

Gluten-Free Daily Options

...check NetNutrition for featured gluten-free station availability

SUMMER - CYCLE 2

MONDAY

Scrambled Eggs
Eggs with Cheese
Sausage, Hash Browns
Toast, Fruit
Select Cereals
Yogurt & Select Toppings

TUESDAY

Scrambled Eggs
Bacon
Baby Cake Potatoes
Warm Applesauce
Toast, Fruit
Select Cereals
Yogurt & Select Toppings

WEDNESDAY

Scrambled Eggs
Chicken Sausage
Tater Stix
Chia Pudding
Granola/Toasted Coconut
Toast, Fruit
Select Cereals
Yogurt & Select Toppings

THURSDAY

Scrambled Eggs
Sausage Links
Hot Cereal
Strawberry Butter
Toast, Fruit
Select Cereals
Yogurt & Select Toppings

FRIDAY

Scrambled Eggs
Bacon
Lyonnais Potatoes
Oatmeal
Toast, Fruit
Select Cereals
Yogurt & Select Toppings

SATURDAY

Scrambled Eggs
Turkey Bacon
Potatoes
Hot Cereal
Toast, Fruit
Select Cereals
Yogurt & Select Toppings

SUNDAY

Scrambled Eggs
Sausage Links
Tater Tots
Oatmeal
Warm Applesauce
Toast, Fruit
Select Cereals
Yogurt & Select Toppings

BREAKFAST

LUNCH

Burger Patty, Tilapia, Pad Thai
Basmati Rice
Asian Vegetables
French Fries, Cheese Sauce
Sliced Cheese, Pickles
Lettuce, Tomato
GF Rolls (Dietary refrigerator)
BYO Deli, BYO Salad, Fresh Fruit
GF Pizza upon request

Garlic Parm Wings
Pacific Grain Rice
Roasted Cauliflower
Hard Taco Shells, Taco Meat
Arroz Mexican Rice
Refried Beans
Cheese Sauce, Cheese Blend
Guacamole, Salsa, Sour Cream
Tuscan Sausage & Bean Soup
BYO Deli, BYO Salad, Fresh Fruit
GF Pizza upon request

Marinara
Broccoli & Mushrooms
Onions/Peppers
Carrots
French Fries
Ranch, Smoky BBQ Sauce
Apple Slices
Tomato Basil Bisque
BYO Deli, BYO Salad, Fresh Fruit
GF Pizza upon request

Mashed Potatoes, Broccoli, Corn
Cheddar Cheese, Rice, Scallions
Edamame Succotash
Peas & Carrots
Broccoli & Cauliflower
Sweet Chili Sauce
Strawberry Soup
Yogurt, Coconut
Chocolate Chips, Granola
BYO Deli, BYO Salad, Fresh Fruit
GF Pizza upon request

Pulled Pork BBQ
Honey Glazed Carrots
Chicken Rice Soup
GF Rolls (Dietary refrigerator)
BYO Deli, BYO Salad, Fresh Fruit
GF Pizza upon request

Beef Sliders, Bacon Bits
Shrimp, Chicken, Eggs
Cheese Sauce, French Fries
California Blend Veg
Tomato, Pickles, Lettuce, Onion
Cheddar, Avocado
Ranch, Blue Cheese
Red Wine Vinaigrette
Bistro Sauce
BYO Deli, BYO Salad, Fresh Fruit
GF Pizza upon request

Honey Glazed Ham
Pineapple Rice
Fresh Cut Veg, Tater Tots
Baked Potatoes, Scallions
Cheese Sauce, Bacon Bits
Jalapeno, Cheddar Cheese
Sour Cream, Butter
BYO Deli, BYO Salad, Fresh Fruit
GF Pizza upon request

DINNER

Roasted Pork Loin
Honey Balsamic Chicken
Fresh Veg Sauté, Peas
Shoestring Fries, Applesauce
Chilled Tropical Fruit Soup
Vanilla Yogurt, Coconut
Banana Chips, Pineapple
BYO Deli, BYO Salad, Fruit
GF Pizza upon request

Chicken Stir-Fry, Grilled Chicken
Asian Glazed Shrimp, Rice
Stir-Fry Veg, Mediterranean Veg
Asparagus & White Cheddar Soup
Bacon, Potato Stix
White Cheddar, Sour Cream
Marinara Sauce, Parmesan
GF Pasta upon request
BYO Deli, BYO Salad, Fruit
GF Pizza upon request

BBQ Brisket, Jerk Chicken
Herb Roasted Potatoes
Carrots & Asparagus
Spinach Artichoke Dip
Ranch Chicken, Avocado Sauce
GF Rolls upon request
Corn & Peppers
Lettuce, Banana Peppers, Ranch
Sliced Cheese Ranch Slaw
Chicken & Rice Soup, Scallions
BYO Deli, BYO Salad, Fruit
GF Pizza upon request

Hot Honey Chicken, Flank Steak
Burger Patty, Veg Burger
GF Rolls upon request
Grilled Portobello Mushrooms
Baked Sweet Potatoes
Roasted Cauliflower
French Onion Dip, Potato Chips
Tomatoes, Lettuce, Cheese
Pickles, Garlic Aioli, BBQ Sauce
Summer Corn Soup, Sour Cream
BYO Deli, BYO Salad, Fruit
GF Pizza upon request

Grilled Chicken
Lemon Pepper Tilapia
Remoulade Sauce
Baked Potato Wedges
BBQ Baked Beans
Steamed Broccoli
BYO Deli, BYO Salad, Fruit
GF Pizza upon request

Mesquite Chicken
Bahama Blend Vegetables
Hots Dogs, Fiesta Dogs
GF Rolls upon request
French Fries, Quinoa Salad
Sauerkraut, Chili
Cheese Sauce
Relish, Onions
Shredded Cheese
BYO Deli, BYO Salad, Fruit
GF Pizza upon request

Caprese Chicken, Shrimp, Beef
Spanish Rice, Lettuce
Fresh Salsa
Guacamole, Sour Cream
Sautéed Vegetables
Caprese Salad, Cheddar Jack
Corn & Bean Salsa
BYO Deli, BYO Salad, Fruit
GF Pizza upon request