

First Semester Blueprint
Department of Human Development and Family Science

When planning your first semester...

- Students should register for a minimum of 12 credits and no more than 16.
- All First-Year students are required to take First Year Seminar their first term. This is a required writing course, and each section focuses on a different topic for students to explore.
- **QuEST** (Qualities Essential for Student Transformation) courses are Messiah University's general education program completed by all students. Specific recommendations for your first semester are included on the blueprint.
- Students who have earned AP, CLEP, or IB credit should refer to the information provided here: [AP, CLEP, IB Credit](#).
- You can view the most up-to-date version of the schedule of classes by accessing [The View](#).

The First Semester Blueprint is your guide to course registration in your first semester. Click on your major to view the recommended courses (developed by your faculty) for your first semester at Messiah.

[Family and Consumer Sciences Education with K-12 Teaching Certification \(B.S.\)](#)
[Human Development and Family Science \(B.A.\)](#)

Human Development and Family Science (B.A.)

Students MUST register for the following courses:		<u>Credits</u>
IDFY 101	First Year Seminar	3
HDFS 101	Foundations of Marriage and Family	3
HDFS 142	Introduction to Interpersonal Relationships	3
Students SHOULD register for the following course:		
HDFS 099	Opportunities in Human Development and Family Science	1
Language Course	(CHIN, FREN, GERM, SPAN)	3

Select from the following QuEST options to complete your schedule:		<u>Credits</u>
COMM 105	(Fundamentals of Oral Communication)	3
European History or U.S. History*	(QuEST/GenEd: Euro History or U.S. History)	3
PHIL 101 or Religion course*	(QuEST/GenEd: Phil/Religion)	3

Recommended total credits your first semester:	12-16 credits
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*Search [The View](#) by attribute type(s) noted above

Specific major-related questions may be directed to Dr. Paul Johns, Interim Department Chair, Human Development & Family Science, 717-343-5109 or pjohns@messiah.edu

Family and Consumer Sciences Education with K-12 Teaching Certification (B.S.)

Students MUST register for the following courses:		<u>Credits</u>
IDFY 101	First Year Seminar	3
HDFS 101	Foundations of Marriage and Family	3
NUTR 110*	Science and Nutrition AND	3
NUTR 110L*	Lab: Science and Nutrition	0
*There are seats reserved for your major in these courses. See The View for CRNs (CRNs required to register for NUTR 110 and NUTR 110L). Follow registration instructions (page 6) to add courses to your schedule by CRN.		
Students SHOULD register for the following courses:		
HDFS 099	Opportunities in Human Development and Family Science	1
BUSA 115	Personal Money Management	1
Language Course	(CHIN, FREN, GERM, SPAN)	3

Select from the following QuEST options to complete your schedule:	<u>Credits</u>
COMM 105 (Fundamentals of Oral Communication)	3
ENGL 124-176** (QuEST/GenEd: Literature)	3
U.S. History** (QuEST/GenEd: U.S. History)	3
PHIL 101 or Religion course* (QuEST/GenEd: Phil/Religion)	3
Mathematical Science* (QuEST/GenEd: Math)	3

Recommended total credits your first semester:	12-16 credits
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