**Two Year Plan of Study- Major Social Work Courses Only: (revised Fall 2022)**

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| Fall Semester | Credit | Spring Semester | Credit |
| ***First Year Fall Semester***  **SOWK099 Professionalism in SOWK**  **SOWK120 Intro to Social Work**  **SOWK250 SW Practice w/ Individuals**  **SOWK251 Field Exp. Individuals**  **SOWK382 Topics in Social Work**  \*Room for two 3 credit courses | 1cr  3cr  3cr  1cr  3cr  11 | ***First Year Spring Semester***  **SOWK221 Human Behavior**  **SOWK360 Practice w/ Families**  **SOWK361 Field Exp. Families**  **SOWK420 Social Welfare Policies**  **SOAN356 Social Inequality**  **\***Room for one 3 credit course | 3cr  3cr  1cr  3cr  3cr  13 |
| ***Second Year Fall Semester***  **SOWK372 Practice w/ Groups**  **SOWK385 Intro. to Research in Social Work**  **SOWK475 Practice w/ Communities and Organizations**  **SOWK476 Field Experience Communities and Organizations\*\*\***  **SOWK484 Prep. for Field Practice**  \*Room for two 3 credit courses | 4cr  3cr  3cr  1cr  1cr  12 | ***Second Year Spring Semester***  **SOWK485 Seminar in SOWK Practice**  **SOWK490 Field Practice in SOWK** | 3cr  12cr  15 |
| ***Third Year Fall Semester Option***  Students could complete all of the major SOWK courses and then complete any Gen Ed or remaining required courses in the Fall after completing their senior placement. | | ***Additional Courses Required by the Major***  ECON 110, 117 **OR** 120 (one)- *Students trying to complete the major early often CLEP this course*  HIST142 U.S. History Since 1865 - *Students trying to complete the major early often CLEP this course*  STAT269 Introductory Statistics – *Students often take this course over the summer and transfer the course to Messiah*  SOAN101 Introduction to Sociology-- *Students trying to complete the major early often CLEP this course*  BIOL258 Human Biology – *Students often take this course over the summer and transfer the course to Messiah/ Will accept Anatomy and Physiology in place of HB.*  PSYC 101 Intro to Psychology - *Students trying to complete the major early often CLEP this course* | |
| \*QuEST pluralism requirement waived for social work students  \*\*SOWK490 meets QuEST 3rd language requirement  \*\*\*Also counts as ELI graduation requirement for service learning (SOWK476) | |