Resources for Issues Related to COVID-19

Below are resources intended to assist you during the COVID-19 pandemic.

**Human Resources Webpage**

The Messiah College Human Resources site provides access to useful information related to COVID-19.

https://www.messiah.edu/hrc

**Information from other sources.**

**Families First Coronavirus Relief Act**

The Families First Coronavirus Relief Act ensures that workers are not forced to choose between their paychecks and the public health measures needed to combat the virus while at the same time reimbursing businesses. This link provides access to information related the act.

https://www.dol.gov/agencies/whd/pandemic

**Highmark BlueShield**

Highmark BlueShield has provided useful tips related to COVID-19.

https://www.brainshark.com/hmk/vu?pi=zHlzONVn4zQhWsz0
https://www.brainshark.com/hmk/vu?pi=zu2zorgd6zQhWsz0

**Virtual Medicine**

Highmark Blue Shield provides members access to the Virtual Medicine Benefit. You can see a doctor 24/7 using your computer, tablet or smartphone for non-emergency care for things such as sinus infections, bronchitis, flu, conjunctivitis, etc. This link provides access to Amwell’s website:

www.amwell.com

**Employee Counseling Resources**

**Engle Center:** Should Messiah employees desire mental health services during the COVID-19 pandemic and cannot access them through their own covered networks and resources, they can contact the Engle Center at 717-796-5357-or Englecenter@messiah.edu for follow up.

**Employee Connect:** This benefit is available to all benefit eligible employees. Employee Connect provides 4 free face-to-face counseling sessions per family member.

To access Employee Connect, go to www.GuidanceResources.com or call 888-628-4824.

Username: LFG support
Password: LFG support1
**Private Counseling:** Your Highmark Blue Shield plan also provides access to counseling under your insurance benefits. You can call the Highmark mental health information line at 1-800-628-0816 for information on participating providers.

PPO/HRA: If you are on the PPO/HRA, there is a $40 co-pay at a specialist.

HDHP: If you are on the high deductible plan and have not met your deductible, you will be responsible for the cost of the office visit. If you have met your deductible, the office visit at a participating provider is covered under your plan.