

401 E. Winding Hill Road
Mechanicsburg, PA 17055
717-796-1800, ext. 2743



a retail operation of Messiah University

Soup of the Day

Mon - Chicken Noodle

Tues - Beef Vegetable

Wed - Pepper Jack Tomato Soup

Thus - Creamy Chicken & Wild Rice Soup

Fri - Captain's Clam Chowder

Lunch Feature of the Week
Grilled Chicken Caesar Wrap

Monday

Mediterranean Salad with Flank Steak

Taco Tuesday

Walking Fish Tacos
with Cilantro Lime Slaw

Wednesday

Hot Brown Turkey Slider Sandwich
served with Fresh Green Salad

Thursday

Nashville Hot Chicken Sandwich
served with Fresh Green Salad

Friday

Lobster Salad on New England Roll
served with Fresh Green Salad



ALL GOURMET SANDWICHES ACCOMPANIED WITH POTATO CHIPS

ENTRÉE | 8.00

GOURMET SANDWICH & SALAD | \$8.00

CUP OF SOUP | 3.25

EVERY FRIDAY MACARONI & CHEESE | 3.25

Café Hours: Monday - Friday from 7:30 - 2pm

Menu and Hours Subject to Change