



## Community Resources



Need	Resource	Description	Contact Information
Food	Pennsylvania Soup Kitchens, Food, Pantries, Food Banks	The most complete list of food pantries, food banks, soup kitchens, and free food in Pennsylvania. Choose your city below to find full details on when food is served and/or given away.	<a href="#">Directory by City</a>
Housing	Homeless Shelter Directory	The most complete list of shelters in Pennsylvania. The shelters listed are emergency shelters but many are general homeless shelters or transitional housing opportunities. Please note that many of these facilities have waiting lists (some are very long). Please call ahead to check availability first.	<a href="#">Directory Access</a>
Housing	Shelter List	This is a list of shelters by city. Some shelters offer long-term options where they will help pay rent while the client works to become self-sufficient again.	<a href="#">Directory Access</a>
Dental Care	Pennsylvania Free Dental Clinics	FreeDentalCare.us is a free website maintained by users like you. Our volunteers work hard to make sure the information on these clinics is up-to-date and accurate.	<a href="#">Free Clinic Directory</a>
Rehab Centers	Pennsylvania Free Alcohol & Drug Rehab Centers	This is a listing of free Alcohol & Drug Rehab Centers including State Funded, Non-Profit, and Faith-Based.	<a href="#">Directory</a>  To speak to an alcohol or drug abuse counselor: (866)972-0589

Mental Health Centers	Pennsylvania Free Mental Health Services	State of Pennsylvania Government Funded and Non-Profit free mental health services.	<a href="#">Directory</a>
Accessing Community Resources	United Way PA 211	Crisis Hotline, Housing, Food, Utilities, Employment & Expenses, Health, Mental Health, Disaster Services, Clothing & Household, Community Resources, Disability Services, Family Resources, Legal Services, Older Adults, Reentry Resources, Substance Abuse Disorder Services, Transportation, Veterans	<a href="#">Directory</a>
Legal Aid & Pro Bono Services	Mid-Penn Legal Services	Mid-Penn Legal Services is a private, non-profit, public-interest law firm dedicated to providing equal access to justice and high-quality legal services to low-income persons and survivors of domestic violence in central Pennsylvania.	<a href="#">Website</a>  (717)234-0492
Variety of Basic Needs	New Hope Ministries	Food & Basic Needs, Stability & Workforce Development Programs, Youth Programs, Mobile Food Pantry, Tax Prep Assistance	<a href="#">Website</a>
Money for Dependent Children	Cash Assistance Handbook	Temporary Assistance for Needy Families (TANF) provides money and other services to the needy. This assistance is provided to promote self-respect, rehabilitation, and independence while helping families maintain a decent and healthful standard of living.	<a href="#">Website</a>
Food	Central Pennsylvania Food Bank	Assists in locating a soup kitchen, food pantry, shelter, and social programs	<a href="#">Website</a>
Diapers & Period Supplies	Healthy Steps Diaper Bank	Provides diapers, period supplies, and other basic needs to underserved families throughout South Central Pennsylvania. To get these products into the hands of the families and menstruators who need them, Healthy Steps partners with local non-profit organizations who then provide these items free of charge to active participants of their program.	<a href="#">Directory</a>

Medial & Dental Clinics	Bethesda Mission	Bethesda Mission provides excellent medical and dental care for its residents and takes referrals from other agencies in the Harrisburg area treating uninsured and under-insured homeless and low-income persons.	<a href="#">Website</a>
Medical	Beacon Clinic for Health and Hope	The clinic provides primary care to adults age 18 and over who are uninsured and underserved adults in the greater Harrisburg Ares and surrounding communities. Persons coming to the clinic must make an appointment as well as undergo eligibility screening.	<a href="#">Website</a>
Food	Bethesda Mission	Hot meals are provided at various locations both in Harrisburg and around the region	<a href="#">Website</a>
Child Programs	Bethesda Mission	Access to request Child Programming at the Community Center	<a href="#">Website</a>
Variety of Programs & Services	Salvation Army	This location search will help you find resources in a specific zip code area including food, health, clothing, programming, and more.	<a href="#">Location Search</a>
Food	Project Share	Provides food distribution to registered clients & also fresh produce, dairy, and bread products through the Farmstand. There is to financial requirement for Farmstand.	<a href="#">Home Website</a> <a href="#">Food Assistance Website</a>
Emergency Shelter	Interfaith Shelter for Homeless Families – Catholic Charities	This resource will assist families who become homeless offering 30-day emergency shelter, assistance in finding permanent housing, basic needs, and referrals to other agencies to meet family needs.	<a href="#">Website</a>
Transportation	Commuter Services of Pennsylvania	May assist with matching a student who commutes with a ride match as well as an emergency ride home should an emergency occur requiring a person to leave	<a href="#">Website</a>
Variety of Needs	Mission Central	Contact them for specific information	<a href="#">Website</a> <a href="mailto:missioncentral@missioncentral.org">missioncentral@missioncentral.org</a> (717)766-1533