OFF-CAMPUS COUNSELING CONTACTS


Specific counseling practices where Messiah students have found help:

Agape Counseling of PA - [https://www.agapecounselingpa.com/](https://www.agapecounselingpa.com/) - 717-487-5493. To schedule, email traci@agapecounselingpa.com


The Anxiety & OCD Treatment Center of Central PA – Lynnea Bowlin, M.A., NCC - [Lynnea Bowlin | The Anxiety & OCD Treatment Center of Central Pennsylvania (isthisocd.com)](https://www.isthisocd.com)


Cumberland Valley Counseling - [https://cumberlandvalleycounseling.com/](https://cumberlandvalleycounseling.com/) Carlisle; 717-243-1511. Wendy Wood

Every Season Counseling LLC – Caroline Triscik, MA, LPC - [https://caroline-triscik.clientsecure.me/#home](https://caroline-triscik.clientsecure.me/#home) Caroline is located at Graystone Mental Health & Wellness Group in Camp Hill, Pa.

Audrey Farris, LCSW - Pennsylvania clients ages 18+: [www.audreyfarrislcsw.com](http://www.audreyfarrislcsw.com)
Ohio clients ages 18+ (able to take most insurances): [https://www.hopebehavioral.com/Therapists/audrey-farris](https://www.hopebehavioral.com/Therapists/audrey-farris)

Graystone Mental Health & Wellness Group, LLC - [Graystone Mental Health and Wellness Group | Camp Hill PA (graystonewellness.com)](https://www.graystonewellness.com) - Gail Hiestand, LPC - gchiestand@gmail.com or 717-697-3830

In Him Christian Wellness - [https://www.inhimchristianwellness.org/](https://www.inhimchristianwellness.org/), offices in Camp Hill and Carlisle; 717-766-0935

Dr. Lee Morand & Associates - https://www.drleemorand.com/ Mechanicsburg; 717-610-2988, Alyssa Drake and Brooke Serina

Morning Star Counseling - https://morningstarllc.org/


Purposefully Soaring Counseling - https://purposefullysoaring.com/ Harrisburg. Email Candace Johnson at contact@purposefullysoaring.com or call 717-439-2822.

Psychological Health Affiliates – https://www.phacentralpa.com/- 717-665-2675 or email at support@phacentralpa.com


Resilience Lab - Theresa Gaffney - Theresa Gaffney, NCC, PA Therapist | Resilience Lab

Upturn - https://upurntoday.weebly.com/, Camp Hill; 717-745-7463 Sarah Bender, M.A., NCC

West Shore Free Church - https://westshorefree.org/care-support/counseling/

West Shore Wellness - https://www.westshorewellnessllc.com/ 717-301-4044. Sara Bupp - Students can schedule online at: https://west-shore-wellness.clientsecure.me/