



MEALS for HOME – SUMMER

MONDAY

- Roast Pork w/ Peach Glaze
- Mashed Sweet Potatoes
- Grilled Asparagus
- Garden Salad
- Chef's Choice Dessert

TUESDAY

- Grilled Bratwurst
- Redskin Ranch Potatoes
- Broccoli & Cauliflower
- Garden Salad
- Chef's Choice Dessert

WEDNESDAY

- Beef & Broccoli
- Brown Rice
- Edamame Succotash
- Garden Salad
- Chef's Choice Dessert

THURSDAY

- Chicken Parmesan
- Garlic Parmesan Fettuccini
- Roasted Vegetables
- Garden Salad
- Chef's Choice Dessert

Please be sure to visit Messiah.edu/menu for our NetNutrition Guide!

Disposable plates, plasticware and napkins available for \$1.50 plus tax.
Dinner for 2 – \$25.97 | Dinner for 4 – \$49.56 | Menu subject to change.
For more information, visit the Dining Services Meals for Home web page.

