

Who Can Participate?

Only full-time and part-time students are eligible for leagues. However, in open tournaments faculty, staff, alumni and their spouses are welcome to join.

Current intercollegiate athletes are not eligible to participate in their respective sport or any related sport.

How To Register a Team

1. As a team captain, one can obtain a roster sheet/entry form online or from the wall file on the Rec-Sports bulletin board (outside of the office).
2. Complete the form and place it into the appropriate wall file by the registration deadline. Registration deadlines are posted online, and on the bulletin board.

Team Captain Responsibilities

1. Determine eligibility of team members.
2. Return completed roster form by the registration deadline.
3. Ensure that all team members understand the league's rules.
4. Encourage good sportsmanship among one's team.
5. Act as a liaison between the team and the officials, as well as between the team and the Rec-Sports Director.
6. Monitor the Rec-Sports bulletin board and check for announcements.
7. Inform team members of game times, locations, etc.

WORK FOR REC- SPORTS!

Rec-Sports is currently looking for **officials** for the following sports:

- Soccer
- Basketball
- Football
- Floor Hockey

Official Qualifications:

- Sufficient sport knowledge
- Excellent communication skills.
- Ability to confront peers
- High quality work ethic

Interested?

Contact Cody Powis, the
Officials Coordinator, at
cp1244@messiah.edu.

Messiah College

Rec-Sports

2010-2011



Providing students with the opportunity to participate in a variety of competitive, recreational sports within a safe environment.



Tentative League Schedule

SPORT	ROSTER LIMIT
September	
Men's & Women's 7v7 Soccer	12
Men's & Women's 3v3 Basketball	5
Co-Ed Outdoor Volleyball	12
October	
Men's & Women's Flag Football	12
Men's & Women's Floor Hockey	10
January	
Co-Ed Racquetball	1
February	
Men's & Women's 5v5 Basketball	10
Men's & Women's Volleyball	12
March	
Men's & Women's 5v5 Indoor Soccer	12
Men's & Women's Softball	12
April	
Co-Ed Ultimate Frisbee	12



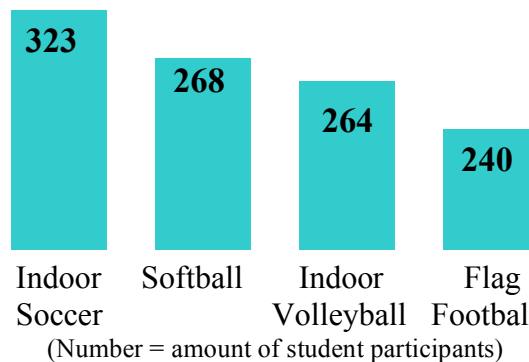
Tentative Tournament Schedule

SPORT
September
The Messiah Open Tennis Tournament
- Men's and Women's Singles
- Men's and Women's Doubles
- Mixed Doubles
November
Co-ed Dodge ball
January
Co-ed Ping Pong

MCRS By The Numbers

Last year over 1,000 students participated in Rec-Sports!

Which leagues attracts the most students?



For More Information...



Visit the "Messiah College Rec Sports" Facebook page

for league information and registration deadlines.

Explore the Rec Sports website!

Just search 'Rec Sports' on messiah.edu.



For remaining questions or comments please contact:

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