

**Use FOCUS 2 to help you select your Major and Career Path**

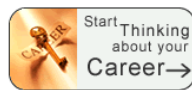
FOCUS 2 will guide you through a reliable career and education decision making model to help you **choose the right major at your college and make informed decisions about your career.**

**Step 1:** Complete the FOCUS 2 Self Assessments

**Step 2:**

- Explore occupations and majors presented in results of each assessment. Click on any occupation to learn more.
- Click on **Narrow and Refine Your Results: See Your Top Career Choices.** This feature combines two or more assessments' results so that only those occupations occurring in multiple lists are displayed. Click on any occupation to learn more.

FOCUS 2 Main Menu



**Career Readiness**  
 Career and Educational Goals  
 Academic Strengths  
 Your Accomplishments  
 Your Career Planning Status  
 Your Personal Development Needs



**Self Assessment:**  
 Work Interest Assessment  
 Leisure Interest Assessment  
 Skills Assessment  
 Personality Assessment  
 Values Assessment  
**Narrow and refine your results:** [See Your Top Career Choices](#)



**Explore the Possibilities**  
 Search by Name  
 Search by Industry  
 What can I do with a major in...?  
 Compare Two Occupations Side by Side



**Your Personal Portfolio**  
 Review & Update Your Saved Careers  
 Review & Update Your Saved Majors  
 Review & Print Your Portfolio



**Recommended Tools and Websites**  
 Upcoming Events  
 Job Board and Internship Opportunities  
 Links

- Exploring the Occupation and Major Lists presented in assessment results.  
Click on any occupation or major in the lists displayed in your assessment results.

Following completion of each assessment, you are presented with a list of Occupations and Majors at your college matching your assessment results.

You can vary the education level of the occupations displayed matching the assessment results.

Click on any occupation to learn about the occupation.

### Explore and save the occupations that appeal to you.

**Step 3:** Save your favorite occupations and majors with your comments, questions and rankings. By saving your preferred occupations and majors you are making decisions.

- Review and save at least 5 of your favorite occupations listed in your assessment results.
- Review and save 1-2 majors that will support those occupations.

List 5-10 of your favorite occupations that you have saved:

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- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
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List the majors offered at your college that support your favorite occupations:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**Step 4:** Click on *What Can I do with a Major In...?* Click on any major of interest to you to learn more. Explore the occupations associated with that major. To learn more about a major of interest to you, click on any of the associated occupations in the list below the major and explore the following:

**Outlook:** What are the employment opportunities projected for these occupations?

**Advancement:** What opportunities are typically available to a person in this field?

**Interest Profile:** How do your work interests compare with the work interests of the occupations in this career field?

**Contact Info:** Link to Professional Associations related to this field.

**Areas of Study:** What are the education credentials and areas of study that are typically pursued by people in this field?

**Summing it up**

Which majors are most appealing to you after your in depth review of majors that support the occupations matching your self-assessments?

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What questions / comments do you have about the major(s) you are considering?

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Do your preferred majors support your personality preferences, career interests, skills and values? Why is this major a good fit for you?

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How does understanding your FOCUS 2 self assessment results give you career direction and guide your decision making?

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**Informed Decision Making: Continue to use FOCUS 2 as a resource to help you make informed decisions about your career and education.**

- Evaluate your **Career Readiness** using all the features of that FOCUS 2 section and learn about effective ways to engage in career exploration using **Your Career Planning Status**.
- Understand your FOCUS 2 results. Review your results summarized in **Review and Print Your Career Portfolio** on your own and/or with your career counselor. Review your FOCUS 2 assessment results when writing your resume, cover letters and planning for interview. Know why your interests, personality type, values and skills are an asset in the work world.
- **Job Boards and Internship Opportunities** (under Recommended Tools and Websites on the Main Menu) Links to Job Boards allow you to explore the current job market in various categories.
- Continue your career and education exploration using FOCUS 2 features. Exploration of occupations is a key component of career planning. A student can explore occupations using several tools in FOCUS 2 including:
  - ✓ **Search by Occupation Name**: explore over 1,500 occupations
  - ✓ **Search by Industry** explore occupations associated with an industry area.
  - ✓ **What can I do with a major in...?** Learn more about the majors offered at your college and the occupations associated with those majors. This feature will help you explore majors and plan your next career step once you have identified your major. To explore majors not offered at your college and learn about specialization areas, scroll down beyond your college's major areas of study to explore a list of all majors offered in the U.S.
  - ✓ **Compare Two Occupations Side by Side** This feature offers a side by side comparison of any two occupations you would like to explore.