



MESSIAH
UNIVERSITY

DIVISION OF
STUDENT SUCCESS AND
ENGAGEMENT

ANNUAL
REPORT

2021-2022







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A MESSAGE *from the* VICE PROVOST *for* STUDENT SUCCESS *and* ENGAGEMENT



I am pleased to present the 2021-2022 annual report for the Division of Student Success and Engagement at Messiah University in Mechanicsburg, PA.

One of the many things I appreciate about Messiah University is our holistic approach to student learning. The recognition and value placed on students being educated beyond the classroom – in residences, on athletic fields, during service projects, etc. – is evidenced in our distinctive Community of Educators model and our commitment to University Learning Outcomes.

The Division of Student Success and Engagement is comprised of several departments. These include the Academic Success Office, Agape Center for Local and Global Engagement, Athletics, Athletic Training, the Career and Professional Development Center, Campus Ministries, the Engle Center for Counseling and Health Services, Wellness & Recreation, Residence Life, Student Engagement, and Student Success.

Our division, in partnership with others, seeks to advance the mission of Messiah University by nurturing holistic development. This occurs through helping students make meaningful connections through educational experiences, intentional Christian community, mentoring, and high-quality services that prepare them for Christ-like lives marked by compassion and resilience. The mission is also demonstrated through Messiah University's six Student Success and Engagement Learning Outcomes as well as standards developed by the Council of the Advancement of Standards in Higher Education (CAS). This annual report will highlight a variety of the educational programs designed and delivered this year to promote growth and learning along with evidence of student learning demonstrated with each outcome. The report also includes demographic data as demonstrated by our established dashboards for each department.

I am grateful for the flexibility, creativity, and resilience of the student success and engagement professionals as they continue to be dedicated and committed to students' maturity of intellect, character, and Christian faith for lives of service, leadership, and reconciliation in our students.

Kris Hansen-Kieffer

Kris Hansen-Kieffer
Vice Provost for Student Success and Engagement

DEPARTMENT LISTING



Academic Success

Messiah.edu/academicaccessibility |     

Agapé Center for Local and Global Engagement

messiah.edu/agape |    

Athletics

gomessiah.com |     

Career and Professional Development Center

messiah.edu/career |     

Campus Ministries

messiah.edu/ministries | 

Engle Center for Counseling and Health Services

messiah.edu/englecenter | 

Experiential Learning & Leadership Development

Messiah.edu/ELI

Living in community

messiah.edu/livingincommunity

Residence Life

messiah.edu/residencelife | 

Student Engagement

Messiah.edu/studentengagement | 

Student Success

Messiah.edu/studentsuccess

Wellness & Recreation

Messiah.edu/wellnessandrecreation |   

DIG DEEP | Outcome 1

It is important students develop the ability to adapt to changing situations, make complex decisions, solve problems and realistically evaluate their own actions and the actions of others.

Messiah University students will...

- ♦ Think critically
- ♦ Reflect thoughtfully
- ♦ Reason effectively
- ♦ Maintain intellectual flexibility

Experience	# of students
 Internships/Practica	291
 Leadership	76
 Service Learning	102
 Off-Campus Programs	200
 Research	63
TOTALS	732 total experiences

At Messiah University, we proudly deliver high quality experiential learning in many forms, merging the curricular and co-curricular experience for students. **The Experiential Learning Initiative (ELI)** requires our students to participate in at least one ELI experience during their time at Messiah, providing every undergraduate student the opportunity to cultivate greater connection to and application of their learning to various life contexts. As a result, students will learn the practice of tangibly articulating the impact of experiential learning on their personal and professional development.

Local Outreach

The food pantry at Salvation Army serves community members who meet financial criteria to receive food donations monthly. Agape Center student volunteers assist with walking through the pantry with community members, helping navigate the food options available to them. The process brings dignity and support to members of the Harrisburg community who require assistance, both physically and economically. Students will start to understand and articulate systemic injustices that impacts individuals.

“This experience was fulfilling to know that the place I served with was making a large impact in the community by not only providing essential supplies but also items that made life easier for these individuals who already have a busy schedule...I have met with people who are struggling with many of their own battles, but they still show up with a smile on their face and are thankful for the program.”

--Junior, Erica King



Professional Skills

Students volunteered at Messiah's VITA site as an ELI experience, where they prepared taxes for individuals in the community, an opportunity that allowed students to make a connection between their academics and their impact in the community.

"It was such an incredible opportunity not only to apply what I was learning in the classroom but also to give back to the community. It helped me build professional skills and self-confidence! This experience was the first time that I realized the impact I could make in the world as an accounting major."
--Jess Davis, '21 / Accounting



Nursing Boot Camp

The mission of the Office for Academic Success is to help students commit to their intellectual and personal growth through maximizing their learning opportunities, resulting in graduation and future success. Services offered to students include academic coaching, peer tutoring, arranging effective ADA accommodation for any student who qualifies, and collaborative learning through Supplemental Instruction (SI).



Supplemental Instruction (SI) targets "high risk courses" rather than "high risk students," where SI leaders plan interactive review sessions. This year, three SI students created a Nursing Bootcamp where they met with sophomore students who were embarking on their first nursing classes. At these sessions they discussed how to manage information overload, how to effectively take notes and study, and shared tips and habits that each of them found helpful.

Res Hall Guest Educators

Each year, Resident Hall Advisors work together to invite an educator to their floor to speak to the students about a topic. This year a variety of topics were presented through this program including discussions about self-worth, privilege, worship, Christ and majors, marginality, and men's mental health. Residents at Harbor House invited professors over to share their testimonies.

"[The professors] shared stories about how they have come to know the Lord and the key moments that have shaped their faith. They also gave advice to students that related to our own faith journeys and some of the struggles we go through on a regular basis. Many professors shared about relationships that have impacted them in positive and negative ways...by being vulnerable, a greater sense of connection and community resulted as we all laughed and cried together while listening to our professors' stories."

BE ROOTED | Outcome 2

Ultimately, students cannot fully embrace others until they have attained a level of self-understanding and a sense of who God created them to be.

Messiah University students will...

- Demonstrate a mature sense of personal attributes such as identity, self-esteem, confidence and integrity
- Mature in their relationship with God in regard to spiritual practices, reconciliation, servant leadership and embracing life as worship

Group Exercise Breakout Chapel

At Messiah University students develop a matured faith and Gospel fluency with specific attention placed on the connection between mind, body, and soul and how this relates to us being image-bearers of God. This year, students could join our Campus Wellness and Recreation team at a non-traditional breakout chapel in the group exercise room. Each chapel section spent time experiencing wellness practices for each of these distinct yet connected areas as students learned how to apply coping skills of mindfulness, Christian spirituality, and movement to moments of anxiety in their own life.

One participant said, "I loved the space we had to really disconnect from the 'outside' world and all that was going on. The different techniques we learned how to do on breathing prayers, and tension/relaxation motions...were all major takeaways for me. They are practical ways to calm my body, while focusing on letting Jesus come into my mind, and stress and lies be released."



Career Coaching

The Messiah University Career and Professional Development Center (CPDC) educates, equips, and empowers students, guided by Christian values, to make intentional career decisions through programs, services, and opportunities for connection and experience. This year 1,920 career coaching appointments were completed resulting in 98% of these students agreeing or strongly agreeing that they gained information and/or resources to help them accomplish their goals because of their appointment. Of these students, 98% would also recommend the CPDC to a friend.



"Thank you so much for all your help reading and revising my resumes and cover letters as I applied to internships these past couple months. I am happy to report I was accepted at two programs and have chosen to attend the Virginia Institute of Marine Science's Research Experience for Undergraduates!" --Eli Whitehead-Zimmers

"...I think my interview went very well...and I am so glad I looked more into their values, as they were happy to see I had thought about and could articulate what those values meant to me. That was honestly the entire subject of the first part of the interview.... Thank you so much, I couldn't have done it without your advice and knowledge base." --John Khamis

Jubilee Conference

The Jubilee Conference was designed to help students connect, worship God with their lives, and celebrate and understand how their area of study might provide a tangible opportunity to join God's redemptive work in the world. The event was originally scheduled to occur in Pittsburgh, PA, but when it shifted to a virtual experience, our Campus Ministries team hosted a live stream experience of the same here on campus, also collaborating with COO campus ministers from three other local colleges. More than 70 Messiah and other students enjoyed the virtual event.



"The idea of God being in the redemption process is incredibly motivating. It shows me that there is no one too far gone in life from God's loving care. It shows me that God wants to use even dark, wrong choices we make in this world for His glory. It shows me that God loves no matter what. I too want the heart of God to love others no matter what." --David, class of 2025



"I learned about integrating my faith in my studies in a deeper level than I have before by committing each of my assignments to God. I hope this will create a habit of putting God first in all that I do." --Jennifer, class of 2024

BE CULTIVATED | Outcome 3

It is important students be prepared to live, learn, lead and serve in an increasingly multicultural and global society. In doing so, students must learn to appreciate other voices, places and experiences.

Messiah University students will...

- ♦ Seek diverse communities and understand their value for the common good
- ♦ Embrace a willingness to reconcile with God and others
- ♦ Welcome diverse perspectives

Cultural Intelligence and Humility

Messiah University offers opportunities to expand a student's own worldview through experiences where students can build relationships with culturally diverse people. These experiences are essential for students to identify, engage, and celebrate cultural and societal differences while also recognizing their unconscious biases.

Through the Agape Center for Local and Global Engagement, 18 different service opportunities were

offered last year, representing 10 different local non-profit organizations where 123 different students participated in service at least once. Four different service trips were offered that included 26 students and 4 educators.

Paxton Ministries provides housing and community for adults who experience homelessness, mental illness, and intellectual disabilities. When Messiah students participate in service with Paxton, they facilitate different activities every week to provide companionship and fun for the residents. This engages residents and relieves activity staff that work with residents daily. Many of these residents are people with whom Messiah students might not have significant interactions.

"I would wholeheartedly recommend Paxton to anyone with a heart for people. I specifically love the population at Paxton because everyone has their own narrative and reason for being there. I find myself in such unconditional interactions at Paxton like no other. There is no feeling of judgement because you're there fulfilling each other's basic need for attention and companionship. I love that Paxton has a Messiah origin and continues to thrive with Christian values. It is such a good reminder of caring for our neighbors, even the ones disenfranchised by society." --Junior, Michelle Phan

If a student plans to study off-campus for a semester, Messiah also offers a required pre-requisite called Exploration of Off-Campus Studies. One student expressed on his final exam: "Having cultural humility means accepting that I don't know the foreign culture completely... while having cultural intelligence is simply the knowledge of the country in which I'm going."

Another EXPRO10 student stated: "As I become more educated, I see more of how other people from other cultures live compared to mine. It makes me realize my own privilege and how through that I can be grateful. These differences do not mean that we are worth more or {worth} less, but both loved equally by God...."



Diversity Committee and Barriers to Learning & Living

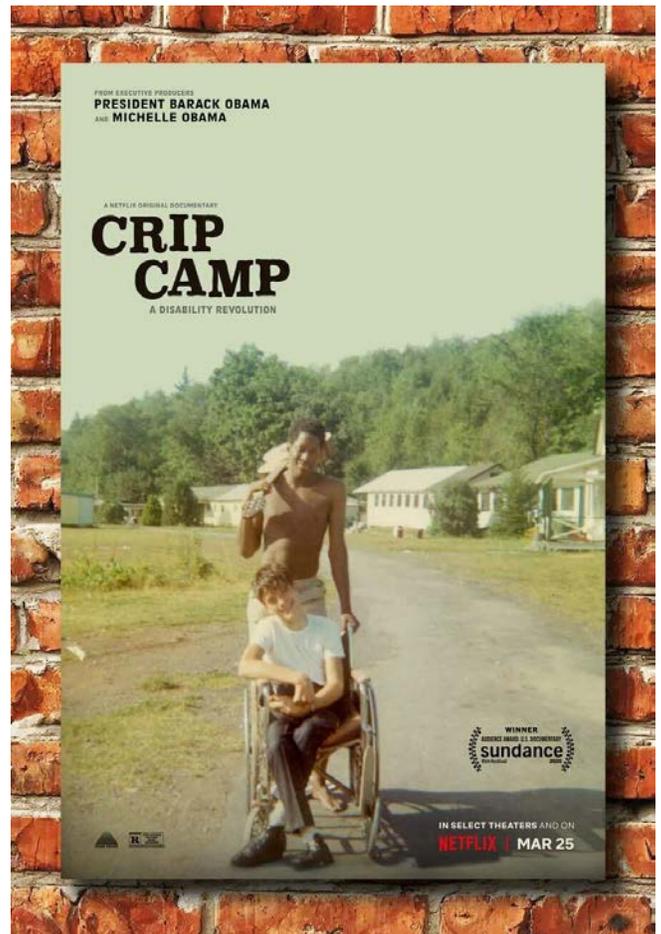
To bring forth diversity initiatives related to ability, the Office of Academic Accessibility developed goals striving to partner with more offices on campus regarding OAA initiatives. In addition, OAA presented to the student diversity committee regarding disability. Last year 301 students received services from the OAA office to ensure they could fully participate in all activities offered at Messiah University. These services were difference makers for these students.

“Thank you for all your help this past school year...you all are an immense blessing in my life!”

--First-year student

“I just wanted to ... relay our sincerest appreciation for...your commitment to {our child} throughout this school year...it has been thoughtful, proactive, and un-wavering... with steady support and...an outlined plan....” --Appreciative parent

The Office of Academic Accessibility also presented the movie ‘Crip Camp’ to students during the MLK Awareness Series. After viewing the movie, students participated in a thought-provoking and insightful discussion of the barriers people with disabilities face.



BRANCH OUT | Outcome 4

It is important for our students to influence the world through servant leadership that emphasizes collaboration, trust, empathy and the ethical use of power.

Messiah University students will...

- Demonstrate responsibility to community, state, nation, world and faith
- Serve through active involvement with diverse communities and real world challenges
- Develop effective leadership skills and qualities

Peer Mentor Success

The Office of Student Success and Retention used the book *Emotionally Intelligent Leadership: A Guide for Students*, by Shankman, Allen, and Haber-Curran (2015) as a guide to determine a strategy for peer mentor success. After mentors took the EQ inventory, they could better articulate areas of growth and strengths. Biweekly team meetings with the mentors where professional development topics would be shared were also developed and found to be greatly beneficial. Several mentors commented positively on their end-of-year surveys:

"I have grown in my ability to create meaningful one-on-one connections and team building."

"I have grown in learning ways that I can be flexible and when I need to be stern about something, I have learned more communication....I have learned more about my strengths and weaknesses as a leader and can focus on the weaknesses to make them into positives...."

"I have interacted and made friendships with individuals that I otherwise wouldn't interact with. I have learned more about myself and my personal weaknesses as a leader. I have thought back to my first year of college, and it shows how much personal growth I have gained, and it gives me hope for the future...."

Wellness and Recreation Develops Leaders

As part of their role on the Wellness and Recreation Executive Organization, students participated in leadership development throughout the academic year. This development occurred during team meetings and 1 on 1 meetings. It was leveraged in planning and debriefing events, working through team conflict, and collaborating with others. Participants had this to say about their experience and competence as a leader:

"For the first time I started to see myself as a leader, it really helped to view certain attributes of mine as strengths even though culture wouldn't typically call them strengths or attributes of leadership. Once I viewed them through this lens, I had more confidence in my ability to lead my team and have an impact on campus. It is also a great way to show areas I need to improve or be aware of."

"I had always struggled with imposter syndrome, but after this year I can confidently say I am a leader and enjoy being a leader. The combination of having a team to support me, but also having the ability to work independently...in my specific area helped me to grow as a leader. The support and feedback from the team and my advisors was very impactful."



Athletes in Action

Despite COVID restrictions that continued to hinder the availability of service locations and those who could participate, Messiah University athletes still amassed approximately 3,368 service hours during the 2021-22 academic year. These hours included general service involving 155 student-athletes serving locally at a variety of places including Daybreak Church and its 7th Inning Stretch program, Messiah fleet vehicle cleaning, painting, and other various projects. In addition, through the AROMA program (A Revolution of Missional Athletes) more than 100 student-athletes served locally, domestically, and internationally, including during service trips to Kentucky and Columbia.

Messiah's intercollegiate athletics program emphasizes excellence on and off the field, but also seeks to develop athletes who strive to be scholar servants; who demonstrate Christ-like character in sportsmanship; and who exhibit fair play and ethical conduct in harmony with the ethos of the University.



Worship Community Leadership

The Worship Community (WC) provided worship leadership to more than 80 on-campus worship events, including special events, Tuesday and Thursday morning chapel services, evening hymn sings, and smaller SSE and COE events. Attendance of larger chapel services ranged from 350 to 1,700 students. The WC is comprised of 30 students, including

eight Core leaders who provide primary leadership to rehearsals, sound checks, and pastoral care of younger student leaders. These leaders are comprised of 11 men, 19 women, and nine international or underrepresented students from the U.S.

Academic year (AY) SEVEN continued to receive overwhelmingly positive feedback for its worship leadership 'services'

and experienced its most robust year ever. Comprised of an overall pool of 12 student leaders, SEVEN led worship leadership events such as a BIC pastor's conference in Michigan, a New Jersey/Pennsylvania Baptist pastor's conference, a variety of full-weekend youth retreats at camps, and young adult worship events at several central Pennsylvania churches.



Leadership Develops Culture

Here is an excerpt from the speech that Ned Kuczmynda, SAB's President gave at the end of year leadership banquet.

"...It's hard to be anything but appreciative when you realize that behind every event, activity, and campaign is a group of real people doing their best to make Messiah a better place. Whether this was your first year on leadership, or you're a returner, I don't think I'm out of

turn in saying that we had our work cut out for us this year. Even though the many safety precautions we had to take now seem almost a thing of the past, still present has been the void we've had to fill. Our task has been the conscious reset of a campus culture that has spent two years in isolation, and it's been amazing watching you all lead campus in relearning how to vote, how to serve, how to pray, how to care, [and] how to exist together in community...."

BE STRONG | Outcome 5

It is important that students learn to understand themselves and build meaningful relationships.

Messiah University students will...

- ♦ Develop dedication to personal goal setting, meaningful relationships and collaboration
- ♦ Develop a sense of ownership over learning and education achievements that can carry over into career and personal goals
- ♦ Demonstrate a desire to continue professional and personal development through lifelong discovery
- ♦ Be aware of the constantly changing worlds in which we live and the necessity for self-directed adaptation to new opportunities and demands
- ♦ Become agents of reconciliation

Athletics Comply with Violence Prevention

In response to the NCAA mandate for compliance in the areas of student-athlete and athletic personnel education and resourcing, the Messiah University Athletics Department joined with Interpersonal Violence Prevention and Response efforts on campus. All student-athletes and coaches returned to in person training this year resulting in 98% of our student-athletes being educated on identifying and responding to interpersonal and sexual violence.

In addition, all coaching and athletic staff have been trained on identifying and responding to reports of interpersonal and sexual violence. This training includes mandatory reporting, Campus Security Authority, and trauma-informed education. Coaching and athletic staff was also provided with resources to post in office spaces and resource guides to facilitate supporting and responding to students.

Becoming U

The Becoming U program was started in the fall of 2020 as a new student initiative to help them find a close niche community on campus, feel connected to a mentor, learn about things that are important to Messiah, and supplement student orientation. Now an established part of the fall first-year and new student calendar, Becoming U is a space where co-curricular educators develop relationships with these students while guiding discussions about the Common Read, Faith Formation,

Self-Awareness, Diversity and Inclusion, difficult conversations, and service and engagement.

"Becoming U made me get to know my floormates, which I am grateful for. I thought I was extroverted enough, but upon getting to college I realized I needed things like this to help."

"Becoming U made me more aware of how much Messiah staff truly cares about students and getting to know them."

"Becoming U taught me about various issues such as how to go

about difficult conversations and what living our faith looks like."

"Becoming U has blessed my life immensely! I am so thankful for the transition it has given me into the Messiah community, helping me see anew....I learned new concepts in this space where faith and daily life meet. I am eager to hone 'my neighborhood, my Calcutta' to make a positive impact. I have learned so much and doing my best to put it into practice."

SOAR Sessions

The SOAR Peer Mentor Program is an initiative out of the office of Student Success to primarily support new first-time students. Peer learning and support is the foundation of the program as it equips current upper class Messiah students to serve in the role of a mentor. Sessions are conversational one-on-one meetings between students and mentors, with the goal to help a student feel confident in themselves and

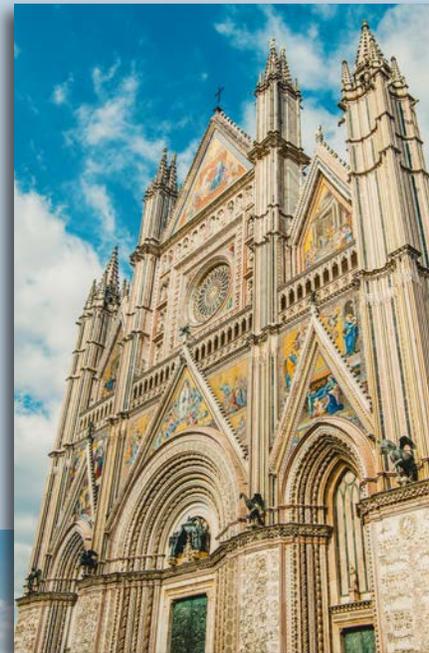
recognize the options and resources available to them at Messiah. These sessions typically entail students evaluating and reflecting on themselves and their current challenges, sharing their core values and motivations, articulating personal and academic goals, and detailing action steps they can take to connect to academic support or student care services. Throughout 2021-22, 24 student SOAR sessions were attended.



Service Experiences and Travel Increase Self-Awareness

After participating in a semester-long off-campus experience in Orvieto, Italy, student Elizabeth Hutchinson reflected: “Beyond the people I was living with, I also experienced the larger community of Orvieto. Maria, the program cook, who spoke no English, was someone I interacted with on a daily basis, and she taught me that the power of connecting and relating to others can involve so much more than just words. Joy, the African refugee who I ran into on the streets almost every day, gave me a glimpse of how much larger our world is. People in so many places are currently facing unimaginable tragedies, yet there is joy and hope. Joy taught me how much something as simple as a smile could make someone’s day. Albert and Anike, vineyard owners, taught me about taking time to enjoy the small things in life.

Italian culture is highly community based. Family ties are strong, and strangers are a hospitable and curious bunch. Community is an active membership, not a passive one. Reflecting on this experience, I think that my future engagement in community has been deeply changed, largely because the community I was a part of changed me. I hope to hold onto these new traits and skills when I return home to the States. I’m sure that God will show me ways that I can unselfishly serve in my college community, in my family, and in my future jobs.”



BEAR FRUIT | Outcome 6

Ultimately, students will be able to live lives that are purposeful, satisfying and effective as they follow God's calling.

Messiah University students will...

- ♦ Communicate effectively
- ♦ Manage personal affairs
- ♦ Be economically self-sufficient
- ♦ Maintain personal health and wellness
- ♦ Prioritize leisure pursuits
- ♦ Live a purposeful life

Leadership Development Opportunities

"I could go on forever about how my [Experiential Learning Initiative] has changed my life for the better. My ELI research under the mentoring of Dr. Mylin has let me develop critical skills in scientific research which will be essential in my journey to earning a PhD in biomedical science once I graduate from Messiah University. Beyond lab skills, I have had the opportunity to engage with the wider scientific community through research presentations, including the Pennsylvania Academy of Science conference which I will attend in March. Without a doubt, my ELI has solidified my decision to work towards a PhD as I have been introduced to the joy of scientific research and the research community." --Lily Velazco, '22 / Molecular Biology

Intramural Fun

The office of Wellness and Recreation provides a wide range of holistic wellness and recreation opportunities for the entire campus community. Among the choices are intramural sports. This year 867 participants played more than 270 games among a wide variety of sports including outdoor volleyball, dodgeball, 5v5 basketball, 7v7 outdoor soccer, flag football, softball, and 3v3 basketball.



SIH Advisors Gather

For the first time in at least five years, the faculty advisors of the Special Interest Houses gathered for an advisor meeting. The advisors met to maximize the student experience by sharing highlights, discussing expectations, and brainstorming strategies for student learning. This gathering was also a way to ensure the advisors knew the residence life staff.



Internships

“In doing my internship, I learned how to prioritize tasks and efficiently complete all that has been assigned before the due date. I have gotten to the point where I can effortlessly juggle my internship and other responsibilities despite the busyness of the semester and without sacrificing the quality of any task.” -- Ferdinand Bitan, '22 / Biopsychology

“My time at the Contemporary Music Center has been nothing short of amazing! Although I’m a Broadcasting student at Messiah, writing music has always been a great love of mine, and here I’ve been able to write and perform with an awesome group of people. There’s no community like a community of musicians. To get on that stage and each have a part to play in bringing a good song together is almost magical. Plus, I’m learning skills--like confidence, self-promotion, and navigating a fast-paced work environment—that are sure to benefit me regardless of my career field.” -- Nolan Hogenboom, '22 /Broadcasting

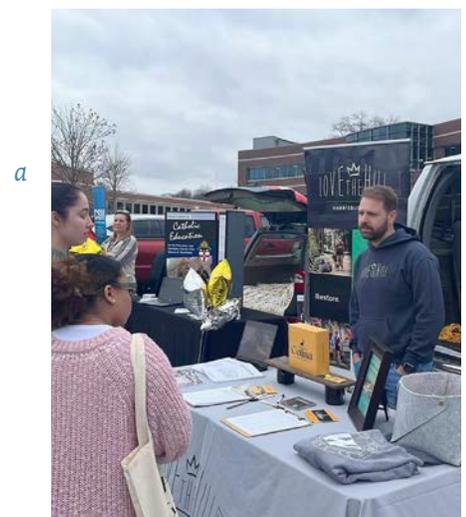
“My experience at Messiah Lifeways has given me confidence about my future as a professional. I have gained confidence because I have been able to see, firsthand, the impact that I have made on the lives of these older individuals. It has helped me decide to pursue occupational therapy.” -- Amanda Conover, '21 /Applied Health Science



Tailgating for Jobs

The Career and Professional Development Center is always looking for new and creative ways to get more students to interact with their programs and to provide more opportunities for recruiters and community partners to engage with our students. In addition to the fall Career Expo that attracted more than 97 recruiters and 400 students, the CPDC hosted other opportunities for engagement such as an Accounting Night, a Graduate School Fair & Luncheon, a Mocktails with alumni night, a Multicultural Alumni Career Panel and a new event called Tailgating for Jobs.

“I’ll begin by saying that I thought the Tailgate was organized and executed really well. Lot of smiles, positivity, and good conversation. I also really like the tone of the event, as I thought there was great blend of professionalism and looseness. I say this because much of the attire and information exchanged was done in a professional manner, but the outdoor, overcast, open trunk/table/tent, almost barbecue feel to it made it exceptionally easy to begin conversation and segue into exchanging questions, ideas, and information.” -- Lucas Apple



DEPARTMENT DASHBOARDS

THE ACADEMIC SUCCESS CENTER

301 students received accommodations throughout the year

1,083 tutoring sessions provided through the academic year

Nearly **640** students were provided with Supplemental Instruction support opportunities this year

2,450 exams were proctored for **165** professors



967 tutor sessions were held

Over **2,000** academic coaching sessions were held with students and faculty over the last academic year. Almost every student coming to us with time management issues and a desire to get work accomplished left the office with a schedule. These sessions were offered both via Zoom and in-person.



In partnership with neighbors near and far, the Agape Center educates and empowers students to serve and learn through local and global engagement. Students, faculty, and staff work with approved partners in local, national, and international settings to help address the growing need for service minded global citizens. We do this in four distinct areas, which include service outreach, service trips, credit bearing off-campus programs and our annual service day.

SERVICE OUTREACH

10 Community Partners in Harrisburg and the surrounding area.

100+ students served on a weekly/bi-weekly basis

3 focus areas of where we meet needs: education/mentoring, companionship/health, and alleviating basic poverty needs

SERVICE TRIPS

5 domestic locations

2 international locations

50+ students participated in a service trip during fall break, spring break, and summer

ANNUAL SERVICE DAY

25 different service locations

968 registered volunteers

104 hours served



CREDIT BEARING OFF-CAMPUS PROGRAMS

30 different semester-long location offerings (international & domestic)

8 Cross-Cultural Courses (3 weeks)

200+ students received academic credit in an international setting

ATHLETICS

Messiah Athletics claimed **7** conference championships during the 2021-22 academic year.

7 different Messiah Athletics teams competed in NCAA Championship or Postseason play (Field Hockey, Women's Soccer, Men's Soccer, Women's Basketball, Wrestling, Softball, and Women's Lacrosse). In addition, we had representatives in individual events at both the Indoor and Outdoor Track and Field National Championships and Wrestling National Championships.

Esther Seeland won her **third, fourth** and **fifth** individual National Championships in the women's 800m indoor, women's 800m outdoor and women's 1500m outdoor.

5 Messiah student-athletes were named the MAC Senior Scholar Athlete for their sport.

Messiah Athletics had **7** CoSIDA Academic All-District and **6** CoSIDA Academic All-American this year for stellar performances in competition and in the classroom.

Messiah was awarded the **MAC Commonwealth Sportsmanship Award** for both the men and the women for 2021-22.

Messiah Athletics inducted seven former student-athletes into the **Messiah Athletics Hall of Honor** in April 2022.

Messiah Athletics successfully implemented "bookend" events to collectively bring student-athletes together through the **Athletics Lift Off event** in August and the **MESPYS Awards** in May.

Athletics launched several new development initiatives include team advancement councils and a FAN Advancement Council, helping to bring total donations in at over **\$250,000**.



CAREER *and* PROFESSIONAL DEVELOPMENT CENTER



Of the 78% for whom we have verifiable data, **99%** reported being employed or in a graduate or professional program within 6 to 9 months after graduation (78% secured employment and 21% indicated graduate or professional school).

292 undergraduate students completed an internship through the Internship Program in 2021-22. Students can now complete summer internships during one of three terms – early summer, full summer, and late summer. This requires more internship courses and meets the demand for more flexibility for students over the summer.

1,920 undergraduate students completed a career coaching appointment in 2021-22.



97.8% of all internship supervisors responded with “**Yes**” they would work with a Messiah University student again. Highest rated behaviors of Messiah University student interns:

- ◆ Treat other people, including those of different backgrounds, beliefs, and gender, with fairness and respect
- ◆ Accept feedback without becoming angry or defensive and use it to strengthen future performance
- ◆ Listen carefully to others, taking time to understand and ask appropriate questions without interrupting
- ◆ Demonstrate dependability (e.g., report consistently, and on time, for work or meetings)

A sample of companies represented through alumni/employer engagement:

Longwood Gardens
Hope International
Lancaster Cupcakes
Catholic Charities
Sheetz
Hershey Entertainment & Resorts
WITF
Harrisburg Symphony Orchestra

CAMPUS MINISTRIES



Developed a new Spiritual Formation framework which highlights **Being**, **Knowing**, and **Doing**, along with a new Purpose Statement: *“The Office of Campus Ministries exists to create opportunities for students to engage in meaningful Christian worship, discipleship, and spiritual formation.”*

Provided more than **80** worship services, for which students earned chapel credit.

Attendance of larger chapels ranged from **350** to **1,700** students.

350+ students took advantage of **35** educator-led mini-series offered to foster Christian growth.

150 students participated in **14** different life groups.

39 students took part in Bible leader trainings in both fall and spring semesters

50+ students received mentoring in liturgical and musical leadership

Thursday morning chapel series were redesigned to transition from ‘Sixers’ (six-week series) to 4X4s (four-week series) to better align with the schedule of other programs/breaks and to respond to student data

ENGLE CENTER

Counseling services

3,781

total
Counseling
visits

4 *full-time* licensed professional
counselors

1 *full-time* CAADC counselor

2 *part-time* nationally certified
counselors

2 *part-time* counseling interns

778 via telehealth

403 students served by
Counseling Services

Coordinated with
TimelyCare to provide:

97 On-Demand Counseling visits
through TalkNow

503 Scheduled Counseling Sessions

137 Psychiatry Visits

Average student satisfaction rating for
TimelyCare was **4.5/5**

The Engle Center counselors are involved
in campus-wide programs related to mental
health and wellness. For more information,
visit messiah.edu/englecenter

Average number
of sessions per
client: **10.9**

Most frequent
concerns addressed:
Anxiety and Depression



ENGLE CENTER

Health Services

The Engle Center functions like an urgent care center, seeing a broad scope of diagnoses every day.

Health Services Staff

1 full-time DIRECTOR OF HEALTH SERVICES

1 full-time REGISTERED NURSE

8 part-time REGISTERED NURSES

1 part-time REGISTERED DIETICIAN

3 ADMINISTRATIVE ASSISTANTS
(shared with counseling services)



6,918
Total visits

2,092 Individual students
served by health services

194 Nutrition appointments

Nurse Practitioner Visits: **1,228**
consisting of **40%** mental health/
medication management visits and
60% routine health care visits

TimelyCare, a 24/7 no-cost
telemedicine service for students,
resulted in an additional **324** free
medical visits

**The health professional
at the Engle Center strive
to provide holistic and
comprehensive care to the
Messiah community. For
more information, visit
messiah.edu/englecenter.**

LIVING IN COMMUNITY

— SHARED MISSION, — — COMMON GOOD —

Seeking to further our faith, enrich our knowledge and aspire toward lives of service, leadership and reconciliation.



Abiding by the Community Covenant and code of conduct benefits and supports our living-learning community.



RESIDENCE LIFE

First-year experience

First-year RAs and RDs used feedback from the prior year that identified an improvement in further education about fasting and technology. Students shared what they learned from this experience.

“I thought I would miss so much communication but participating in iFast made me realize that I didn’t get that many notifications at all that need my attention and even waiting a whole day to check social media and only checking it once was completely sufficient than how many times I would get on it before.”

“Not using social media just made me happier. I realized that I turn to it when I’m bored, and I focused on doing school better.”

I felt like I had more time and was able to talk to more people. Without social media, I also found myself okay with not looking at it.”

“Just being still and quiet and allowing God to speak to me directly.”

Upperclass experience

Implemented ‘Coffee and Calling’ that helped attendees make connections with these areas when considering big decisions and life transitions:

- | | |
|-----------------|--------------------|
| Integrity | Personal values |
| Identity in God | What I feel led to |
| Priorities | Patience |
| Other’s wisdom | Relationships |



665 students oriented Fall 2021

OFFICE OF STUDENT ENGAGEMENT

2,350 students participated in **76** student organizations

241 commuter students were supported by OSE through a variety of events including casual luncheons, rock climbing excursions, bowling opportunities, a volleyball tournament, and free coffee mornings

157 students received Experiential Learning Initiative (ELI) experience

77 students served as orientation leaders

Esports, first introduced at Messiah in the spring of 2020, flourished during the 2021-22 year with these highlights:

- Messiah Overwatch received an exclusive invite to compete in HUEfest 2022 at Harrisburg University. 16 schools in North America were represented.
- Messiah League of Legends made it to the semifinals of the Mid Atlantic Fall Invitational in November 2021.
- Messiah Smash Ultimate players competed in professional level tournament “Glitch” in February 2022 representing the University in Maryland
- Messiah Esports represented by its 5 teams played in 12 collegiate tournaments

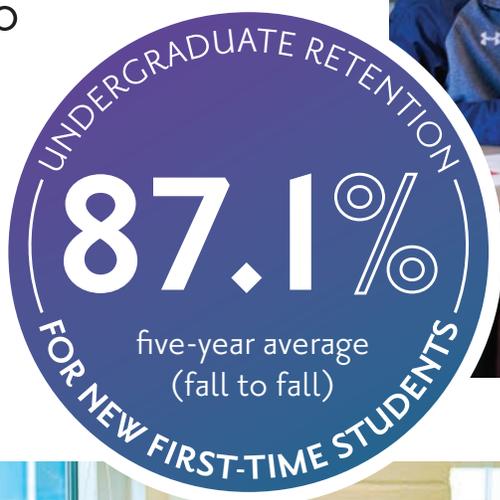


- Messiah Esports and the Games Association collaborated on FalCON 2022 hosting 20 students for ‘The Smash Ultimate’
- Messiah Esports coach and coordinator of MU’s esports program, Theresa Gaffney, was featured in a Digiday article “The Rundown: Collegiate esports companies and organizations prepare for the future following a COVID-19 bump” in September 2022
- Coach Gaffney has worked in collegiate esports for over eight years at institutions including Harrisburg University and Collegiate Starleague.

OFFICE OF STUDENT SUCCESS

Mission Statement

The mission of the Office of Student Success is to empower students with the resources and care they need in order to be successful at Messiah.





WELLNESS & RECREATION

Minds Matter is a student-led mental health awareness and advocacy group, implementing over **15** educational and de-stress events reaching **1000+** students across campus

850+ participants in more than **300+** games and competitions to :
Disc golf, corn hole, basketball, dodgeball, kickball, sand volleyball, indoor volleyball, and ultimate Frisbee



Fitness center is **14,000** square feet & open **95** hours a week

Over **400** group exercise classes offered each year:
Spin, Core, HIIT, Zumba, Yoga, Pilates, Functional Fitness, and more

Over **90,000+** student visits throughout the year

Outdoors Club offers a range of on and off campus adventure trips including rock climbing, paddle sports, caving, and more.





90,000⁺
student visits to our Falcon
fitness center



665
students completed
Fall 2021 orientation



76
student
organizations



292
students completed an internship

350⁺ students participated in various
mini-series to foster Christian growth



**DIVISION OF
STUDENT SUCCESS AND
ENGAGEMENT**

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Mechanicsburg PA 17055