

5v5 Basketball =10
3v3 Basketball = 5

captain or a representative present at the Captains' Meeting!

2. EACH team participant must completely fill out the "Assumption of Risk and Liability Release" form prior to playing any Rec Sport. Signed waiver forms should be attached to this registration form using a paperclip or staple when submitted. Participants only need to sign ONE waiver form per academic year.

3. SUBMIT TO: Heather Greer, Larsen Student Union, Rm 201 OR place them in the slot labeled "Completed Forms" on the Rec Sports bulletin board directly across from the Rec Sports office.

SPORT	DAYS	TIMES			
Outdoor Volleyball	Mon.-Fri.	4:15-5:00	5:00-5:45	5:45-6:30	6:30 – 7:15
7v7 Soccer	Mon.-Thurs.	7:40-8:15	8:25-9:00	9:10-10:00	
3v3 Basketball	Mon.-Thurs.	7:45-8:30	8:30-9:15	9:15-10:00	10:00-10:45
Flag Football	Mon.-Fri.	4:15-5:00	5:00-5:45		
Floor Hockey	Mon.-Thurs.	7:15-8:00	8:00-8:45	8:45-9:30	9:30-10:15
5v5 Basketball	Mon.-Thurs.	7:45-8:30	8:30-9:15	9:15-10:00	10:00-10:45
Volleyball	Mon.-Thurs.	7:45-8:30	8:30-9:15	9:15-10:00	10:00-10:45
Indoor Soccer	Mon.- Thurs.	7:45-8:30	8:30-9:15	9:15-10:00	10:00-10:45
Softball	Mon.- Fri.	4:15-5:00	5:45-6:30	6:30-7:15	
Ult. Frisbee	Mon. – Fri.	4:15-5:00	5:45-6:30	6:30-7:15	

Comments Regarding When You Cannot Play: _____

Captain's Signature: _____ By signing this form, I acknowledge that all of the above information is correct and that I understand my duties as a team captain. I recognize that I am responsible for my team's eligibility and conduct, and I pledge to adhere to all Rec-Sports policies and procedures.