What to do if you are a COVID close contact at Messiah University

If you are notified by someone in the Messiah University community that you were a close contact for COVID-19, you should respond by doing the following:

- **Monitor for and report symptoms of COVID-19.**
  - Omicron symptoms are presenting initially as scratchy throat, sneezing, congestion and cough—but other COVID symptoms can initially resemble allergies or a cold.
  - If you become symptomatic, **stay home** and follow the process for reporting symptoms for students and employees in Messiah’s *“Spring 2022 Campus COVID-19 Protocols”* found on FalconLink.

- **Wear a KN95 in all indoor spaces for at least 10 days from the date of your last exposure to the positive individual.**
  - **For residential students**, this includes wearing a mask in your residence hall except for when you are in your own room.
  - **For employees**, this includes wearing a mask in all workspaces except for when you are alone in your own office/workspace.
  - **Limit indoor dining experiences.** i.e., Get take-out and distance yourself from others, eat outside or in your room/apartment whenever possible.
  - **During this time frame it is expected that you will not participate in activities where you cannot be masked.** *It is your responsibility to report your close-contact status to your roommate, supervisor, off-campus internship, music director, community partner, coach, etc.*