

# Protect yourself from the seasonal flu



**One of the most critical steps you can take in staying healthy is getting your flu shot. Each year thousands of people are hospitalized because of complications from the flu. That's why we encourage all our members to get their annual flu vaccination.**

It's also important to remember that the flu and COVID-19 may present similar symptoms but are very different viruses. It's more important than ever to stay up to date with the available immunizations that keep you healthy, including your flu shot.

## Seasonal flu shot coverage

The cost and payment method of getting the flu shot depends on the plan you have and where you choose to get it. Below is a list of where you can get the flu shot:

- HMO and POS health plan members can receive the flu shot at any eligible in-network provider; PPO health plan members can receive the flu shot at any eligible provider both in- and out-of-network
- Participating MinuteClinics® at CVS pharmacies, RediClinics® at Rite Aid pharmacies, or other retail-based clinics in accordance with your standard benefits plan
- Vaccination clinics organized by local health departments and other private settings (e.g., place of employment)

For locations or providers offering flu vaccinations near you, visit [ibx.com/findadoctor](https://ibx.com/findadoctor) and type in *flu*.

## Seasonal flu reimbursement

If your plan includes coverage for immunizations and you paid for your influenza vaccine, you may submit a *Seasonal Influenza Reimbursement Form* for reimbursement of up to \$50. For a copy of the reimbursement form, visit [ibx.com/flu](https://ibx.com/flu).

If you do not know if your plan covers immunizations, you may call Customer Service at the number on the back of your ID card.

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