



MEALS FOR HOME

MONDAY

APPLEWOOD HAM accompanied with Pepper Jack Mac & Cheese,
Steamed Broccoli, Garden Salad and Baker's Choice Dessert



TUESDAY

BBQ ROTISSERIE CHICKEN accompanied with Scalloped Potatoes,
Roasted Vegetables, Garden Salad and Baker's Choice Dessert



WEDNESDAY

CHICKEN PARMESAN accompanied with Ravioli Primavera, Skillet
Corn, Garlic Flat Bread, Garden Salad and Baker's Choice Dessert



THURSDAY

BRUSCHETTA CHICKEN accompanied with Rice Pilaf,
Vegetable Sauté, Garden Salad and Baker's Choice Dessert



FRIDAY

SALMON w/LEMON GARLIC BUTTER SAUCE accompanied with
Asparagus, Creamy Polenta, Garden Salad and Baker's Choice Dessert



Please be sure to visit Messiah.edu/menu for our NetNutrition Guide!



Disposable plates, plasticware and napkins available for \$1.50
Salad dressing and condiments are not included.
For more information, visit the Dining Services Meals for Home web page.

Menu Subject to Change

