

Messiah University Nutrition and Dietetics Major Course Planning – Graduation 5/2029 (Rev. 2/2025)

Sophomore Spring Semester Abroad

123 credits are required for graduation

Name: _____

Fall 2025	Cr	Sem	Grade	Spring 2026	Cr	Sem	Grade
IDFY 101/102H: First Year Sem.*	3			ENGL 110/110H: Written Communication	3		
CHEM 105: Gen Chem I	4			CHEM 106: Gen Chem II	4		
NUTR 102: Intro to Nutr/Diet	1			NUTR 121: Food & Food Science	3		
APHS 170: Concepts of Holistic Wellness	2			COMM 105: Oral Communication*	3		
BIOL 185: A&P I**	4			BIOL 186: A & P II**	4		
<i>TOTAL</i>				<i>TOTAL</i>			
Fall 2026	Cr	Sem	Grade	Spring 2027	Cr	Sem	Grade
STAT 269: Introductory Statistics*	3			Philosophy or Religion*	3		
CHEM 204: Organic Chem for the Life Sciences**	4			Elective	3		
NUTR 222: Principles of Nutrition	3			Intercultural Perspectives- Global or Language 3*	3		
BUSA 120: Principles of Mgmt	3			Literature or Art*	3		
PSYC 101: Intro. To Psych*	3			History*	3		
<i>TOTAL</i>				<i>TOTAL</i>			
Fall 2027	Cr	Sem	Grade	Spring 2028	Cr	Sem	Grade
NUTR 322: Nutr through Life Cycle	3			NUTR 352: Community Nutrition	3		
NUTR 341: Food Service	4			NUTR 331: Adv. Food Sci. & Tech	3		
BIOL 265: Microbiology	4			Christian Beliefs*	3		
Intercultural Perspectives - US *	3			Bible*	3		
Language 1*	3			Language 2*	3		
<i>TOTAL</i>				<i>TOTAL</i>			
Fall 2028	Cr	Sem	Grade	Spring 2029	Cr	Sem	Grade
NUTR 425: Nutr Metab Res 1	4			NUTR 426: Nutr Metab Res 2	3		
NUTR 411: Medical Nutr Ther. I	3			NUTR 412: Medical Nutr Ther. II	3		
NUTR 410: Nutr Ed & Counseling	3			Elective	3		
NUTR 493: Senior Seminar	1			Elective	3		
Ethics & the Common Good*	3			Elective	3		
<i>TOTAL</i>				<i>TOTAL</i>			

*General Education

**Students may substitute BIOL 170 and 460 for BIOL 185 and 186 and CHEM 309 and 310 for CHEM 204

Abbreviations: CR= credits, Sem = semester taken