

**FIRST SEMESTER BLUEPRINT**  
**DEPARTMENT OF PSYCHOLOGY, CRIMINAL JUSTICE AND SOCIOLOGY**

When planning your first semester...

- Students should register for a minimum of 12 credits and no more than 16.
- All First-Year students are required to take First Year Seminar their first term. This is a required writing course, and each section focuses on a different topic for students to explore.
- **QuEST** (Qualities Essential for Student Transformation) courses are Messiah University's general education program completed by all students. Specific recommendations for your first semester are included on the blueprint.
- Science labs meet approximately three hours once a week. As you arrange your class schedule, consider the meeting times of labs first, then design the rest of your schedule around them.
- Students who have earned AP, CLEP, or IB credit should refer to the information provided here: [AP, CLEP, IB Credit](#).
- You can view the most up-to-date version of the schedule of classes by accessing [The View](#).

The First Semester Blueprint is your guide to course registration in your first semester. Click on your major to view the recommended courses (developed by your faculty) for your first semester at Messiah.

[Biopsychology \(B.S.\)](#)

[Criminal Justice \(B.A.\)](#)

[Psychology \(B.A. or B.S.\)](#)

[Psychology Pre-Occupational Therapy \(B.S.\)/Master of Occupational Therapy \(M.O.T.\)](#)

[Sociology and Anthropology \(B.A.\)](#)

**Biopsychology (B.S.)**

Students <b>MUST</b> register for the following courses:		<u>Credits</u>
IDFY 101	First Year Seminar <b>AND</b>	3
<b>ONE</b> of the following combinations**:		
BIOL 170	Cell and Animal Physiology <b>AND</b>	4
BIOL 170L	Lab: Cell and Animal Physiology	0
<b>BIOL 170 only taught in the fall semester</b>		
<b>OR</b>		
BIOL 185	Human Anatomy and Physiology I <b>AND</b>	4
BIOL 185L	Lab: Human Anatomy and Physiology I	0
**Students desiring a strong emphasis in Biology, Pre-Med, Neuroscience, or future Ph.D. programs should take BIOL 170 and BIOL 170L. If you are considering Allied Health Professions (i.e. Occupational Therapy, Physical Therapy, Pre-Physician's Assistant, Nursing, etc.), you should take BIOL 185 and BIOL 185L.		
If you have any questions choosing between the two tracks, please email the Biopsychology advisor, Jennifer Thomson, <a href="mailto:jthomson@messiah.edu">jthomson@messiah.edu</a> .		
Students <b>SHOULD</b> register for the following courses:		
CHEM 105*	General Chemistry I <b>AND</b>	4
CHEM 105L*	Lab: General Chemistry I	0
PSYC 099+	Writing for Psychology	1
<b>*Please review the <a href="#">Guidelines for Chemistry Courses</a></b>		
<b>*For students registering for BIOL 170/170L. This course is not required, but is encouraged.</b>		
PSYC 101	Introduction to Psychology	3
	<a href="#">Language Course</a> (CHIN, FREN, GERM, SPAN)	3

<b>Select</b> from the following <b>QuEST</b> options to complete your schedule:	<u>Credits</u>
COMM 105 (Fundamentals of Oral Communication)	3
European History or U.S. History** (QuEST/GenEd: Euro History or U.S. History)	3
PHIL 101 (Problems in Philosophy)	3

<b>Recommended total credits your first semester:</b>	<b>12-16 credits</b>
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\*\*Search [The View](#) by attribute type(s) noted above

**Criminal Justice (B.A.)**

Students <b>MUST</b> register for the following courses:		<u>Credits</u>
IDFY 101	First Year Seminar	3
CRIJ 103	Crime, Justice and Society	3
Students <b>SHOULD</b> register for the following course:		
COMM 105	Fundamentals of Oral Communication	3
	<a href="#">Language Course</a> (CHIN, FREN, GERM, SPAN)	3

<b>Select</b> from the following <b>QuEST</b> options to complete your schedule:		<u>Credits</u>
European History or U.S. History* (QuEST/GenEd: Euro History or U.S. History)		3
Mathematical Science* (QuEST/GenEd: Math)		3 or 4
PHIL 101 OR RELI 229 (Problems in Philosophy or Islam)		3

<b>Recommended total credits your first semester:</b>	<b>12-16 credits</b>
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Specific major-related questions may be directed to Dr. Jenell Paris, [jparis@messiah.edu](mailto:jparis@messiah.edu), or 717-796-1800 ext. 7044.

**Psychology (B.A. or B.S.)**

Students <b>MUST</b> register for the following course:		<u>Credits</u>
IDFY 101	First Year Seminar	3
Students <b>SHOULD</b> register for the following courses:		
PSYC 099	Writing for Psychology	1
PSYC 101	Introduction to Psychology	3
<a href="#">Language Course</a> (CHIN, FREN, GERM, SPAN)		3

<b>Select</b> from the following <b>QuEST</b> options to complete your schedule:		<u>Credits</u>
COMM 105 (Fundamentals of Oral Communication)		3
European History or U.S. History* (QuEST/GenEd: Euro History or U.S. History)		3
Mathematical Science* (QuEST/GenEd: Math; <b>STAT 269 recommended</b> )		3 or 4
PHIL 101 (Problems in Philosophy)		3

<b>Recommended total credits your first semester:</b>	<b>12-16 credits</b>
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**Psychology (B.S.) Pre-Occupational Therapy/Master of Occupational Therapy (M.O.T.) 5-Year Accelerated Program\*\***

Students <b>MUST</b> register for the following course:		<u>Credits</u>
IDFY 101	First Year Seminar	3
PSYC 101	Introduction to Psychology	3
BIOL 185	Human Anatomy and Physiology I <b>AND</b>	4
BIOL 185L	Lab: Human Anatomy and Physiology I	0
Students <b>SHOULD</b> register for the following course:		
PSYC 099	Writing for Psychology	1
<a href="#">Language Course</a> (CHIN, FREN, GERM, SPAN)		

<b>Select</b> from the following <b>QuEST</b> options to complete your schedule:		<u>Credits</u>
COMM 105	(Fundamentals of Oral Communication)	3
European History or U.S. History*	(QuEST/GenEd: Euro History or U.S. History)	3
Mathematical Science*	(QuEST/GenEd: Math; <b>STAT 269 recommended</b> )	3 or 4
PHIL 101	(Problems in Philosophy)	3

<b>Recommended total credits your first semester:</b>	<b>12-16 credits</b>
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**\*\*This program is only for students accepted into the accelerated 5-year program.**

**Sociology and Anthropology (B.A.)**

Students <b>MUST</b> register for the following courses:	<u>Credits</u>
IDFY 101                      First Year Seminar	3
SOAN 101                      Principles of Sociology	3
Students <b>SHOULD</b> register for the following course:	
COMM 105                      Fundamentals of Oral Communication	3
<a href="#">Language Course</a> (CHIN, FREN, GERM, SPAN)	3

<b>Select</b> from the following <b>QuEST</b> options to complete your schedule:	<u>Credits</u>
European History or U.S. History* (QuEST/GenEd: Euro History or U.S. History)	3
Mathematical Science* (QuEST/GenEd: Math)	3 or 4
PHIL 101 OR RELI 229 (Problems in Philosophy or Islam)	3

<b>Recommended total credits your first semester:</b>	<b>12-16 credits</b>
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